

MIT TRACK & CC NEWS

Newsletter for the Friends of MIT Track and Cross Country

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Harriers Stretch NEWMAC Victory Streak to Six

by Halston W. Taylor

Before the 2003 season began, everyone knew that Tech cross country was going to have a difficult time matching the success they were accustomed to. Graduating three of the top seven from the year before and losing two more of their top seven to summer injuries, put a large burden on the rising sophomore class, as well as the incoming freshmen.

Emphasizing a slow start and working off a higher mileage base than other years, MIT nevertheless had some early season success. Even though the varsity swept the Alumni meet <<http://web.mit.edu/hwtaylor/mtfxc/xc/03/alumni.res.html>>, Ethan Crain and Bob Collins certainly made things interesting with outstanding performances, placing sixth and



John Brewer, Kevin Brulois, Brian Anderson, and Eric Khatchadourian tackling Bear Cage Hill on the way to an MIT sweep over RPI and WPI at the Engineer's Cup.

seventh respectively. Craig Wildman, Sean Montgomery and John Biesiadecki rounded out the scoring for the "Has Beens". Also competing for the Alumni were Ryan Peoples and Rob Casadonte.

MIT once again won the annual Engineer's Cup <<http://web.mit.edu/hwtaylor/mtfxc/xc/03/eng.res.html>> against rivals RPI and WPI, and did so convincingly with another sweep. However, the 1:25 delta between the first and fifth men was not a good sign if the team expected any level of success at the end of the season.

At the team's first invitational they got a look at some of the competition they would be facing come championship time. Although Amherst College won the UMass Dartmouth Invitational <<http://web.mit.edu/hwtaylor/mtfxc/xc/03/umassdart.res.html>>, Tufts was a close second while only running half

(Continued on page 3)

Indoors: Orji Wins NCAA Shot During Rebuilding Year



Sophomore Uzoma Orji unleashes a 59-6 1/4 throw to win the NCAA shot put title.

by Halston W. Taylor

The indoor team had the misfortune of trying to accomplish the same success as the 2003 team without the graduating seniors who had led the team to four New England Division III Championships during their tenure at MIT. Losing Craig Mielcarz, Brian Hoying and Rick Rajter cost the team some very serious points at the dual and championship meets. In addition to the obvious rebuilding that was necessary, there was an unusual amount of attrition for various personal reasons. Championship scorers Tom Hoover, Austin Neudecker, Chris Peterson and Victor Williamson did not compete in 2004. This took away all of Tech's pentathletes, triple jumpers, high jumpers, high hurdlers and all but one of the returning long jumpers.

MIT was still able to mount a relatively successful season, but it was not what they were accustomed to. The Engineers suffered regular season losses to Williams and Tufts for an overall 8-2 record. One of the regular

season highlights was the impressive Greater Boston Championship victory over Harvard University <<http://web.mit.edu/hwtaylor/mtfxc/indoor/03-04/gbc.res.html>>. Despite the name, this meet was considered part of the regular (pre-championship) season because it included just four teams, Bentley, Brandeis, Harvard, and MIT. In this meet, senior Brian Anderson really showed his capabilities. Within a forty-five minute period, Anderson ran 4:11.87 in the mile and 1:52.88 in the 800 for a double victory, and then came back to run a 49 second split in the 4X400. Also performing exceptionally well, and showing he can step up in big meets, was Uzoma Orji. Uzoma threw the weight 58-1 3/4 and the shot 55-3, both victories.

The championship season started with the New England Division III Championship <<http://web.mit.edu/hwtaylor/mtfxc/indoor/03-04/nediv3.res.html>>, a meet MIT has won three of the past four years. This year would

(Continued on page 4)

Outdoors: MIT Wins Fourth Consecutive NEWMAC Title

by Halston W. Taylor

As usual, the outdoor season began with the spring trip. This year we went to Orlando, Florida to practice and compete at the US Triathlon National Training Center. The facilities were surpassed only by the weather and hospitality. We stayed at a time-share resort just a few miles away. The pools and condominiums were first class at a very reasonable rate. At the training center we had access to the weight training equipment and the 50 meter pool. The track was open to us at any time and the field event facilities were great. In addition to the daily training and two meets <<http://web.mit.edu/hwtaylor/mfxc/outdoor/03-04/springbreak1.res.html>>, <<http://web.mit.edu/hwtaylor/mfxc/outdoor/03-04/springbreak2.res.html>>, we visited Universal Studios to test the roller coasters and break up the usual entertainment of team bowling and games of spades. Uzoma threw well, qualifying for nationals in the hammer and shot, and setting a personal best in the discus. Nate vaulted to a new personal best of 15-9 1/4 to also qualify for nationals.

Once the Engineers returned home they had to face the fact that they did not have the depth to compete well in regular season meets. With Anderson taking time to heal and Khan deciding to save his final season of eligibility for graduate school at Purdue, it simply was not practical to overwork the team in order to score more points in what would still be losses. Preparing for the championships became the motto of the coaching staff.

After suffering through the first losing season in my track and field coaching career, it was nice to be able to focus on defending the NEWMAC Championship <<http://web.mit.edu/hwtaylor/mfxc/>

outdoor/03-04/newmac.res.html> at Springfield College. Going into the meet we knew Springfield was a narrow favorite, and that they would be further inspired because they were competing at home, where they always seem to perform best. In fact, only once had MIT failed to win the NEWMAC Championship since its inception in 1999, and that was in 2000 when Springfield hosted the meet and outscoored MIT by just 14 points to win. But, while Springfield may have felt this was the year to repeat their victory of 2000, the Engineers, mentally fresh after a couple of months without having to go to the wall to win a meet, were ready for the challenge.

The competition started off great, with gutsy performances in the 10K from Spencer Dudley and Ian Driver, who placed second and third respectively. Then came the horizontal jumps, where things continued to go well despite the fact that Springfield was favored to score a lot of points in those events. Springfield did take first and second in the long jump and first in the triple jump for a total of 28 points, but MIT responded with Stuart Laval, Nestor Hernandez, and Thad Wozniak taking third, fourth, and sixth in the long jump, while Makinde Adeagbo placed second in the triple. That garnered 19 points for Tech in the two events, to help offset Springfield's 28. MIT kept the pressure on by sweeping first, second and third in both the pole vault and the 3000 steeplechase. Nate Ball led Nestor Hernandez and Josh Chartier to the pole vault sweep despite the nasty and inconsistent cross wind. Carlos Renjifo, Chris Fidkowski and Robby Bryant broke away in the final stages of the race for their sweep in the steeple. As usual, Uzoma had a great day, winning all three of his events and doing so with championship marks (shot: 56-11 1/4, discus: 151-10, hammer:

176-4). Before the 5K, the team had locked up the championship as long as they did not get outscoored in the 5K. With Schmeckpeper, Brulois and Khatchadourian all in the event, there was no way MIT could lose. With Schmeckpeper and Khatchadourian having already run the 1500, I advised them to take it easy in the 5K, so that they would be fresh in the Division III New Englands the next weekend. When the dust settled, the Tech trio placed second, third and fourth to ice the victory over Springfield 178-148.

The New England Division III Championship <<http://web.mit.edu/hwtaylor/mfxc/outdoor/03-04/nevdiv3.res.html>> was hosted by Williams College. Thad Wozniak got things started for the fifth-seeded Engineers by improving his decathlon best by over 1000 points from last year, scoring 5595 to place third. The next day things did not start off well for the guys in burgundy and black. Uzoma did not have his usual championship meet. He struggled in the hammer, placing only fifth, and followed that up by not scoring at all in the discus. Eric Khatchadourian placed only fifth in the 10K, and Kevin Brulois was unable to score. MIT was already over 20 points behind what they expected. Fortunately, things turned around soon after that. Zach qualified for the finals in both the 100 and 200, and then he led off the 400 relay to a second place finish in a season PR of 43.13. Ben then led Fidkowski and Renjifo to a three, four, seven finish in the steeplechase. Traina came back in the finals to get fourth in the 100 and second in the 200, running 21.87. Uzoma won the shot as expected to set up the pole vault as the event that would determine second and third place in the team standings. Williams was too far out to catch, and MIT and Bates were tied at 60 points each with only two vaulters left, Nate and Matt Ondra from Bates. This was a true winner take all scenario. Much to our disappointment, Ondra made 16' and Nate could not pull off the height. Nevertheless finishing third was a great victory for this MIT team.

