

# MIT Track & CC News

Newsletter for the Friends of MIT Track and Cross Country

Number 59 - August 2000

## Editor's Message

As the 2000-2001 year begins, we're looking forward to some exciting changes, both on and off the track. Renovation of the indoor and outdoor facilities has already begun, and, as you can see, the newsletter also has a new look. Coach Taylor has continued to expand his excellent meet coverage. If you're not already on the list to receive his weekly e-mail reports

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## All Three Teams Post Undefeated Seasons

The year for MIT Cross Country and Track could not have been much better. For the first time in quite a while, the program saw undefeated regular seasons in all three sports (cross country 4-0, indoor track 15-0, outdoor track 8-0). Despite 2 major injuries in the top 5 (Ed Keehr '01, and Phil Loiselle '01), the cross country team had some key



Sean Montgomery and Dan Feldman on their way to a 1,3 finish in the 1500m in Quad Cup #4 at Tufts.

the top 5 still managed to finish within 45 seconds of each other to help themselves to a 14th place finish. Dan Feldman '02, led the team at Nationals as he had done all season with a 44th place finish overall in 24:44. Sean

*"Next year promises to be even better if this is imaginable."  
Coach Taylor*

individuals step up to lead the team to the National Championships. Even though the group went out harder than they planned,

Montgomery '01 responded well despite his low mileage, finishing :25 behind in 95th position.

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## Major Renovations in Store for Both Indoor and Outdoor Facilities



The outdoor track is being widened to 8 lanes and surfaced with Mondo 14mm Super X Performance.

The long-awaited renovations of both the indoor and outdoor track facilities are taking place this summer. Work on the indoor facility should be finished by the time you receive this newsletter, and the outdoor work is scheduled for completion by the end of October.

The outdoor track is being widened to 8 lanes (alternating red and gray in color) of Mondo 14mm Super X Performance, and

the common finish is being moved to the opposite end, both to take advantage of wind and to have the same finish as the steeplechase. The steeplechase barriers and water jump are being redone to accommodate the women's event. Another long jump/triple jump facility is being added so that both men's and women's competition can be going on simultaneously in the same direction, and another pole

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## Beth Castagno Joins Mike Cleaves on Coaching Staff

Given the limited funding for assistant coaches and the fact that only part-time hires are permitted, the pool for qualified candidates tends to be very small and the attrition rate very large. Last year's jumps coach, Gordon Spaeth moved to Vermont to join his wife in a business they have started. Replacing Gordon, who was a former decathlete, was quite a task. The new assistant is Beth Castagno, a recent graduate from Wheaton College (MA) and Division III National High Jump Champion. She is a

6-time NCAA All-American, including the National Title this past outdoor season, helping her team win 2 NCAA Indoor Track Titles. She qualified for the US Indoor National Championship and just missed qualifying for the Olympic Trials. Her personal best is 5-11 1/2.

Beth is from Glendora, NJ. She graduated with a degree in English Writing Literature and will be starting her Masters program at BU in Broadcast Communications this fall.

Returning for his third season is Mike Cleaves. Mike did a very good

job for what little he had to work with the last two years. Mike spent most of his time on the multi-event guys in the throwing events as we only had one weight thrower, who also happened to be our only shot putter and our best decathlete. Mike should be sufficiently challenged this coming year as we have a 170+ discus thrower (high school disc), and a 165+ hammer thrower (college hammer) coming in as freshmen this year.

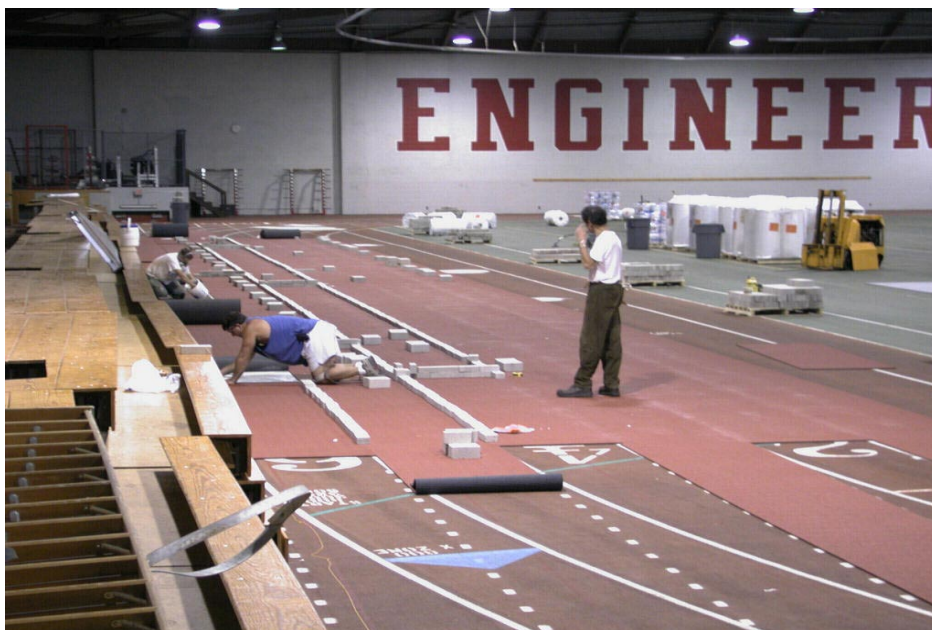
## Renovations for both Indoor and Outdoor Facilities

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vault runway is being added for the same reason. The High Jump area will be expanded to a full D, and a full D is being put on the other end to better help the high jumpers. The discus circle is being moved to the east end to take advantage of the headwind, and an additional javelin runway is being put in to allow throwing from either end. The shot put area is also being reconfigured to allow for two circles and landing areas.

To go along with the new construction, about \$100,000 worth of new equipment (pits, hurdles, photo-finish camera, etc.) is being purchased. If additional funding now being sought is obtained, the spectator stands will also be replaced.

Indoors, an additional 12mm of Mondo Super X Performance is being added to what is currently on the track, and it will have lane markings and finish line equipment wiring to allow for the sprint and hurdles to be run on either side of the track. There is to be a second pole vault box and pit for practice purposes, and a second throwing



An additional 12 mm layer of Mondo Super X Performance is being added to the indoor track.

area will be added by moving them to the corner of the infield, facing an angle towards the opposite straightway. The new throwing circles will now be flush with the infield surface, instead of sitting on top of it as was previously the case. As with the outdoor facility, there

are additional improvements planned that are dependent on obtaining more funding. These include a second long jump/triple jump area, a new electronic up/down curtain system, and improvements to the sound and heating systems.