The All New Englands <<http://web.mit.edu/hwtaylor/mfxc/outdoor/03-04/neicaaa.res.html>> did not go so well for most of the Engineers. Uzoma scored in both the hammer (5th) and shot (3rd), but still did not have the day he hoped for. Zach could only manage a seventh in the 200, and Nate no-heighted in the vault. But while much of the team was struggling, the distance runners found this meet conducive to good times. In the 10K, Eric Khatchadourian ran a PR of 32:18.90 to place fifth, and in the steeplechase, Ben ran

(Continued on page 5)



Zach Traina and David Blau round the turn in the 200 at the NEWMAC Championships, which Traina wins despite being in lane 1.

...CC Team Wins Sixth NEWMAC Championship



MIT holds places 5-9 at the two mile mark in the NEWMAC Championship. Tech won this race for the sixth straight time.

(Continued from page 1)

of their varsity performers. MIT was a solid third, led by Ben Schmeckpeper, who also suffered his first defeat of the season when he lost to Abdi Abdulgani of UMass Dartmouth on his home course.

In the following race <http://web.mit.edu/hwtaylor/mfxc/xc/03/twinbrook.res.html>, at the site of the NCAA regional qualifier, MIT lost to Williams and Bates in a close meet. The Tech runners brought their delta down to 1:15 although Ben did not have his best day, losing to Neil Holtshulte of Williams. MIT now knew that four New England teams had beaten them and only four teams from the region could go to the NCAA championships. There was obviously some work to do as they had not seen perennial contender, Keene State College.

The All New England Championship <http://web.mit.edu/hwtaylor/mfxc/xc/03/neicaaa.res.html> was the next race for the Tech harriers but unfortunately did not bring the improvement the team was seeking. Their delta widened to 1:49 and they placed fifth among Division III teams (17th overall), defeating Amherst this time, but losing to Keene State. Considering that Amherst was running without their full squad, MIT was now sixth-ranked and would have to beat two very good teams in order to break into the top four and qualify for nationals. On the plus side, Ben was the top Division III runner, placing 13th overall and avenging his earlier losses.

The following week, MIT made another trek to the site of the regional qualifier <http://web.mit.edu/hwtaylor/mfxc/xc/03/twinbrook2.res.html> so that they could see additional competition, learn the course a little better, and come up with a better strategy for championship day. This time, they employed a more conservative

start, but it seemed to do more harm than good as Tufts built up an early lead which MIT could not overcome. Ben lost to Stan Pyle from Wheaton College, who set a course record of 26:22 and to Josh Kennedy, a freshman from Tufts.

Now that the championship part of the season had started, the team began to race only every other week. The New England Women's and Men's Athletic Conference (NEWMAC) Championship <http://web.mit.edu/hwtaylor/mfxc/xc/03/newmac.res.html> was run on a very questionable course with regard to NCAA legitimacy and safety. The MIT harriers, after a practice out at the course, were very concerned for their safety, particularly with the regional qualifier in two weeks. Nevertheless, the race had to be run, and the team disregarded the risks and stepped to the line. Although Ben lost again to Stan Pyle, the race as a whole went quite well. Eric Khatchadourian ran to a superb fourth place and was followed closely by graduate student, Chris Fidkowski in fifth. Freshman, Kevin Brulois, earned rookie of the year honors with his eighth place finish and Brian Anderson closed out the scoring with 10th place. This was Tech's sixth consecutive conference victory. MIT continued their conference dominance by remaining the only team ever to win this championship.

Fresh off their conference championship, the team entered the NCAA regional



Ben Schmeckpeper wins the NCAA Division III Regional Qualifying meet by a full 10 seconds over second-place finisher Nathan Brigham from Tufts.

qualifier <http://web.mit.edu/hwtaylor/mfxc/xc/03/nediv3.res.html> ranked sixth but believing they could finish higher, and knowing they needed to finish in the top four if they wanted to go to the NCAA Championship. The only concern was, could they run close enough to Ben to be competitive with the top teams. MIT ran the best race possible, but fell one second short. In the final mile, Ben pulled away from the lead pack, easily setting a course record with a 10 second victory in 25:45. Brian Anderson followed in 28th place with an excellent course best by 26 seconds. Kevin Brulois, John Brewer and Chris Fidkowski finished in 38th, 39th and 42nd to close out the scoring. Tufts, Keene State and Williams all ran great races to finish in the top three. Bates ran poorly and was out of it. The challenge was with Amherst. After thirty painful minutes, it was determined that Amherst beat MIT by three points and one second. Fidkowski, running a personal best on the course by 50 seconds, finished one second behind two Amherst runners. Of course, while he felt badly, it was only close at all because he had run such a great race.

At the NCAA championship <http://web.mit.edu/hwtaylor/mfxc/xc/03/ncaa.res.html>, Ben entered as one of the favorites after being named the NCAA New England region runner of the year. He started out well and slowly moved his way up to contention. However, it was clear as early as two miles that he did not have it on this day. From that point on, Ben faded slowly even though he fought every step of the way. Ben eventually finished 38th, three places away from All America, an honor he had earned the year before.

For the first time in many years MIT will lose only two of their top seven, Brian Anderson and Chris Fidkowski. If Steve Maltas and Carlos Renjifo can return to good health, and the talented and deep freshman class can offer some competitive assistance, the 2004 season could be another strong one.

Ben Schmeckpeper earned the team MVP to go along with his other awards and will return as captain of the 2004 cross country team.

2005 is the 100th anniversary of the MIT men's cross country program. I would like to do something special to celebrate this. We should start planning the event now. First, we need a planning committee, so those of you who might be interested please let me know (I would like to enlist all former captains). Tentatively, the date would be September 3 of 2005.

...Individuals Shine as Indoor Squad Rebuilds

(Continued from page 1)

be different. In addition to having graduated so many top performers from last year, Tech lost three of this year's top athletes in the regular season meet with Bowdoin and Tufts. In that meet, Matt Lehman went down in the 400 with a hamstring injury, Nestor Hernandez did the same in the long jump, and Zach Traina pulled in the 55 dash after easily winning the trials. These injuries not only brought about the loss to Tufts, but also dealt a significant blow to the teams scoring potential in the championship meets. In the New England Division III Championships, Nate Ball was back from his injury, but with only one meet under his belt he was not able to get things going and no-heighted in the pole vault. Traina's injury healed in time for the meet, and while he was not capable of doubling, he did manage an amazing third place indoor personal best with his 22.50 in the 200. Chris Khan, who had a bad back all year, competed for the first time in three weeks in the weight throw. Chris responded with a season best of 55-1 1/2 for third place. Chris's competitiveness really showed in the shot put, where he placed third with a monster personal best of 51-2 1/4. Anderson and Orji dominated for the Engineers all season and this meet was no different, despite the fact that Brian had slightly injured his hamstring in the GBC meet and had not been able to do the appropriate workouts for two weeks. The lack of speedwork took a slight toll in the 1500, where Brian did not have his usual explosive kick, but still finished second with a fine time of 3:57.66. Brian did not want a repeat in the 1000 so he took a commanding lead at the start and pulled away to an easy victory in 2:29.45. Uzoma had no challenges, winning both his specialties with ease. Uzoma posted marks of 57-0 3/4 in the weight throw and 57-1 in the shot put. All of this was only good enough for a fourth place team effort behind Williams, Tufts and Bates.

Uzoma was preparing his mental state for the NCAA championship, but along the way he knew he would have to gradually step up his intensity with each meet. To this point in the season he had only been beaten once in the shot put, losing to Andre Reed of the University of Rhode Island, and the All New England's <<http://web.mit.edu/hwtaylor/mfxc/indoor/03-04/neicaaa.res.html>> would present the opportunity to avenge that loss. Uzoma did that and more, earning what may be a first for MIT in this meet, a double victory. He threw 58-5 1/4 in the weight and 57-3 1/2 in the shot. Brian Anderson continued to be plagued by his hamstring injury, but held onto the season another week, running 1:53.19 to place eighth in the 800. Chris Khan gave another try at qualifying for nationals in the shot put, but



Team co-captain, Brian Anderson, on his way to victory in the New England Division III Championship 1000 meter run.

could not improve on his performance from the week before, even though he did manage an eighth place. Ben Schmeckpeper put together a superb 5000, running 14:39.81 and placing eighth as well.

At the IC4A's <<http://web.mit.edu/hwtaylor/mfxc/indoor/03-04/ic4a.res.html>>, Uzoma again managed a modern day MIT first: he placed in two events at this prestigious meet. In the weight, Uzoma could not put together a big throw, settling for seventh with a throw of 57-9 1/2. The next day in the shot put, he came from behind in the finals to place second with a throw of 57-7.