## CC, Indoor, and Outdoor Teams All Undefeated

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Chris McGuire '00 was only 5 seconds behind Sean as he fell behind in the homestretch. Finishing together in 25:29 were Liyan Guo '01 and Chris Testa '03 to round out the top 5. Frank Johnston '00 and Sean Nolan '03 finished 6th and 7th respectively for us. Dan Feldman was named MVP for the season by his teammates.

While we were looking to the upperclassmen to lead the way in cross country, we were hoping the freshmen would ignite the fire in Indoor Track and Field. A great freshman class of jumpers and multi-eventers was just what we needed to fill the big shoes of Ravi Sastry. Rick Rajter '03 and Craig Mielcarz '03 went 1-2 on the team in scoring, leading the freshmen to score 310 points, just 23 points behind the junior class. In the New England Division III Championship, which we won for the first time since 1990, the freshmen scored 41 1/2 of the



MIT and Tufts battle it out in the Steeple at the second quad meet of the outdoor season. MIT picked up 16 points here to Tufts' 15.

team's 112 points.

The most exciting meet during the season, besides the New England Division III Championship, was the final regular season meet at Tufts vs. Tufts, Springfield and Wesleyan. Tufts was undefeated, as were we. Not only were the Jumbos undefeated, but they were also hoping to celebrate finishing the inaugural season of their new indoor track undefeated. This was a battle that had all the buildup and makings of the 1983 matchup for those of you who were there for that epic battle. Only this time, the outcome was different as we

pulled it out by a score of 213 to 197. To get the full story, check out <http://web.mit.edu/hwtaylor/mtfxc/indoor/99-00/quad4.art.html>.

Rick Rajter was named team MVP and Sean Montgomery earned All America honors for his 5th place finish in the 1500 at Nationals.

Beginning with a very rewarding spring trip to California, the Outdoor Track and Field team continued the winning ways of the indoor team. The regular season witnessed remarkable wins against RPI, Bowdoin, Tufts, and UMass/Lowell. Rick Rajter went down early with a season ending stress fracture and Dan Feldman elected not to run Outdoor Track in favor of the Boston Marathon, forcing the team to step up and find a way to do it without them. This worked for the regular season, but was just too much adversity for the Championships.

Springfield College had too many good throwers for MIT and the rest of New England as they won both the NEWMAC and New England Division III Titles. We finished 2nd at the NEWMAC Championships and probably could not have won even with everyone healthy and on the team as Springfield was too tough at home.

At Nationals, Chris McGuire put an exclamation mark on a great

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Reid Andersen, Yuval Mazor, and Alan Raphael running together in the tri-meet with Bates and Tufts, which MIT won by a slim 1 point margin.

# All Three Teams Post Undefeated Seasons

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career as he finished 5th in the 10K with a 30:41.98 PR. The MVP for the season was Sean Montgomery as he set a new varsity record in the 1500 with a 3:50.25. Craig Mielcarz was voted Freshman Athlete of the Year at MIT by the coaches and set a new freshman record in the High Jump of 6-08. Craig also led the team in scoring with 58 points. Chris McGuire won the Paul McKenzie Award.

Next year promises to be even better if this is imaginable. The Cross Country team is only losing 2 to graduation, while the indoor and outdoor teams are only losing 3 guys each. 5000 record holder Mark Strauss is expected to return



Craig Mielcarz clinches victory with a 6-6 clearance in the HJ at Tufts.

to all three teams, as is Sam Thibault in the Pole Vault. With the team basically returning intact, the addition of some remarkable freshman talent should promise continued dominance for a couple more years.

Top recruits are:

Brian Anderson  
800 — 1:53, 1600 — 4:15

Chris Khan  
Discus — 173'

Chris Leung  
100 — 11.14, 200 — 22.74

Marios Michalakis  
Hammer — 160' (16lb.)

Russell Moriarity  
110HH — 14.91, 400IH — 55.91

David Shearer  
Triple Jump — 44'

# Alumni Donations Can Keep Our Teams Going Strong

Thanks to everyone who contributed this year to the Men's Cross Country and Track and Field programs. The donations from alumni totaled \$15,422.50, with 68 donors giving \$100 or more.

Many of you have probably heard that athletic budgets were pretty lean last year, and the policies implemented to control spending resulted in roster and travel-team limitations in a number of sports. Despite the fact that MIT is known for academic rather than athletic excellence, many students and alumni consider the benefits they gained from participation on MIT athletic teams to be equal to or greater than those afforded by their academic endeavors. It would be a real tragedy if those benefits were lost to future students due to waning of interest within the administration and lack of action by alumni. By supporting our teams financially, we can provide a double boost for the program. The

immediate benefit is providing money to maintain and increase the quality of this year's programs, but an additional longer term effect is to show the Institute that we really feel these programs are important.

The level of donations has been staying level for quite a few years now, but expenses, like plane fares for trips, continue to rise. We would like to increase our effort this year to get those alumni out there who haven't contributed in the past to join in supporting the teams, and to appeal to those who are regular contributors to think about increasing their donation. Each January, the Athletic Department, in concert with the Alumni Office, arranges a phonathon for the explicit purpose of raising money for the annual spring trip. A mailing precedes the call so those who wish to respond without being called can do so.

It's been a number of years now since the "Century Club" was

instituted to recognize those who contributed at the \$100 level or above, and now is a good time to look at \$200 as the new standard. Coach Taylor had to come up with some extra money last year to allow all the deserving athletes to make the Spring trip, but that means he's starting this year a bit behind. If the team is going to be able to take advantage of their current connections to make the trip to Greece this year, they'll need all the financial support they can get. As Coach Taylor mentioned in last year's newsletter, we would like to build an endowment so that the Spring trip would be permanently funded. If there is anyone out there who has the means, and is looking for a way to make a really meaningful contribution that will continue to be appreciated year after year, endowing a "spot" on the Spring trip would be a great way to do it. A contribution of \$20,000 would

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## From the Alumni....

### (Still) Learning Lessons the Hard Way

by Don Shobrys '75

Less than two weeks before knee surgery, I am writing this article because Pat asked for my thoughts on how masters runners can keep running. My current medical condition leads to

#### **Lesson Number 1:**

*It is easier to know what's sensible than to do it.*

First, some background to put my experience in perspective. I am not a gifted runner. I lettered in high school, but my running at MIT was at the JV level. I am also not built like a typical runner. I came to

MIT at 5' 11" and 155 pounds and left at 6'4" and 190 pounds (crew would have been a better choice).

I had the running bug, and continued to run after I left MIT. Over time, as my peers shifted focus to more sensible activities, I found I could place in local road races. As a masters runner in New Jersey, I ran on a club team that participated in a series of championship races held each year. Also, I developed practices that let me be competitive at relatively low weekly mileage (< 30 miles). My current status is probably due to abandoning some of those practices.

One way to run well on low mileage is to substitute another

aerobic activity for more miles. This leads to

#### **Lesson Number 2:**

*Cross train to become proficient in some other aerobic activity.*

Training with another aerobic activity 2 or 3 times a week has multiple benefits. As we age our professional activities become increasingly sedentary, so we neglect body parts not used for running. This can create muscle imbalances that result in injuries. Much of the wear and tear from running is related to the pounding you get on the roads. You avoid this pounding when you cycle,

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### Recruiting - How We Can Help

by Chuck Van Buren '98

Dear Has-Beens,

Since our graduating in 1998, Rich Rosalez and I have been working on a recruiting effort. The idea came to me when I was looking at my high school track team's web site. I realized that there existed the potential for a strong alumni influence on recruiting. As alumni, we could continue contributing to a team and the people that gave us so much.

A primary obstacle for us, and anyone who takes on the role of recruiting, is that we become representatives of MIT, and as such must follow the myriad rules put forth by the NCAA to keep recruiting efforts under control. Thus, any recruiting efforts must be given the okay by Halston Taylor

since, as the coach, he is the person who the NCAA would come back to if any violations were to occur. Some guidelines and definitions can be found on the NCAA web page at <http://www.ncaa.org/eligibility/cbsa/div3recruiting.html>, but if in doubt please contact Coach Taylor. Of particular note: perspective student/athletes may not be contacted until the completion of their junior year.

Having said this, our plans were simple. Rich and I would start with the areas to which we were relocating and expand, as we saw some success, to other areas of the country with alumni presence. Our main efforts were focused on a recruiting letter to coaches. The letter would simply state our position, describe MIT and the program, and ask them to pass the information on to their athletes.

Our intent was to slowly build a foundation for a larger alumni recruiting effort. Our expectations were realistic. The goals we set were Exposure, Percentages, and Personal Contact.

We feel that MIT's Track and Field and Cross-Country program does not have the exposure it needs. Exposure would be good for many reasons, and in terms of recruiting, greater overall exposure would increase the number of athletically talented applicants. With Coach Taylor's limited resources, he is only able to reach athletes at a certain point in their decision process. His pool of recruits is limited to the athletes who have already applied to the Institute. If high school athletes were aware of our program prior to the college application period, their

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## ...Lessons Learned

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swim, or row. Also, if you are proficient in other activities, you can back off from running and still maintain your fitness when an injury first crops up.

How was I stupid in this regard? I had always combined rowing and cycling with running, but I backed off on cross training to focus on more miles and more high intensity workouts. Then, when the knee problem started, I was hesitant about substituting rowing or cycling for running workouts. This leads us to

### **Lesson Number 3.**

*Limit your high intensity workouts.*

In 1999 I joined the weekly track workouts held by my running club. These were mixed workouts – men and women, open and master's runners – grouped by target workout times. They also were

highly competitive. Despite my firm resolve not to run myself into the ground (and my practice of running at the back of our group), I invariably ran way faster than I wanted to.

We all remember the workouts we ran in the past. Unfortunately, we are now constrained by the bodies we have in the present. You may still have enough speed to do intervals with runners half your age, but their bodies recover more rapidly. Over the course of the year, several good masters runners that were new to the club put themselves out of commission by trying to stay with the fast group through an entire workout.

In the past, I had done workouts on my own to control their intensity. Doing group workouts was a lot more fun, but it would have been smarter to reduce the number of intervals, or run the workouts on a

biweekly basis.

The high intensity workouts caused me to violate

### **Lesson Number 4.**

*Do weight work on your legs to prevent injuries.*

The track workouts took such a toll on my legs that I became erratic about lifting on my legs. I started a regular routine of quadriceps extensions and hamstring curls 15 years ago in response to knee problems, and the weight work kept the knee problems from recurring. Strong leg muscles stabilize joints, and absorb shock more effectively.

I closed the racing season with some good performances, including winning my age group in a couple of races. I was pumped up about running, and thinking about trying a

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## ...Recruiting

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senior year, we feel that we could both increase the programs recognition and increase the number of high school Track and Field and Cross-Country applicants each year.

One thing that Rich Rosalez emphasized was the percentages. Rich spent time working for the admissions office during his years at school. He saw that a small percentage of the applicants at MIT were high school Track and Field and Cross-Country athletes, a small percentage of that group would meet the admissions criteria, and a percentage of those accepted might not choose MIT. He and I also considered the attrition rate during the first year of school as athletes decide they can't handle both academics and athletics. We also considered the

percentage of those athletes who would be super-stars. Super-stars are those athletes who have already shown real talent and accomplishment in high school. Those are the athletes that might make a huge difference in winning championship meets. We feel that if we increase that first percentage, the other percentages would remain the same. As a result the absolute number of talented athletes, who meet admission requirements and actually participate on the team, would increase over time.

As we thought more about it, we also realized that high school athletes might be interested in meeting alumni of the program. As alumni, everything we do, where we are in our lives, and our continued participation in the program and the sport in general reflects well upon Track and Field and Cross-Country

at MIT. At the very least, we feel that our willingness to meet with interested athletes would leave a good impression with them.

As for the current status of our efforts. Rich Rosalez and I mailed out our first letter on the day of the 1999 Cross-Country Alumni meet. This trial run was limited to the Fairfax County area in Northern Virginia. The response, as expected, has been little to nothing. The problem lies in the impersonal nature of a letter. Many coaches are too busy to find the time to read, much less respond to, the letter. I know because I coached for a year at Falls Church High School and received a few recruiting letters myself. I feel that we lack the personal interaction at the coaching level. As a result, our next letter will be followed up with a phone call to

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## ...Lessons Learned

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marathon. This led me to forget

### **Lesson Number 5.**

*Rest after the racing season.*

Instead of backing off and letting my body recover after the 10 miler that closed out the season, I started pushing up my mileage. This gave the mild ache in my right knee the opportunity to morph into intense pain.

If one is going to be stupid about running, there is some comfort to be gained from faster times. The bottom line is that my stupidity slowed me down in addition to leading to injury. Across the board, from 5K to a half marathon, I ran significantly faster in the previous year when I ran fewer miles, cross trained regularly, did fewer intervals in slower times, and weightlifted on my legs regularly.

We are all different, and what worked for me may not work for you. These thoughts are offered in the hope that they may save you some pain and aggravation along the way.