The only meet remaining was the NCAA Championship <<http://web.mit.edu/>

[hwtaylor/mfxc/indoor/03-04/ncaa.res.html](http://web.mit.edu/hwtaylor/mfxc/indoor/03-04/ncaa.res.html)>. Uzoma entered the meet ranked first in the shot put (even though there were no less than three previous national champions competing in the event), with a mark of 57-11 3/4, and sixth in the weight with a throw of 59-2 1/4. Uzoma was up in the weight throw first and threw an amazing 60-3 3/4 in the finals to move up to fifth place. The shot put was the best competition by an MIT athlete I have seen. Reminiscent of the professional level of US throwers, Uzoma brought the competitors and spectators into the competition such that at one point, everyone, including athletes and coaches at the triple jump were clapping and cheering when Uzoma would come up to throw. It was not so much how far he was throwing but the show he was putting on before and during his throw. To say he was "into the event" would be an understatement. Before getting into the ring he would make vertical leaps that must have been over a meter high. These, combined with his yelling and encouraging, made it hard to not cheer for him. Missing the NCAA record by only a couple of inches, Uzoma won the event by over three feet with his 59-6 1/4 put.

For his efforts, Uzoma earned the NCAA field athlete of the meet to go along with his award as the NCAA regional athlete of the year. The sophomore achieved quite a bit in just his second year. At the end of the season, Uzoma was voted MVP by his teammates as well as one of the tri-captains for next year, joining Zach Traina and Ben Schmeckpeper

All New Assistants for 2004-05

by Halston W. Taylor

I have been blessed with good assistants over the past few years, all of whom will be missed very much as they move on to other pursuits. Todd Chamoy '99, our throws coach, has decided to go to graduate school at UCSD. Akin Aina '96 received his PhD in 2003, taking a job south of Boston. Akin was able to come in a couple times per week this past year to work with the sprinters but he may not be able to continue his part time duties. Stefan Carpenter, a graduate from Amherst College, has also decided to give up coaching the jumps in pursuit of a graduate degree.

New for 2004-05 is Chris Hickey, a graduate of the United States Naval Academy in 1986, whose job has brought him to the area, and he hopes to pursue an eventual head coaching job in track and field. Chris has coached at the Naval Academy Prep School as well as assisted at Catholic University. He will be taking the throws coach duties. Chris will be challenged to bring more throwers on board and to help Uzoma continue his quest to be one of the best shot putters in the country at any level.

Also new this year is Rick Rajter '03. Rick will be lending his considerable talents to help out in the jumps, and possibly high hurdles, while attending graduate school in Materials Science and Engineering. Rick's challenges include bringing some stability to the horizontal jumps and continuing MIT's tradition of great jumpers and pentathletes.

Gordon Kelly is Honored at 42nd Anniversary Dinner

by Pat Sullivan '71

Alumni, students, friends, and family gathered in Cambridge on January 10, 2004 to pay tribute to Gordon Kelly on the 42nd anniversary of his career at MIT. The event was first suggested by Don Shobrys '75, and thanks to his initiative and organizational efforts, it became a reality this year. Special thanks also go to those alumni who assisted Don with the many tasks involved in planning and preparing for the celebration.

Gordon graduated from Springfield College, where he was 1960 New England pole vault champion, and then attended SUNY-Buffalo, where he earned a master's degree in education. He joined the MIT faculty as assistant track coach in



Dinner was served at the MIT Faculty Club, where over 100 attendees shared stories of memorable times they'd spent with Gordon.

1962. He succeeded Art Farnham as head track coach in 1973 and continued to hold that position until 1990. During his 17 years as head coach, Gordon compiled a 182-44-3 record, including a 62-meet unbeaten streak and 11 indoor and outdoor New England Division III championships. He was named New England Division III Indoor Coach of the Year for the 1989-90 season, in which he led the Engineers to a second-place finish at the national championships. In addition to his coaching career, Gordon served MIT as Director of Physical Education for 14 years, and was instrumental in expanding the curriculum and creating a comprehensive compilation of course offerings.

The list of Gordon's contributions to the MIT community is far too long to include here, but it was obvious from the speeches and conversations at this 42nd Anniversary Celebration that his most significant contribution is the guidance, support, and sincere friendship he has extended to so many of us. After dinner, a variety of speakers related anecdotes about Gordon, and whether they were serious or funny, taking a friendly potshot at Gordon or praising him, they all expressed a remarkable level of respect and admiration that clearly illustrates the tremendous positive influence Gordon has had on the MIT community.

After the speeches, Gordon was presented with a pole vaulter sculpture



Gordon coached MIT's indoor and outdoor track and field teams for 28 years, including 17 as head coach, and was Director of Physical Education for 14 years.

commissioned specifically for the occasion, to be followed in a few days by the second part of the gift, a sizeable check representing the sum of the numerous contributions from all those wishing to express their gratitude. Gordon then stepped up to the podium to wrap up the evening by treating us to a delightfully intimate glimpse into his long and varied career.

It's not possible to determine the exact monetary value of Gordon's contribution to MIT, especially if you consider all the donations from alumni who have stayed connected to MIT primarily because of their relationship with Gordon. But what you can be sure of is that MIT is far richer, in every sense of the word, because Gordon Kelly is here.

...Engineers Repeat as Outdoor NEWMAC Champs

(Continued from page 2)

a season best of 9:28.26 to place sixth, while Fidkowski and Renjifo ran huge personal bests of 9:33.88 and 9:39.14 respectively.

At the NCAA Championships <<http://web.mit.edu/hwtaylor/mtfxc/outdoor/03-04/ncaa.res.html>>, only Nate and Uzoma represented MIT. Nate had jumped 15-10 1/2 the week before at our last chance qualifier and was ready to make up for last year when he had to miss the meet due to mononucleosis. Nate cleared all heights on the first attempt until 15-7 1/4, which he made on his second effort. At 16-1, only three competitors were successful, but five of the six who were not successful had cleared 15-7 1/2 on the first attempt, relegating Nate to ninth place.

In the hammer throw, Uzoma was seeded last, but placed 11th with a pretty good



Nate Ball leads a 1-2-3 MIT sweep of the pole vault at the NEWMAC Championships.

series and best effort of 171-9. However, in the shot put, the Uzoma we were all waiting for since the indoor nationals showed up. Uzoma has always thrown the indoor shot better than the outdoor shot. Most putters prefer the outdoor shot for its smaller size and solid feel, but Uzoma prefers the larger

size, despite his relatively small hands.

Going into the championship Uzoma had only thrown 56-11 1/4 and that was a month earlier. In the trials, Uzoma threw 56-5, 58-10 1/2 and 58-7 to take the lead going into the finals. Three former national champions were throwing first, second, and third, and Uzoma was throwing last. Nothing changed until the final round when Cody Brotherton threw 59-1 to take the lead. Uzoma could not respond with a better throw and had to settle for second and a new MIT record. The exciting prospect for next year is that of the top eight finalists, six are rising seniors and two are rising juniors.

At the end-of-season awards dinner, Uzoma was named MVP, Brian Anderson received the Paul McKenzie Award, Thad Wozniak won the Most Improved, and Ball, Orji, Schmeckpeper and Traina were voted 2005 captains.

Gifts from the Friends of MIT Track and Cross Country

by Halston W. Taylor

These are indeed exciting times for MIT track and cross country, both now and in the future, thanks to your generous gifts to support our program. We had more donors this year than ever (182) and a record amount as well. Among the general accounts, cross country and track and field, we received over \$25,800. A growing number of parents of current athletes are contributing as well, making this a true Friends organization. We have been able to get the equipment we need, travel in a way conducive to success, lease vans to take the cross country team to Franklin Park and the arboretum to practice, and continue to take our spring trip.

For many years I have spoken of endowing parts of our program, which the crew program has already begun doing and MIT tries to do in all departments. With Don Morrison's gift of \$200,000, track and field is on the way to doing just that. We are hoping to start an endowment campaign,



Kevin DiGenova debuts in the steeplechase during the spring trip to Florida; a trip made possible by "Friends" contributions.

urging those who graduated in the 60's and 70's to find ways to match Don's gift and bring us to the level needed, which is about \$2.2 million for indoor and outdoor track combined, \$2.3 million to endow the chair for the faculty coach and \$1 million for the sport of cross country. The endowment would cover all expenses of the sport (uniforms, travel, assistant coaches, equipment, etc.).

This has been another great year in which Friends contributions have enabled us to enrich our programs with activities that will help us achieve our competitive goals on the course, on the track, and in the field. Team trips continue to head the list of activities of this nature. We did not take the cross country trip to the pre-nationals only because it conflicted with the All New England Championship. The team preferred to stay in New England for the championship and the opportunity to race the Division I boys. The spring trip was magnificent, with both the training and competition meeting our highest expectations. The team really got to know each other while playing cards, bowling and just hanging out. This was key when the time came to "step it up" for the championship meets.