*(Editor's note: After submitting his article, Don visited with Frank Richardson in Boulder, Colorado. and sent me this account of his discussion with Frank. "Frank ran at a high level before, during, and after his time at MIT. He won the high school 2-mile at the Drake Relays, had Div. III championships in XC and the 10,000 meters (10th in the Div. I 10,000 just ahead of Henry Rono), took 1980 National Marathon title, was 4th at New York, won at Chicago, and was 10th at the Olympic Trials on a bad hamstring.*

*He recently saw his high school*

*coach and the coach that worked with him after MIT. Both felt they had worked him too hard, and that he would have had better results if they backed off. Frank says that in his senior year at MIT, when he won the Div. III XC and 10K titles, he kept his legs fresh through the season with a gradual taper to the championship meets.*

*There seems to be something to getting better results by backing off from the maximum level of training that you can sustain.*

*Frank had back problems from a car accident that hampered him at MIT. Ironically, his post collegiate running seems to have aggravated his problems and he no longer runs."*

*On July 25, just about a week after he got home from Colorado, Don went in for his knee surgery. He was impressed by the facility and the doctor and felt things went well. He'll be on crutches for 6 weeks, and I expect it will be a while after that until he can determine the long-term effect on his running. Best wishes for a speedy and complete recovery, Don! )*

## ...Recruiting

*(Continued from page 6)*

confirm that they in fact received and read the letter.

So far, we have accomplished one of our goals (if only minimally). We have increased MIT Track and Field and Cross-Country's exposure and will continue to do so. We plan on sending out the same letter this fall with an additional insert touting MIT's most recent successes. We feel that turnover of high school coaches necessitates our repeating the same message. In addition, the insert will add something new that might have been missing before. This season, we will expand our efforts to the New York City area and all of the greater Washington DC areas.

Please feel free to contact us with any questions. We are looking for alumni who would be interested in expanding the effort to another area this season. If you are interested in helping the effort,

please let us know your level of interest and any suggestions. I would be more than happy to send a copy of the letter to any alumni interested. In fact, we hope that all of the alumni recruiting efforts would deliver the same message.

You can use the following contact information to reach us:

Chuck Van Buren  
chuckvb@alum.mit.edu

1504 Vermont Ave NW #2  
Washington DC, 20005  
H 202-332-4855  
C 202-486-5436

Rich Rosalez  
rcr20@columbia.edu

Thanks for supporting the team and sticking together.

Chuck Van Buren

## ...Editor's Message

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send him a request (to hwtaylor@mit.edu) to add you. You can also view complete results, articles and photos for all the meets at the Track and Cross Country website. The direct URL for the site is: <http://web.mit.edu/hwtaylor/mtfxc/mtfxc.html>, or you can get there by following links from MIT's home page (some of them are a bit obscure, so once you find it, benchmark it). This fall we plan to start an interactive site to which any alumni can subscribe. It will contain a calendar of events,

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## ... Alumni Donations

(Continued from page 4)

permanently fund one position on the trip. Eventually we would like to have 20 positions endowed so that Spring trip funding would no longer be a concern. Endowing a spot on the trip is also a great way for groups to give. Maybe a class, or a number of guys who are close because they competed in the same event (like a group of vaulters, or a relay team) would like to chip in and sponsor a seat. All such efforts should be coordinated with Coach Taylor and the MIT administration.

No discussion of donations to the Track and Cross Country programs would be complete without a major expression of thanks to Don and Carol Shobrys for their generous gift. In

order to expedite the start of renovations, Don and Carol added significantly to their contribution of last year, bringing their total donation to \$288,000, and providing the major portion of the funding for the work being done on the indoor track and infield. Additional funding for the renovations is being solicited, with the donors yet to be named, but we wish to thank in advance everyone who has helped make these improvements possible.

Coach Taylor wishes to express his personal gratitude to all who contributed so generously this past year. Your gifts helped with schedule enhancement (alumni meets, and intrasquad meet), the Pre-national cross country trip to Wisconsin, the Spring Trip to California, and awards.

## Century Club (those giving \$100 or more)

Mr. David Afshartous '89  
Mr. Morio Alexander '96  
Mr. Edward Arenberg '85  
Dr. Barry Bayus '79  
Mr. Lewis Bender '81  
Mr. Clare Billing Jr. '73  
Mr. Gustav Blomquist '99  
Thomas Bohannon MD '80  
Dr. Frederick Bunke Jr. '78  
Mr. Todd Chamoy '98  
Mr. Jay Chiang '94  
Mr. Jonathan Claman '93  
Dr. John-Paul Clarke '91  
Mr. Daniel Corcoran III '94  
Mr. Eric Darling '71  
Mr. Christopher Demarco '80  
Mr. Gordon DeWitte '67  
Mr. David Dobos '77  
Mr. Mark Dunzo '91  
Mr. Hugh Ekberg '88  
Mr. Andrew Ferencz '87  
Mr. James Garcia '80  
Mr. Thomas Goddard '63  
Mr. John Golden Jr. '65  
Dr. Harley Grim '74  
Mr. William Heil Jr. '79  
Dr. Edward Hoffer '65  
Mr. Ching-Mao Hung '01  
Mr. Peter Hutzel '72  
Mr. Stanley Johnson '36  
Mr. John Kaufmann '73  
Capt. Stephen Keith '77  
Mr. David Kelman '99  
Dr. Max Klein '81

Mr. Joseph Kowalski '90  
Dr. John Krolewski '77  
Mr. Raymond Landis '62  
Mr. Albert Lau '72  
Mr. Joseph Levangie '67  
Mr. Michael Lyons '85  
Mr. Ted Manning '89  
Mr. Stanley Martin '77  
Mr. Ed Martin '85  
Mr. Antonio Morales-Pena 95  
Dr. Donald Morrison '61  
Mr. Christopher Perley '77  
Dr. Larry Petro '70  
Mr. Joseph Presing '84  
Dr. Jaxk Reeves '77  
Dr. Frank Richardson '77  
Dr. Donald Rosenfield '69  
Mrs. Nancy Liebman Rosenfield '71  
Mr. Matthew Sandholm '97  
Mr. James Scanlan '91  
Mr. Kevin Scannell '91  
Mr. Mark Schwartz '79  
Mr. Lawrence Schwoeri Jr. '66  
Dr. William Stewart '69  
Mr. Patrick Sullivan '71  
Dr. Katherine Dabulis Taylor '84  
Dr. Robert Tronnier '73  
Mr. John Usher '69  
Mr. Charles Van Buren '98  
Mr. Robert Walmsley '84  
Dr. Thomas Washington '92  
Dr. Robert Wesson '66  
Mr. David Wright Jr. '89  
Ms. Jennifer Yang '97

## Postal Competition

Its time for the second annual ALUMNI POSTAL MEET!!!!!! Send in times from any 5K race on a certified course. If you compete in other events, send your results in and we will post them.

The 5 kilometer road race has three divisions: sprinters/hurdles/jumpers, weight events, and distance runners. Each division has separate 10 year age groups for men and women (20 - 29, 30- 39, 40 - 49, 50 - 59, 60 - 69, 70 - 79, etc.) with awards to the top three in each age group in each division.

ENTER AS OFTEN AS YOU LIKE. Only your best time applies towards awards. The window for competition is April 1 through November 30. We will post intermediate results as they come in. Results will be tabulated during December, distributed to participants along with awards (last year people got snazzy hats), and posted at [web.mit.edu/hwtaylor/mtfxc/home.html](http://web.mit.edu/hwtaylor/mtfxc/home.html).

To enter, send the following information to [dshobrys@home.com](mailto:dshobrys@home.com), or mail entries to MIT Postal Meet, c/o Don Shobrys, 186 Blackburn Road, Summit, New Jersey 07901.

1. your name, class, and age
2. division in which you're competing (sprints/hurdles jumps, weights, or distance events),
3. name, location, and date of the race you ran
4. your time.

We look forward to hearing from you!

## ....Editor's Message

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meet results, announcements of interest, and a bulletin board for posting ongoing discussions. Be sure Coach Taylor has your e-mail address if you want to be notified when the site is available.

This year's Varsity-Alumni Track meet is scheduled for December 16 on the newly renovated indoor track at MIT. Whether you come to compete or cheer on your fellow alums, it's always great to see old friends and make new ones. Have a great year!

Pat Sullivan '71



# Season Statistics

## Cross Country

The first chart below contains the place (on the MIT team, not overall in the race) and time for each athlete in every meet run during the season. The second chart contains the deltas (the amount of time the athlete finished behind MIT's number one finisher) for each athlete in every meet. The third chart contains the final season ranking of all athletes on the team. The rank was computed as follows:

1. All the places for an athlete are averaged to get an average place for the season.
2. The place score is then obtained by determining how the athlete's average place compares to those of his teammates. The lowest average place thus receives a place score of 1, the highest a 19 (since there were 19 athletes who ran in at least one meet).
3. The delta score is computed just like the place score, only using all the deltas from the season rather than the places.
4. As some indication of dedication and commitment, the number of meets run by an athlete during the season was used to determine a third score, with the athlete running the most meets getting the lowest score. Two athletes running in the same number of meets would receive the same score.
5. The three scores are added for each athlete to get a composite score. The athletes are then given an overall rank based on that total, with the athlete who has the lowest composite score ranking first, the next lowest score second, etc.

(The notation "FP" used in the Places/Times and Deltas charts indicates that the athlete ran in a race at Fresh Pond instead of the scheduled intercollegiate meet. The weekly 5 and 10K races at Fresh Pond provided another means for athletes to sharpen their racing skills when they were unable to compete in a particular intercollegiate meet due to roster limitations.)

### PLACES/TIMES

MEET NAME	ALUMNI	RPI, WPI	BATES, TUFTS	CODFISH	BABSON	NAT. PREV.	NEIAAA	TUFTS INV.	NEWMAC	NE DIV III	NCAA DIV III	AVG. PLACE
ANDERSEN	17/30:32	15/30:06	14/31:10	FP-4/NT	INJ	DNR	INJ	DNR	INJ	DNR	DNR	15.33
BAILEY	19/30:49	14/30:05	15/31:13	FP-2/25:21	7/28:48	DNR	FP-3/17:30	10/29:37	DNR	DNR	DNR	13.00
FELDMAN	1/25:54	DNC	1/27:04	1/26:00	DNR	1/25:05	1/24:56	1/26:21	1/25:17	1/24:54	1/24:44	1.00
GUO	3/26:53	3/27:30	6/28:45	9/28:08	DNR	4/26:02	3/25:54	4/27:12	4/25:45	4/25:36	4/25:29	4.40
HANSON	14/29:41	12/29:29	11/30:35	DNR	4/28:18	DNR	FP-5/17:38	12/30:19	12/27:49	DNR	DNR	10.83
HU	13/29:36	13/29:40	13/30:58	FP-1/25:32	5/28:37	DNR	6/28:37	9/29:33	13/27:55	DNR	DNR	10.29
HUNG	INJ	INJ	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	—
JEUNETTE	12/29:02	11/29:15	INJ	ABSENT	2/28:01	DNR	DNR	SICK	SICK	DNR	DNR	8.33
JOHNSTON	6/27:49	6/27:52	5/28:41	7/27:24	DNR	5/26:14	5/26:18	5/27:21	6/26:15	5/26:09	6/26:06	5.60
KEEHR	2/26:43	1/26:53	2/27:49	2/26:39	DNR	2/25:40	2/25:45	DNR	3/25:35	7/27:12	DNR	2.63
LIU	10/28:21	10/28:54	10/29:48	10/28:35	1/27:25	DNR	DNR	8/28:14	10/26:59	DNR	DNR	8.43
LOISELLE	4/27:26	4/27:34	4/28:23	5/27:16	DNR	8/26:44	DNR	DNR	9/26:57	DNR	DNR	5.67
MAZOR	16/30:16	DNC	16/31:39	FP-3/26:06	6/28:48	DNR	FP-4/17:37	13/30:24	14/28:23	DNR	DNR	13.00
MCGUIRE	5/27:40	7/28:03	7/28:47	4/27:08	DNR	3/25:43	4/25:58	2/26:58	2/25:28	2/25:12	3/25:14	3.90
MONTGOMERY	8/27:56	2/27:18	3/28:17	3/27:01	DNR	6/26:21	DNR	3/27:06	5/26:10	3/25:27	2/25:09	3.89
NOLAN	7/27:53	5/27:48	8/28:49	6/27:22	DNR	7/26:41	FP-2/16:38	7/28:06	8/26:30	6/26:25	7/26:14	6.78
RAPHAEL	18/30:45	17/30:45	17/31:56	DNR	8/28:29	DNR	DNR	DNR	DNR	DNR	DNR	15.00
SAUNDERS	15/30:13	DNC	18/32:31	FP-5/NT	DNR	DNR	DNR	14/32:08	15/29:30	DNR	DNR	15.50
TESTA	9/27:56	8/28:20	9/29:14	8/27:53	DNR	9/27:09	FP-1/16:36	6/27:57	7/26:27	DNR	5/25:29	7.63
WALKER	11/28:37	9/28:39	12/30:36	11/28:52	3/28:12	DNR	DNR	11/29:49	11/27:39	DNR	DNR	9.71