I would like to run an idea by you folks. My idea is to start a mentorship program similar to what the crew alumni

(Continued on page 7)

"Giving Back"

by Dr. Donald Morrison '61

Dear Friends of MIT Track,

My wife Sherie and I are now in a position to "give back" at a higher level than we could earlier in our careers. For me, the total experience I had at MIT from 1957-1961 has played a major role in whatever success I have had since that time.

Looking back, the biggest impact came from my four years on the track team and working with my friend, mentor and Head Coach, Art Farnham. Art came to MIT my freshman year so we "grew up," with respect to MIT, together. I still communicate regularly with my old coach. Gordon Kelly, Art's successor as Head Coach, was my friend and competitor in the LJ, hurdles, and PV for two years when Gordon was at Springfield College.

During my years at MIT I had to perform in the classroom under pressure. In graduate school, among other things, I had to take a two-day, closed-book PhD field exam. As an academic, I have had to lecture to large classes of "draftees" in required statistics and operations research classes and deliver keynote addresses at major conferences. On a more personal note, I have had to give eulogies at funerals for beloved family members and friends. In all of these situations my MIT track experience has



Don Morrison '61 long jumping during his days at MIT. For more about Don and the '57-'61 Engineers, see his article in the 2002 newsletter at http://web.mit.edu/hwtaylor/mfxc/alumni/newsletters/NL2002_Email.PDF

helped. I never was sure if I could clear the bar, sprint the fastest, or jump the farthest, but by my junior year I knew that under pressure I could give my best effort and wouldn't choke or go brain dead. This has been enormously reassuring in the situations I just mentioned.

My friend Peter Likens, who was my Provost when I taught at Columbia University and is now the President of the University of Arizona, told me, "Don, I learned to be a professor in the classroom, but I learned to be a college president on the wrestling mats of Stanford." I'm sure that all of you reading this can relate to my examples above and Pete's words.

The track program is part of the Department of Athletics, Physical Education and Recreation (DAPER) at MIT. As a member of the Visiting Committee for DAPER, I have come to appreciate how valuable DAPER is to the health and well being of the whole MIT Community. I say this because all of you Friends of Track want the track program to thrive. However, we need to keep in mind the younger sports with alums who don't have nearly as much discretionary wealth. The club sports, intramural players, and the recreational users also need facilities and programs.

The MIT track program is of course my first love at MIT. That is why my wife (all degrees from Stanford) and I have decided that "my" first major gift will go primarily to the track program. At this time we are able to make a gift of \$250,000. When I discussed this gift with Halston, Athletics Director Candace Royer, and Phil

(Continued on page 7)

...Friends Gifts

(Continued from page 6)

do with the crew teams. I could provide a list of all our freshmen (it will be late this year, but I would do so by July of next year), and have those of you who are interested contact a freshman who lives near you. If more than one of you contacts the same freshmen that will be okay. I am hoping to establish a little more rapport between the current team and the alumni, as well as instill in the current freshmen a sense of tradition that may provide us with a bit more loyalty and commitment. Please contact me directly about this if you are interested. This could turn out to be a great mentorship that could go beyond the freshman year.

I sincerely appreciate the generosity you all demonstrate year in and year out. All the effort you folks put forth to honor Gordon Kelly was very inspiring. I hope we can continue to produce a program that you all will be proud of. Thank you for your support.

100th Anniversary of MIT Cross Country

Those (especially former CC captains) who are interested in planning the celebration (tentatively scheduled for September 3, 2005), please contact Halston (hwtaylor@MIT.EDU).

... "Giving Back"

(Continued from page 6)

Murphy in Development, it became clear to me that some part of my gift should go to DAPER, with the major portion directed to track. With this in mind, I decided to make \$50,000 of the gift to DAPER, leaving \$200,000 for Halston and the track program.

The whole process, starting with my initial idea of making some kind of major gift until I sent in the check, has been educational and enjoyable. Halston, Candace, Phil, and others have been professional, yet exceptionally warm, friendly, and appreciative. Sherie and I feel very blessed to have been able to participate in this exciting venture.

In summary we are happy donors. I urge all of you who are in a financial position to do so, to seriously consider a major gift towards the eventual endowment of the track program at MIT. You will be "giving back," but at the same time you will be "receiving" even more. I know I have.

Don Morrison, '61

Century Club 2003-2004

Donors giving \$1000 or more

Mr Daniel J Corcoran III '94
Dr Donald Morrison '61
Mrs Nancy L Schweikert
Mr Uwe F Schweikert
Dr Robert L Wesson '66

Donors giving \$100 or more

Dr David R Afshartous '89
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Bill Heil '79
Mr Daniel S Helgesen '97
Dr Edward P Hoffer '65
Mr Gordon Holterman '86
Mr John J Hradnansky '85
Mr Stanley T Johnson '36
Mr John E Kaufmann '73
Mr Edward A Keehr '01
Mr David S Kelman '99
Dr David B Kieda '82
Mr George W Kimball '72
Dr Max M Klein '81
Mr Alan J Knauf '78
Mr Kalpak D Kothari '01
Mr Kenneth L Kovach '83
Mr Joseph S Kowalski '90
Dr Paul J Kuzmenko '76
Daniel W Kwon '02
Mr Albert K Lau '72
Jeffrey C Lukas MD '82
Dr James M Lyneis '70
Mr Michael C Lyons '85
Ted A Manning '89
Mr Edward A Martin '85
Mr John W Martin '80

Dr Robin Keith McGuire '68
Craig D Mielcarz '03
Mr William C Mogensen '65
Mr Sean J Montgomery '01
Dr Robert B Myers '72
Mr William J Nicholson '60
Mr Colin M Page '95
Mr Anthony R Pelosi '01
Mr Joseph F Presing '84
Mr Gregory M Procopio '85
Dr Frank C Richardson '77
Dr Scott Rixner '94
Mr Alexander B Rodriguez '00
Mr Peter J Ronco '92
Mr Richard C Rosalez 1998
Mr Rex C Ross '66
Dr Adel A M Saleh '70
Mr Willard L Sauer '85
Mr James M Scanlan '91
Kevin Patrick Scannell '91
Mr Mark R Schwartz '79
Dr Arnold Seto '96
Dr Don Steiner '60
John M Taylor, MD '84
Mr and Mrs Carl Traina
Mr John L Usher '69
Mr Charles T Van Buren '98
Mr Robert M Walmsley '84
Dr Donald Everett Wesson '84
Dr David R Wilson '73
Mr David M Wright Jr '89
Mr Robert C Zak Jr '86

Fund	No. of Donors	Total Dollars
Cross Country	35	\$3,757.25
Track & Field	145	\$21,399.25
Pole Vault	2	\$650.00

Pole Vaulter Journeys – Egypt

by Sam Sidiqi '99

Vaulters aren't normal people and their ability to keep up their image as normal humans can really only be sustained by occasional forays into the unknown and dangerous. These fast and furious trips are a way of releasing the excess vaulter energy that's been known to cause mental problems. In his series, "Vaulter Journeys" Rambo (Sam Sidiqi '99) recounts vaulter odysseys he has taken with Singhuge (Bill Singhose '90) in as accurate and truthful a manner as he sees fit. While these are vaulter journeys, normal track athletes are often dragged along for the fun of it. Vaulters have been known to make traveling fodder out of jumpers, sprinters, and middle-distance runners.

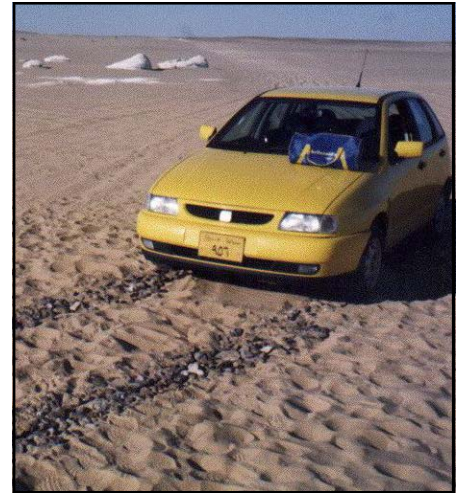
In our last vaulter journey, we looked at the question of vaulting from the standpoint of marriage – more specifically in Rambo's attempt to have Singhuge reaffirm his vaulter credentials the day after his wedding ceremony by playing a game of chicken off a 25 foot bridge over a shallow stream. However, with all of the world events going on today, it seemed appropriate to look at the question of whether vaulter journeys have a wider global significance. This vaulter journey will attempt to trace Middle Eastern animosity towards the US back to the vaulter journey of Singhuge and Rambo in Egypt at the turn of the millennium four years ago.

It started simply enough, Rambo was in Egypt studying Arabic on a Fulbright Scholarship. The Fulbright has the stated goal of decreasing the chances of war by increasing scholarly contact between civilizations. Little did Rambo know that by

inviting Singhuge to the Middle East to participate in a vaulter journey, he would be setting back the aims of Fulbright in Egypt beyond all reckoning.

Singhuce arrived having just finished the alumni meet. It was a bad year for him. A bad year for Singhuge means that he scored in fewer than 8 events – so he still scored plenty of points. This would have been Rambo's first alumni meet, but the 5000 miles were too many to travel. Rambo's class has never won an alumni meet. For the years 95, 96, 97, and 98, they lost as undergrads. 1999, their first year as alumni, they began a losing streak that has continued to this day. This is one of the most shameful facts of Rambo's life.

Singhuce and Rambo first started off in Cairo. Vaulter journeys really center around eating lots of food. In this case, the first set of food eaten wasn't good. In a move reminiscent to the milk drinking contests of the days of old, Singhuge quickly responded by releasing all of that dirty food over the streets of Cairo. It was at this point that the vaulters discovered a wonderful drug called anti-nal, quickly renamed "anti-anal" by Singhuge. This wonder drug was described as an intestinal antiseptic, and was so effective vaulters continued to carry and use it on trips well past the expiration date. Singhuge at this point returned to his true religion of McDonalds, and acquired almost all his remaining meals from fast food restaurants. Egypt is remarkable in that most of the great monuments are next to American fast food restaurants. Pizza Hut in front of the Sphinx and McDonalds in front of the ruins of Luxor were both favorites.



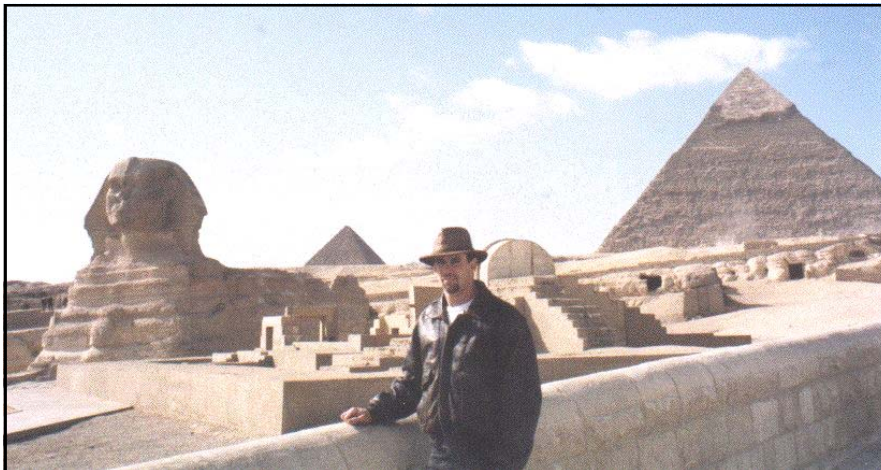
Exiting the White Desert proved to be a test of both brains and brawn, but the vaulters superior road-building skills pulled them through.

Part of the vaulter trip was to visit Sharm Al-Shaikh, a resort town on the Red Sea made famous by its great diving and its hosting of various peace talks. The vaulters took advantage of the time to test their diving skills, and were found wanting. The dives were beautiful, and a lot of cool fish were seen. However, while diving, Rambo noticed a weight belt sitting on the coral below. "Wow, that's funny, I wonder who would have left a weight belt there" Rambo thought. At that point, he started looking for his dive partner, Singhuge, who was ascending rapidly towards the surface. Singhuge managed to survive, however, and no nitrogen bubbles were trapped in his brain.

One of the interesting things about Egypt is the driving. If you have only lived in the U.S., you do not understand this type of traffic. Traffic in Cairo often magically shifts from 2 to 3 lanes, and pedestrians really seem to be fair game. Third world driving is a lot of fun, and comes highly recommended by the vaulters. In Egypt, the rules are few and far between. One rule is – honk your horn, always. Another is that, at night, flick your lights on and off in pattern with the oncoming traffic. While supposedly this allows people to take turns seeing, Singhuge saw this as a competitive game and tried to blind his opponents.

While driving through the interior, the vaulters passed through a number of different types of desert. In the famous White Desert, where mysterious white outcroppings appear everywhere, they drove out early in the morning to see the mysterious glow of the desert during sunrise.

(Continued on page 9)



Visiting the local sights of Giza, with the added bonus of a stop at the Pizza Hut in front of the Sphinx.

...Pole Vaulter Journeys – Egypt

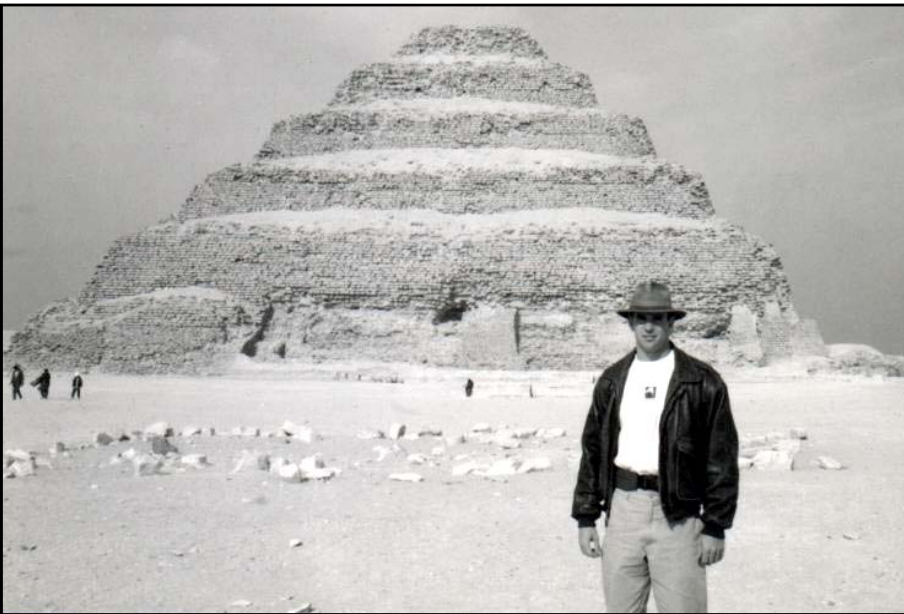
The vaulters found that their front wheel drive vehicle could drive 4 miles into the desert, but was unable to make it back out again. Here, MIT ingenuity came into play. After attempts at driving only dug the vehicle deeper, the vaulters responded with the creation of a road. Now road building isn't an easy task, but with a McDonalds Cairo duffel bag, a field of rocks 200 yards away and multiple degrees from the best engineering school in the world, the vaulters set to work. The vaulters built a base of rocks in order to jack up the car, and then laid a thick set of rocks to give the car initial traction. Then they laid a 15 foot road with a top layer of large rocks reinforced by smaller rocks. Rambo pushed, Singhuge drove, and miraculously they broke free of the sand trap and were able to spin around and drive away. Other highlights of driving in Egypt include Rambo running into a horse, the vaulters breaking out of a police enforced convoy, and multiple near death encounters.

The vaulters toured nearly all of the ancient Egyptian ruins and saw a lot of Egyptian culture along the way. During the drive to the interior, Rambo taught Singhuge how to introduce himself as "Al-Shaitan Al-Abyad min Amrika" which translates to "the white devil from America". This was especially interesting as the vaulters drove to places often untouched by tourist vehicles. The vaulters went to one city that was known for communal strife. The innovation the



No vaulter journey would be complete without the requisite flips amongst the natural wonders.

vaulters brought to this town was to have the first white person many of these conservative people had ever seen – Singhuge – run around the town in pink shorts. Participants in alumni meets may remember Singhuge shaving his legs and wearing said pink shorts simply to force the undergrads to admit that they had been beaten by a man with shaved legs wearing pink shorts. Singhuge should not have expected to survive wearing these clothes in Egypt. Upon checking into the hotel, the vaulters were given a police escort for the rest of their stay, and were guided out of town by a police cruiser with lights and horns blaring to create a path out. The pink short encounter would later be a rallying cry for those Egyptians seeking to destroy Egyptian/U.S. relations.



Singhuce takes time out to pose in front of the Step Pyramid of Zoser, the earliest pyramid and the world's oldest major stone structure.