**DELTA**

MEET NAME	ALUMNI	RPI, WPI	BATES, TUFTS	CODFISH	BABSON	NAT. PREV.	NEIAAA	TUFTS INV.	NEWMAC	NE DIV III	NCAA DIV III	AVG.
ANDERSEN	4:38	3:13	4:06	FP	INJ	DNR	INJ	INJ	INJ	INJ	DNR	3:59
BAILEY	4:55	3:12	4:09	FP	1:23	DNR	FP	3:16	DNR	DNR	DNR	3:23
FELDMAN	:00	DNC	:00	:00	DNR	:00	:00	:00	:00	:00	:00	:00
GUO	:59	:32	1:41	2:08	DNR	:57	:58	:51	:28	:42	:45	:54.7
HANSON	3:47	2:36	3:31	DNR	:53	DNR	FP	3:58	2:32	DNR	DNR	2:52
HU	3:42	2:47	3:54	FP	1:12	DNR	3:41	3:12	2:38	DNR	DNR	3:00
HUNG	INJ	INJ	INJ	INJ	INJ	INJ	INJ	INJ	INJ	DNR	DNR	—
JEUNNETTE	3:08	2:22	INJ	ABSENT	:36	DNR	DNR	SICK	SICK	DNR	DNR	2:02
JOHNSTON	1:55	:59	1:37	1:24	DNR	1:09	1:22	1:00	:58	1:15	1:22	1:18
KEEHR	:49	:00	:45	:39	DNR	:35	:49	DNR	:18	2:18	DNR	:46
LIU	2:27	2:01	2:44	2:35	:00	DNR	DNR	1:53	1:42	DNR	DNR	1:54
LOISELLE	1:32	:36	1:19	1:16	DNR	1:39	DNR	DNR	1:40	DNR	DNR	1:22
MAZOR	4:22	DNC	4:35	FP	1:23	DNR	FP	4:03	3:06	DNR	DNR	3:29
MCGUIRE	1:46	1:10	1:43	1:08	DNR	:38	1:02	:37	:11	:18	:30	:54.3
MONTGOMERY	2:02	:25	1:13	1:01	DNR	1:16	DNR	:45	:53	:33	:25	:57
NOLAN	1:59	:55	1:45	1:22	DNR	1:36	FP	1:45	1:13	1:31	1:30	1:30
RAPHAEL	4:51	3:52	4:52	DNR	1:34	DNR	DNR	DNR	DNR	DNR	DNR	3:47
SAUNDERS	4:19	DNC	5:27	FP	DNR	DNR	DNR	5:47	4:13	DNR	DNR	4:56
TESTA	2:02	1:27	2:10	1:53	DNR	2:04	FP	1:36	1:10	DNR	:45	1:38
WALKER	2:43	1:46	3:32	2:52	:47	DNR	DNR	3:28	2:22	DNR	DNR	2:30

**RANK**

NAME	AVG. PLACE	PLACE SCORE	AVG. DELTA	DELTA SCORE	# OF MEETS	# MEETS SCORE	TOTAL	OVERALL RANK
ANDERSEN	15.33	18	3:59	18	4	7	43	18
BAILEY	13.00	15	3:23	15	7	4	34	15
FELDMAN	1.00	1	:00	1	9	2	4	1
GUO	4.40	5	:54.7	4	10	1	10	4
HANSON	10.83	14	2:52	13	7	4	31	14
HU	10.29	13	3:00	14	8	3	30	13
JEUNNETTE	8.33	10	2:02	11	3	8	29	12
JOHNSTON	5.60	6	1:18	6	10	1	13	6
KEEHR	2.63	2	:46	2	8	3	7	2
LIU	8.43	11	1:54	10	7	4	25	10
LOISELLE	5.67	7	1:22	7	6	5	19	8
MAZOR	13.00	15	3:29	16	7	4	35	16
MCGUIRE	3.90	4	:54.3	3	10	1	8	3
MONTGOMERY	3.89	3	:57	5	9	2	10	4
NOLAN	6.78	8	1:30	8	10	1	17	7
RAPHAEL	15.00	17	3:47	17	4	7	41	17
SAUNDERS	15.50	19	4:56	19	5	6	44	19
TESTA	7.63	9	1:38	9	9	2	20	9
WALKER	9.71	12	2:30	12	7	4	28	11

**INDOOR TRACK****VARSITY**

Won 16, Lost 0

**MIT**68  
183.5  
225  
241.25  
213**OPPONENT**Alumni 54  
UMass Lowell 179, Bates 169.5, Southern Maine 60  
Bowdoin 158, Springfield 128, Southern Maine 77, WPI 9  
Bates 141.5, Coast Guard 124, Westfield State 81.25, WPI 6.25  
Tufts 197, Springfield 105, Wesleyan 65, WPI 10**VARSITY SCORING & ROSTER**

Rick Rajter	'03	73.5	Dan Kwon	'02	27.5	Kenny Jow	'02	6.75
Craig Mielcarz	'03	69	Dan Opila	'03	26	Mark Jeunnette	'01	5
Sean Montgomery	'01	67.25	Sean Nolan	'03	24	Albert Liu	'03	5
Dan Feldman	'02	58.25	Tony Pelosi	'01	23.5	Kenny Walker	'01	4.5
Robbie Gray	'02	54	John Biesiadecki	'01	22.5	Roger Nielsen	'01	4
Yuval Mazor	'02	53.25	Alan Raphael	'02	20.25	Matt Yarosz	'00	4
Todd Rosenfield	'01	51.25	George Hanson	'03	17.5	Craig Wildman	'03	4
Brian Hoying	'03	48.25	Matt Potts *	'00	15.5	Dewey Richmond	'02	2
Junius Ho	'01	41	Phil Loiselle	'01	13.5	Jeff Billing	'01	2
Kalpak Kothari	'01	36	Liyao Guo	'01	13	Damian Plummer	'02	1
Chris McGuire *	'00	35	Ed Keehr	'01	13	Nikos Michalakos	'01	1
Matt Lehman	'03	28.75	Steve Lefkowitz	'00	13	Kevin Atkinson	'02	
Peter Bluvus	'01	27.5	Marc Washington	'03	11	Albert Hung	'01	
			Kamal Mokeddem	'01	8	Alex Rodriguez	'00	