One of the capstone events for the vaulters was to climb a pyramid, something definitely against the rules. The vaulters drove in through a dirt road back entrance of a set of pyramids about 20 miles south of the famous Giza pyramids. After paying two bribes to get in, one of them to an old man in rags with a badge and a gun, the vaulters ran to Dakshur, the bent pyramid. This pyramid is tough to climb because it starts at a much steeper angle than other pyramids. As the vaulters climbed, the authorities at a nearby pyramid noticed what was going on, and drove over and yelled for the vaulters to come down. The nice thing is that once a vaulter starts going up a pyramid, it is unlikely that anyone is going to catch him on the way up. The vaulters got to the top of their pyramid, and did the necessary hand stands. Upon their descent, they were greeted by a tourism guard with a semi-automatic who wanted to know where the vaulters' tickets were and why they were climbing the pyramid. The vaulters took the dumb tourist approach and said that they had paid the guy in the robes when they drove in and that he said it was OK to climb the pyramids. The tourism guard with the uzi, now less concerned with the vaulters, got on the radio and started a round of inquiry into the guy we paid our bribe to – who appeared to be in serious trouble. Since this was the man with the gun, who was likely to be standing in the vicinity of the vaulters' car, Rambo and Singhuge went into full sprint mode, ran to the car, and drove off before the bribed gunman could corner them and make them feel sorry for ratted him out. Sometimes it pays to stay in shape.

Based on this trip, Rambo and other Middle East experts have concluded that Singhuge has played a major part in the deterioration of relations between the Middle East and the U.S. Some researchers even claim that the bribed police officer was none other than Ayman Al-Zawahiri. The lost Zawahiri thesis rails against Singhuge on many points: his incessant eating of pork, the defamation of important national treasures by his crude acrobatics, destruction of coral reef while diving, the wearing of nasty pink shorts, and his disgusting release of intestinal fluids all over the pristine streets of Cairo. Serious researchers are now beginning to attribute the radicalization of Zawahiri to this vaulter journey. Many ponder how U.S./Middle East relations would have fared had this journey never occurred.

Season Statistics

Cross Country

RECORD

Won 3, Lost 0

MIT

15

15

OPPONENT

Alumni 46

RPI 48, WPI 84

INVITATIONALS / CHAMPIONSHIPS

MEET	LOCATION	PLACE	SCORE
UMass Dartmouth Invitational	UMass Dartmouth	3rd of 26	87
Twin Brook Invitational	University of Southern Maine	3rd of 13	76
NEIAAA Championship	Franklin Park	17th of 47	511
Twin Brook Invitational II	University of Southern Maine	2nd of 12	64
NEWMAC Championship	Clark University	1st of 7	29
NCAA Div. III Regional Qualifier	University of Southern Maine	5th of 38	148
NCAA Div. III Championship (Schmeckpeper only)	Hanover College	38th of 215	—

Performance Charts

The first chart below contains the place (on the MIT team, not overall in the race) and time for each athlete in every meet run during the season. The second chart shows the deltas (the amount of time the athlete finished behind MIT's number one finisher) for each athlete, and the third contains the final season ranking of all athletes on the team. The rank was computed as follows:

1. All the places for an athlete are averaged to get an average place for the season.
2. The place score is then obtained by determining how the athlete's average place compares to those of his teammates. The lowest average place thus receives a place score of 1, the highest a 16 (since there were 16 athletes who ran in at least one meet).
3. The delta score is computed just like the place score, only using all the average deltas from the season rather than the average places.
4. As some indication of dedication and commitment, the number of meets run by an athlete during the season is used to determine a third score, with the athlete running the most meets getting the lowest score. Two athletes running in the same number of meets would receive the same score.
5. The three scores are added for each athlete to get a composite score. The athletes are then given an overall rank based on that total, with the athlete who has the lowest composite score ranking first, the next lowest score second, etc.

PLACES/TIMES

NAME	ALUMNI	RPI,WPI	UMASS DARTMTH INV.	TWIN BROOKS	NEIAAA	TWIN BROOKS II	NEWMAC	NEW ENGLAND DIV III	NCAA DIV III	AVERAGE PLACE
Alvarez	14/29:45	13/29:30	12/30:06	QUIT	INJ	INJ	INJ	DNR	DNR	13
Anderson	2/26:43	5/26:59	2/26:00	4/27:39	4/26:39	2/27:18	5/27:12	2/26:52	DNR	3.3
Berberian	10/28:03	10/27:54	11/28:21	11/29:17	11/28:25	11/29:48	INJ	DNR	DNR	10.7
Brewer	4/26:55	2/26:28	4/26:48	3/27:19	3/26:37	5/27:33	6/27:16	4/27:15	DNR	3.9
Bruno	5/27:05	3/26:34	5/27:16	2/27:06	2/26:04	4/27:33	4/26:40	3/27:14	DNR	3.5
Bryant	7/27:46	9/27:51	6/27:26	12/29:20	INJ	INJ	INJ	DNR	DNR	8.5
Constantinou	11/28:41	INJ	INJ	8/28:37	10/28:23	10/29:27	INJ	DNR	DNR	9.8
DiGenova	8/27:47	7/27:35	10/27:48	9/29:01	8/27:29	9/28:43	9/28:08	DNR	DNR	8.6
Driver	9/27:54	8/27:39	8/27:35	6/28:07	7/27:02	7/28:12	7/27:21	7/28:27	DNR	7.4
Dudley	6/27:42	11/27:59	9/27:43	10/29:10	6/26:53	8/28:32	8/27:35	DNR	DNR	8.3
Fidkowski	12/28:50	6/27:30	7/27:33	7/28:24	5/26:45	6/28:06	3/26:25	5/27:16	DNR	6.4
Hendley	16/31:14	14/30:32	DNF	15/35:09	13/30:11	DNR - EX	12/32:14	DNR	DNR	14
Khatchadourian	3/26:46	4/26:43	3/26:31	5/27:48	9/27:31	3/27:25	2/26:23	6/27:30	DNR	4.4
Maltas	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	
Nelson	15/30:23	15/30:34	13/30:32	14/32:24	14/30:26	13/32:23	11/31:02	DNR	DNR	13.6
Renjifo	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	
Schmeckpeper	1/25:53	1/25:34	1/25:29	1/26:33	1/24:56	1/27:07	1/25:22	1/25:45	1/25:55	1
Stoddard	13/29:41	13/29:07	SICK	13/30:35	12/29:11	12/30:23	10/28:32	DNR	DNR	12.2

DELTAS

NAME	ALUMNI	RPI,WPI	UMASS DARTMTH INV.	TWIN- BROOKS	NEIAAA	TWIN- BROOKS II	NEWMAC	NEW ENGLAND DIV III	NCAA DIV III	AVERAGE
Alvarez	3:52	3:56	4:37	QUIT	INJ	INJ	INJ	DNR	DNR	4:08.3
Anderson	:50	1:25	:31	1:06	1:43	:11	1:50	1:07	DNR	1:05.4
Berberian	2:10	2:20	2:52	2:44	3:29	2:41	INJ	DNR	DNR	2:42.7
Brewer	1:02	:54	1:19	:46	1:41	:26	1:55	1:30	DNR	1:11.6
Brulois	1:12	1:00	1:47	:33	1:08	:26	1:19	1:29	DNR	1:06.7
Bryant	1:53	2:17	1:57	2:47	INJ	INJ	INJ	DNR	DNR	2:13.5
Constantinou	2:48	INJ	INJ	2:04	3:27	2:20	INJ	DNR	DNR	2:39.7
DiGenova	1:54	2:01	2:19	2:28	2:33	1:36	2:46	DNR	DNR	2:13.9
Driver	2:01	2:05	2:06	1:24	2:06	1:05	1:59	2:42	DNR	1:56
Dudley	1:49	2:25	2:14	2:37	1:57	1:25	2:14	DNR	DNR	2:05.9
Fidkowski	2:57	1:56	2:04	1:51	1:49	:59	1:03	1:31	DNR	1:46.2
Hendley	5:21	4:58	DNF	8:36	5:15	DNR - EX	6:53	DNR	DNR	6:12.6
Khatchadourian	:53	1:09	1:02	1:15	2:35	:18	1:01	1:45	DNR	1:14.7
Maltas	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	
Nelson	4:30	5:00	5:03	5:51	5:30	5:16	5:40	DNR	DNR	5:15.7
Renjifo	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	
Schmeckpeper	:00	:00	:00	:00	:00	:00	:00	:00	:00	0:00
Stoddard	3:48	3:33	SICK	4:02	4:15	3:16	3:11	DNR	DNR	3:40.8

FINAL TEAM RANKINGS

NAME	PLACE	SCORE	DELTA	SCORE	# OF MEETS	SCORE	TOTAL	OVERALL RANK
Alvarez	13	14	4:08.3	14	3	7	35	15
Anderson	3.25	2	1:05.4	2	8	2	6	2
Berberian	10.67	12	2:42.7	12	6	4	28	11
Brewer	3.87	4	1:11.6	4	8	2	10	4
Brulois	3.5	3	1:06.7	3	8	2	8	3
Bryant	8.5	9	2:13.5	9	4	6	24	10
Constantinou	9.75	11	2:39.7	11	4	6	28	11
DiGenova	8.57	10	2:13.9	10	7	3	23	9
Driver	7.37	7	1:56	7	8	2	16	7
Dudley	8.29	8	2:05.9	8	7	3	19	8
Fidkowski	6.37	6	1:46.2	6	8	2	14	6
Hendley	14	16	6:12.6	16	5	5	37	16
Khatchadourian	4.37	5	1:14.7	5	8	2	12	5
Nelson	13.57	15	5:15.7	15	7	3	33	14
Schmeckpeper	1	1	0:00.0	1	9	1	3	1
Stoddard	12.17	13	3:40.8	13	6	4	30	13

INDOOR TRACK**RECORD**

Won 8, Lost 2

MIT

139

176

123

144

OPPONENT

Bates 125, Coast Guard 87

Williams 225.5, RPI 155, Westfield State 33.5

Tufts 133, Bowdoin 118

Harvard 116, Bentley 95, Brandeis 80

VARSITY SCORING & ROSTER

Brian Anderson*	'04	60.25	Josh Chartier	'06	11	Robby Bryant	'07	02
Uzoma Orji	'06	54	Jonathan Hsieh	'07	11	Shiva Ramesh	'05	01
Zach Traina*	'05	46	Eric Khatchadourian	'06	10	Chris Tostado	'06	01
Nestor Hernandez	'05	41	Sam Berberian	'07	07	Olumakinde Adeagbo	'07	
Matt Lehman	'04	36.25	Bo Feng	'07	07	Francisco Cruz	'04	
Chris Khan	'04	36	John Brewer	'05	06.75	Ian Driver	'05	
Ben Schmeckpeper*	'05	30	Jesse Alejandro	'05	06.5	Spencer Dudley	'07	
Fivos Constantinou	'06	27.25	Nate Ball	'05	05	Tanis Fidelholtz	'04	
David Blau	'06	24.25	Steve Kannan	'06	04.75	Chris Fidkowski	'06	
Jesse Collins	'06	19.75	Imran Hendley	'06	03.75	Stefanos Koullias	'07	
Thad Wozniak	'06	19.25	Kevin Brulois	'07	03	Ulzie Rea	'07	
Steve Stoddard	'06	17.25	Kevin DiGenova	'07	03	Carlos Renjifo	'04	
Marcus Carson	'07	15	Chris Bateman	'07	02			

* Captain

CHAMPIONSHIPS**Greater Boston Championship (GBC) (1st) 144 points**

Brian Anderson	Mile	4:11.87 (1st)
Brian Anderson	800	1:52.88 (1st)
Marcus Carson	60 HH	9.06 (1st)
Josh Chartier	Pole Vault	13-05 3/4 (1st)
Uzoma Orji	Weight Throw	58-01 3/4 (1st)
Uzoma Orji	Shot Put	55-3 (1st)
Ben Schmeckpeper	5000	15:05.60 (1st)
David Blau	200	22.98 (2nd)
Jonathan Hsieh	Triple Jump	38-11 (2nd)
Thad Wozniak	Long Jump	18-06 1/2 (2nd)
Wozniak, Collins	Mile Relay	3:27.60 (2nd)
Alejandro, Anderson		
Constantinou, Kannan	DMR	11:00.69 (2nd)
Stoddard, Khatchadourian		
David Blau	60	7.22 (3rd)
Chris Bateman	High Jump	5-03 1/4 (4th)
Marcus Carson	Long Jump	17-04 1/2 (4th)
Chris Khan	Shot Put	48-08 (4th)
Steve Stoddard	800	2:04.71(4th)
Chris Bateman	Long Jump	17-02 3/4 (5th)
Fivos Constantinou	Mile	4:24.13 (5th)
Jonathan Hsieh	200	23.90 (5th)
Tanis Fidelholtz	Weight Throw	33-05 3/4 (5th)
Kevin Brulois	5000	16:03.76 (6th)
Francisco Cruz	Shot Put	40-02 (6th)
Francisco Cruz	Weight Throw	28-02 1/4 (6th)
Carlos Renjifo	Mile	4:27.48 (6th)

New England Division 3 (NE Div. 3) (4th) 73 points

Brian Anderson	1000	2:29.45 (1st)
Uzoma Orji	Shot Put	57-01 (1st)
Uzoma Orji	Weight Throw	57-00 3/4 (1st)
Brian Anderson	1500	3:57.66 (2nd)
Chris Khan	Shot Put	51-02 1/4 (3rd)
Chris Khan	Weight Throw	55-01 1/2 (3rd)
Zach Traina	200	22.61 (3rd)
Ben Schmeckpeper	5000	14:51.96 (4th)
Thad Wozniak	Pentathlon	2735(4th)
Marcus Carson	Pentathlon	2540 (6th)
Josh Chartier	Pole Vault	13-09 1/2 (6th)
Fidkowski, Wozniak,	DMR	10:36.15 (8th)
Khatchadourian, Renjifo		

New England Intercollegiate Amateur Athletic Association (NEIAAA) (11th) 23 points

Uzoma Orji	Shot Put	57-03 1/2 (1st)
Uzoma Orji	Weight Throw	58-05 1/4 (1st)
Brian Anderson	800	1:53.19 (8th)
Chris Khan	Shot Put	49-03 1/2 (8th)
Ben Schmeckpeper	5000	14:39.81 (8th)

Intercollegiate Athletic Association of Amateur Athletics (IC4A) (25th) 10 points

Uzoma Orji	Shot Put	57-07 (2nd)
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MIT Track & CC News

Uzoma Orji	Weight Throw	57-09 1/2 (7th)
National Collegiate Athletic Association (NCAA) (11th) 14 points		
Uzoma Orji	Shot Put	59-06 1/4 (1st)
Uzoma Orji	Weight Throw	60-03 3/4 (5th)

BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>
Weight Throw	Uzoma Orji	60-03 3/4
	Chris Khan	55-01 1/2
Shot Put	Uzoma Orji	59-06 1/4 *
	Chris Khan	51-02 1/4
Long Jump	Nestor Hernandez	22-00 3/4
	Thad Wozniak	19-03 1/2
Triple Jump	Zach Traina	40-06 3/4
	Jonathan Hsieh	39-04
Pole Vault	Nathan Ball	15-05 1/2
	Josh Chartier	14-01
High Jump	Chris Bateman	5-06
	Thad Wozniak	5-05 3/4
55HH	Marcus Carson	8.28
	Bo Feng	8.55
55	Zach Traina	6.67
	David Blau	6.75
200	Zach Traina	22.38
	David Blau	22.79
400	Matt Lehman	51.06
	Jesse Collins	52.51
600	Jesse Collins	1:25.02
	Steve Kannan	1:28.73
800	Brian Anderson	1:52.88
	Steve Stoddard	2:02.06
1000	Brian Anderson	2:29.45
	Fivos Constantinou	2:37.76
1500	Brian Anderson	3:57.18
	Ben Schmeckpeper	4:09.61
Mile	Brian Anderson	4:10.11
	Fivos Constantinou	4:24.13
3000	Ben Schmeckpeper	8:30.85
	Eric Khatchadourian	8:58.56
5000	Ben Schmeckpeper	14:39.81
	Kevin Brulois	15:53.78
1600R	Wozniak, Collins,	3:26.50
	Alejandro, Anderson	
3200R	Brewer, Stoddard	8:05.61
	Constantinou, Anderson	
DMR	Fidkowski, Wozniak	10:36.15
	Khatchadourian, Renjifo	
Pentathlon	Thad Wozniak	2735
	Marcus Carson	2540

* Varsity Record

OUTDOOR TRACK

RECORD

Won 1, Lost 4

MIT

122.5
125

OPPONENT

RPI 225.5, WPI 55
UMass Lowell 196, Tufts 172, Bowdoin 165

VARSITY SCORING & ROSTER

Uzoma Orji	'06 33	Chris Fidkowski	'G 08	Kevin DiGenova	'07 01
Zach Traina*	'05 31.75	Stuart Laval	'G 08	Olumakinde Adeagbo	'07
John Brewer	'05 17	Jesse Collins	'06 07.25	Brian Anderson*	'04
Nate Ball	'05 16	Jonathan Hsieh	'07 06.75	Sam Berberian	'07
Carlos Renjifo	'04 16	Chris Bateman	'07 05.5	Spencer Dudley	'07
David Blau	'06 14.75	Kevin Brulois	'07 05	Estanislao Fidelholtz	'04
Thad Wozniak	'06 13.25	Nestor Hernandez	'05 05	Tom Hoover	'05
Ben Schmeckpeper*	'05 12	Robby Bryant	'07 04	Antone Jain	'07
Marcus Carson	'07 09.75	Ian Driver	'05 04	Stefanos Koullias	'07
Josh Chartier	'06 09	Steve Kannan	'06 01.25	Ulzie Rea	'07
Fivos Constantinou	'06 09	Chris Tostado	'06 01.25	Steve Stoddard	'06
Eric Khatchadourian	'06 09				