\* Captain

**CHAMPIONSHIPS****New England Division 3 (NE Div. 3)** (1st) 112 points

Craig Mielcarz	High Jump	6-07 (1st)
Craig Mielcarz	Pentathlon	3414 (1st)
Rosenfield, Lehman, Mazor, Montgomery	1600 Relay	3:23.18 (1st)
Kalpak Kothari	Triple Jump	44-03 (2nd)
Chris McGuire	5000	14:58.18 (2nd)
Sean Montgomery	1000	2:31.26 (2nd)
Rick Rajter	Pentathlon	3377 (2nd)
Peter Bluvus	Pentathlon	3239 (3rd)
Dan Feldman	3000	8:43.79 (3rd)
Robbie Gray	Long Jump	21-02 1/4 (3rd)
Brian Hoying	High Jump	6-03 (3rd)
Yuval Mazor	600	1:23.79 (3rd)
Sean Montgomery	1500	3:56.30 (3rd)
Rick Rajter	Triple Jump	43-10 3/4 (4th)
Todd Rosenfield	400	50.30 (4th)
Hanson, Raphael, Loiselle, Biesiadecki	3200 Relay	8:07.65 (4th)
Dan Feldman	1500	3:58.70 (6th)
Dan Kwon	Pole Vault	13-00 (6th) - tie
Tony Pelosi	Pentathlon	3101 (6th) - tie

**New England Intercollegiate Amateur Athletic Association (NEIAAA)** (23rd -tie) 4 points

Chris McGuire	5000	14:48.10 (5th)
Dan Feldman	5000	14:48.91 (6th)
Rosenfield, Lehman, Mazor, Montgomery	1600 Relay	3:18.40 (6th)

**MIT Track & CC News**

**Eastern Collegiate Athletics Conference (ECAC)** (12th) 20 points

Sean Montgomery	1500	3:52.22 (1st)
Chris McGuire	5000	14:57.22 (2nd)
Dan Feldman	5000	15:04.38 (5th)

**National Collegiate Athletic Association (NCAA)** (35th -tie) 2 points

Sean Montgomery	1500	3:55.03 (5th)
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**BEST INDIVIDUAL PERFORMANCES**

<b><u>Event</u></b>	<b><u>Name</u></b>	<b><u>Performance</u></b>
Weight Throw	Peter Bluvas	41-06 1/2
Shot Put	Peter Bluvas	41-09 1/2
	Rick Rajter	36-09
Long Jump	Robbie Gray	22-02 1/4
	Craig Mielcarz	21-06
Triple Jump	Kalpak Kothari	44-03
	Rick Rajter	44-00
Pole Vault	Dan Opila	13-03
	Dan Kwon	13-00
	Matt Potts	13-00
High Jump	Craig Mielcarz	6-07
	Brian Hoying	6-05 1/2
55HH	Junius Ho	8.15
	Rick Rajter	8.15
55	Marc Washington	6.75
	Robbie Gray	6.82
200	Yuval Mazor	23.43
	Todd Rosenfield	23.46
400	Todd Rosenfield	50.30
	Yuval Mazor	51.46
600	Sean Montgomery	1:21.40*
	Yuval Mazor	1:23.79
800	Sean Montgomery	1:58.84
	John Biesiadecki	2:00.18
1000	Sean Montgomery	2:31.52
	Dan Feldman	2:36.16
1500	Sean Montgomery	3:52.22
	Dan Feldman	3:58.70
3000	Dan Feldman	8:41.81
	Sean Nolan	8:44.55
5000	Chris McGuire	14:48.10
	Dan Feldman	14:48.91
1600R	Rosenfield, Lehman, Mazor, Montgomery	3:18.40
3200R	Hanson, Raphael, Loiselle, Biesiadecki	8:07.65
DMR	Feldman, Mokeddem, Raphael, Montgomery	10:45.44
Pentathlon	Craig Mielcarz	3414**
	Rick Rajter	3377

\* Varsity Record

\*\* Freshman Record

**OUTDOOR TRACK****VARSIITY**

Won 8, Lost 0

**MIT**197  
249 1/2  
226**OPPONENT**RPI 143, WPI 48  
Bowdoin 229 1/2, Colby 138, USM 52  
Umass/Lowell 180, Tufts 140, Bowdoin 113**VARSIITY SCORING & ROSTER**

Craig Mielcarz	'03 58	Marc Washington	'03 17.25	Albert Liu	'03 7
Junius Ho	'01 53	Phil Loiselle	'01 17	Alan Raphael	'02 6.5
Sean Montgomery*	'01 52.5	Todd Rosenfield	'01 15.5	Dakus Gunn	'01 6
Peter Bluvas	'01 47	Greg Walker	'03 15	Kamal Mokeddem	'01 5.5
Chris McGuire*	'00 35	Matt Lehman	'03 14.5	John Biesiadecki	'01 5
Yuval Mazor	'02 33.25	Kevin Atkinson	'02 14.25	Matt Yarosz	'00 5
Brian Hoying	'03 30	Sean Nolan	'03 12	Matt Potts*	'00 4
Robbie Gray	'02 29.75	Dan Opila	'03 10.5	Liyao Guo	'01 1
Kalpak Kothari	'01 25	Steve Lefkowitz	'00 10	Kenny Jow	'02
Nikos Michalakis	'01 25	Roger Nielsen	'01 9	Damian Plummer	'02
Rick Rajter	'03 23.5	Craig Wildman	'03 9	Alex Rodriguez	'00
Tony Pelosi	'01 22.5	Spiros Michalakis	'03 8	Matt Saunders	'03
Ed Keehr	'01 21	George Hanson	'03 7	Kevin Wang	'03
Dan Kwon	'02 19				

\* Captain

**CHAMPIONSHIPS****New England Women's and Men's Athletic Conference (NEWMAC)** (2nd) 199.5 points

Liyao Guo	10,000	34:17.82 (1st)
Ed Keehr	5,000	15:32.58 (1st)
Nikos Michalakis	Javelin	188-00 (1st)
Sean Montgomery	1500	3:54.66 (1st)
Sean Montgomery	800	1:53.88 (1st)
Mazor, Rosenfield, Lehman, Montgomery	1600 Relay	3:19.93 (1st)
Ed Keehr	10,000	34:44.27 (2nd)
Kalpak Kothari	Triple Jump	44-08 1/4 (2nd)
Dan Kwon	Pole Vault	13-00 1/4 (2nd -tie)
Phil Loiselle	3000 Steeplechase	10:00.20 (2nd)
Chris McGuire	5,000	15:36.98 (2nd)
John Biesiadecki	800	1:58.05 (3rd)
Albert Liu	10,000	34:58.94 (3rd)
Chris McGuire	1500	3:56.58 (3rd)
Craig Mielcarz	High Jump	6-06 (3rd)
Tony Pelosi	400IH	57.22 (3rd)
Gray, Atkinson, Mazor, Washington	400 Relay	44.18 (3rd)
Peter Bluvas	400IH	58.66 (4th)
Junius Ho	110HH	15.76 (4th)
Junius Ho	Long Jump	21-04 (4th)
Junius Ho	Triple Jump	41-09 1/4 (4th)
Brian Hoying	High Jump	6-06 (4th)
Yuval Mazor	400	50.31 (4th)
Sean Nolan	5,000	15:55.57 (4th)
Matt Potts	Pole Vault	12-05 1/2 (4th)
Matt Saunders	10,000	37:47.24 (4th)
Marc Washington	100	11.36 (4th)

## MIT Track & CC News

Craig Wildman	3000 Steeplechase	10:05.00 (4th)
Robbie Gray	100	11.39 (5th -tie)
Robbie Gray	Long Jump	21-02 3/4 (5th)
Craig Mielcarz	400IH	59.96 (5th)
Dan Opila	Pole Vault	12-05 1/2 (5th)
Todd Rosenfield	400	51.40 (5th)
Marc Washington	200	23.10 (5th)
Peter Bluvus	Shot Put	39-11 1/4 (6th)
Peter Bluvus	110HH	16.17 (6th)
Robbie Gray	Triple Jump	40-07 (6th)
George Hanson	800	2:00.99 (6th)
Matt Lehman	400	51.44 (6th)
Albert Liu	5,000	16:01.61 (6th)
Yuval Mazor	200	23.14 (6th)
Sean Nolan	3000 Steeplechase	10:16.20 (6th)
Greg Walker	Hammer	123-08 (6th)

### New England Division III (NE Div.3) (4th) 70 points

Chris McGuire	10,000	32:04.67 (1st)
Craig Mielcarz	High Jump	6-07 (1st)
Sean Montgomery	1500	3:52.04 (1st)
Mazor, Rosenfield, Lehman, Montgomery	1600 Relay	3:20.28 (1st)
Nikos Michalakis	Javelin	193-04 (3rd)
Matt Potts	Pole Vault	13-3 1/2 (4th)
Junius Ho	Long Jump	21-07 1/4 (6th)
Brian Hoying	High Jump	6-03 1/2 (6th)
Ed Keehr	5,000	15:35.68 (6th)
Dan Opila	Pole Vault	12-09 1/2 (6th)
Gray, Atkinson, Mazor, Washington	400 Relay	42.95 (6th)
Junius Ho	110HH	15.79 (7th)
Robbie Gray	Long Jump	20-10 1/2 (8th)
Tony Pelosi	400IH	57.54 (8th)

### New England Intercollegiate Amateur Athletic Association (NEIAAA) (21st) 11 points

Chris McGuire	5,000	14:49.25 (3rd)
Sean Montgomery	1500	3:50.25 (4th)

### National Collegiate Athletic Association (NCAA Div. III) (56th -tie) 4 points

Chris McGuire	10,000	30:41.98 (5th)
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### BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>
Hammer	Greg Walker	123-08
	Peter Bluvus	121-01
Shot Put	Peter Bluvus	40-05
	Greg Walker	34-04
Discus	Peter Bluvus	121-01
	Greg Walker	117-02
Javelin	Nick Michalakis	204-11**
	Spiros Michalakis	162-03
Long Jump	Craig Mielcarz	22-02 1/2
	Junius Ho	21-07 1/4
Triple Jump	Kalpak Kothari	44-08 1/4
	Junius Ho	41-09 1/4
Pole Vault	Matt Potts	13-03 1/2
	Dan Kwon	13-00 1/4

## MIT Track & CC News

High Jump	Craig Mielcarz	6-08*
	Brian Hoying	6-06
100	Marc Washington	11.36
	Robbie Gray	11.39
110HH	Junius Ho	15.73
	Rick Rajter	15.90
200	Marc Washington	23.10
	Yuval Mazor	23.14
400	Yuval Mazor	50.24
	Todd Rosenfield	51.13
400IH	Tony Pelosi	55.94
	Peter Bluvus	58.66
800	Sean Montgomery	1:52.20
	John Biesiadecki	1:58.05
1500	Sean Montgomery	3:50.25**
	Chris McGuire	3:56.58
3000SC	Phil Loiselle	9:58.18
	Sean Nolan	10:04.48
5000	Chris McGuire	14:49.25
	Ed Keehr	15:08.72
10,000	Chris McGuire	30:41.98
	Liyan Guo	34:17.82
400R	Gray, Atkinson,	42.95
	Mazor, Washington	
1600R	Mazor, Rosenfield	3:18.00
	Lehman, Montgomery	
Decathlon	Peter Bluvus	5482

\* Freshman Record

\*\* Varsity Record

## 2000-2001 SCHEDULES

### CROSS COUNTRY

9/2	ALUMNI	HOME
9/9	ENGINEER'S CUP	WPI
9/16	BATES, TUFTS	TUFTS
9/23	CODFISH BOWL	FRANKLIN PARK
9/29	NATIONAL PREVIEW	WHITWORTH COL, WA
10/8	CHANCELLOR CHALLENGE	BOSTON, MA
10/13	NEIAAA CHAMP.	FRANKLIN PARK
10/22	MAYOR'S CUP	FRANKLIN PARK
10/28	NEWMAC CHAMPIONSHIP	FRANKLIN PARK
11/4	ECAC OR OFF	TBA
11/11	NCAA DIV. III QUALIFIER	UMASS/DARTMOUTH
11/18	NCAA DIV. III CHAMP.	WHITWORTH COL, WA

### INDOOR TRACK

12/8	INTRASQUAD	HOME
12/16	ALUMNI	HOME
1/13	BEAVER RELAYS	HOME
1/20	BATES, COAST GUARD	BATES
1/27	COLBY, WILLIAMS	HOME
2/3	COLLEGE OF NJ, SPRINGFIELD, TUFTS, WESLEYAN	TUFTS
2/10	MIT INVITATIONAL	HOME
2/16-17	NE DIV. III CHAMP.	TUFTS
2/23-24	NEIAAA CHAMP.	BOSTON UNIV.
3/3-4	IC4A/ECAC CHAMP.	TBA
3/9-10	NCAA DIV. III CHAMP.	UW OSHKOSH

### OUTDOOR TRACK

3/24	SPRING BREAK TRIP	TBA
4/1	SPRING BREAK TRIP	TBA
4/7	ENGINEER'S CUP	RPI
4/14	BOWDOIN, LOWELL, TUFTS	HOME
4/21	VERN COX INVITATIONAL	SPRINGFIELD
4/28	NEWMAC CHAMP.	HOME
5/5-6	NE DIV. III CHAMP.	CONN. COLLEGE
5/10-12	NEIAAA CHAMP.	WILLIAMS
5/17-20	IC4A CHAMP	TBA
5/24-26	NCAA DIV. III CHAMP.	MILLIKIN

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