* Captain

MIT Track & CC News

CHAMPIONSHIPS

New England Women's and Men's Athletic Conference Championship (NEWMAC) (1st) 178 points

Nathan Ball	Pole Vault	13-03(1st)
Uzoma Orji	Discus	1151-10(1st)
Uzoma Orji	Hammer	176-04 (1st)
Uzoma Orji	Shot Put	56-11 1/4 (1st)
Carlos Renjifo	3000 Steeplechase	9:56.53(1st)
Zach Traina	200	22.41 (1st)
Makinde Adeagbo	Triple Jump	42-04 3/4 (2nd)
Brian Anderson	1500	4:12.66 (2nd)
Spencer Dudley	10,000	33:48.68 (2nd)
Chris Fidkowski	3000 Steeplechase	9:59.32 (2nd)
Nestor Hernandez	Pole Vault	12-09 (2nd)
Ben Schmeckpeper	5000	16:06.64 (2nd)
Zach Traina	100	10.95 (2nd)
Kevin Brulois	5000	16:11.49 (3rd)
Robby Bryant	3000 Steeplechase	10:02.19 (3rd)
Josh Chartier	Pole Vault	12-09 (3rd)
Ian Driver	10,000	34:15.24 (3rd)
Stuart Laval	Long Jump	20-11 3/4 (3rd)
Zach Traina, Marcus Carson, Jonathan Hsieh, David Blau	400 Relay	43.70 (3rd)
Marcus Carson	110HH	16.52 (4th)
Nestor Hernandez	Long Jump	20-05 1/4 (4th)
Eric Khatchadourian	5000	16:20.16 (4th)
Carlos Renjifo	800	2:00.96 (4th)
Ben Schmeckpeper	1500	4:14.20 (4th)
John Brewer	1500	4:14.23 (5th)
Thad Wozniak	110HH	16.78 (5th)
Chris Bateman	High Jump	5-05 (6th)
Thad Wozniak	Long Jump	19-11 (6th)

New England Division 3 (NE Div. 3) (3rd) 68 points

Uzoma Orji	Shot Put	55-01 (1st)
Nate Ball	Pole Vault	15-06 1/4 (2nd)
Zach Traina, Marcus Carson, Jonathan Hsieh, David Blau	400 Relay	43.13 (2nd)
Zach Traina	200	21.87 (2nd)
Ben Schmeckpeper	3000 Steeplechase	9:39.40 (3rd)
Thad Wozniak	Decathlon	5595 (3rd)
Chris Fidkowski	3000 Steeplechase	9:42.02 (4th)
Zach Traina	100	11.16 (4th)
Eric Khatchadourian	10,000	33:46.76 (5th)
Uzoma Orji	Hammer	168-01 (5th)
Nestor Hernandez	Pole Vault	14-00 1/2 (7th)
Carlos Renjifo	3000 Steeplechase	9:55.03 (7th)

New England Intercollegiate Amateur Athletic Association (NEIAAA) (17th) 19 points

Uzoma Orji	Shot Put	56-10 (3rd)
Eric Khatchadourian	10,000	32:18.90 (5th)
Uzoma Orji	Hammer	176-08 (5th)
Ben Schmeckpeper	3000 Steeplechase	9:28.26 (6th)
Zach Traina	200	22.35 (7th)

National Collegiate Athletic Association (NCAA) (36th - tie) 8 points

Uzoma Orji	Shot Put	58-10 1/4 (2nd)
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BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>
Hammer Throw	Uzoma Orji	177-10
	Tanis Fidelholtz	109-04
Shot Put	Uzoma Orji	58-10 1/4*
	Thad Wozniak	33-06
Discus	Uzoma Orji	154-05
	Thad Wozniak	93-08
Javelin	Thad Wozniak	144-07
Long Jump	Stuart Laval	20-11 3/4
	Nestor Hernandez	20-05 1/4
Triple Jump	Makinde Adeagbo	42-04 3/4
Pole Vault	Nathan Ball	15-10 1/2
	Nestor Hernandez	14-001/2
High Jump	Thad Wozniak	5-05 1/4
	Chris Bateman	5-05
110HH	Thad Wozniak	16.33
	Marcus Carson	16.52
100	Zach Traina	10.92
	David Blau	11.24
200	Zach Traina	21.81

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400	David Blau	22.85
	Jesse Collins	51.37
	Thad Wozniak	51.73
400IH	Steve Kannan	61.18
800	Brian Anderson	1:56.33
	Carlos Renjifo	1:59.02
1500	John Brewer	4:02.89
	Fivos Constantinou	4:09.29
3000SC	Ben Schmeckpeper	9:28.26
	Chris Fidkowski	9:33.88
5000	Ben Schmeckpeper	15:32.40
	Kevin Brulois	15:35.41
10,000	Eric Khatchadourian	32:18.90
	Kevin Brulois	32:55.21
400R	Traina, Carson,	43.13
	Hsieh, Blau	
1600R	Collins, Wozniak	3:33.95
	Kannan, Tostado	
Decathlon	Thad Wozniak	5595

* Varsity Record

2004-2005 SCHEDULES

CROSS COUNTRY

9/4	ALUMNI	HOME*
9/11	ENGINEER'S CUP	WPI
9/18	UMASS DARTMOUTH INV.	UMASS DARTMOUTH
10/1	EAU CLAIRE INVITATIONAL	UNIVERSITY OF WISCONSIN
10/8	NEIAAA CHAMP.	FRANKLIN PARK
10/16	TWIN BROOK INVITATIONAL	UNIV. OF SOUTHERN MAINE
10/30	NEWMAC CHAMPIONSHIP	COAST GUARD ACADEMY
11/13	NCAA DIV. III QUALIFIER	UNIV. OF SOUTHERN MAINE
11/20	NCAA DIV. III CHAMP.	UNIVERSITY OF WISCONSIN

*HOME MEETS ARE RUN AT FRANKLIN PARK

INDOOR TRACK

12/11	INTRASQUAD	HOME
1/8	ALUMNI	HOME
1/15	BATES, COAST GUARD	COAST GUARD
1/22	WILLIAMS, RPI, WESTFIELD ST.	HOME
1/29	BOWDOIN, SPRINGFIELD, TUFTS	BOWDOIN
2/5	GBC OR TBA	TBA
2/12	MIT COED INVITATIONAL	HOME
2/12	FASTRACK INVITATIONAL	BOSTON UNIV.
2/18-19	NE DIV. III CHAMP.	TUFTS
2/25-26	NEIAAA CHAMP.	BOSTON UNIV.
3/4-5	ECAC CHAMP.	HOME
3/5-6	IC4A CHAMP.	BOSTON UNIV.
3/11-12	NCAA DIV. III CHAMP.	IL WESLEYAN

OUTDOOR TRACK

3/25-26	SPRING TRIP MEET	TBA
4/2	TBA	TBA
4/9	ENGINEER'S CUP	WPI
4/16	BOWDOIN, UMASS-LOWELL	HOME
4/20	HOLY CROSS DECATHLON	HOLY CROSS
4/23	MIT COED INVITATIONAL	HOME
4/30	NEWMAC CHAMP.	WPI
5/5-7	NE DIV. III CHAMP.	HOME
5/13-14	NEIAAA CHAMP.	WILLIAMS
5/20-21	ECAC DIV. III CHAMP.	HOME
5/26-28	NCAA DIV. III CHAMP.	TBA

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 77 Massachusetts Avenue
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In This Issue

Harriers Stretch NEWMAC Victory Streak to Six.....	p. 1
Indoors: Orji Wins NCAA Shot During Rebuilding Year	p. 1
Outdoors: MIT Wins Fourth Consecutive NEWMAC Title	p. 2
All New Assistants for 2004-2005	p. 4
Gordon Kelly is Honored at 42nd Anniversary Dinner.....	p. 5
Gifts from the Friends of MIT Track and Cross Country.....	p. 6
"Giving Back"	p. 6
Century Club 2003-2004	p. 7
Pole Vaulter Journeys – Egypt.....	p. 8
Season Statistics	
Cross Country	p. 10
Indoor Track.....	p. 12
Outdoor Track	p. 13
2004-2005 Schedules.....	p. 15

Mark Your Calendar

Varsity / Alumni Cross Country Meet	Franklin Park	September 4, 2004
Varsity / Alumni Track Meet	MIT Johnson A.C.	January 8, 2005