

**MIT TRACK AND CROSS COUNTRY
FRIENDS OF TRACK AND CROSS COUNTRY
NEWSLETTER #56
AUGUST 1997**

STAYING IN TOUCH

For those of you who have the ability to access the web site the addresses are as follows: <http://www.mit.edu:8001/activities/athletics/intercol/mens/mfxc.html>, or <http://web.mit.edu/afs/athena.mit.edu/org/a/athletics/www/intercol/mens/mfxc.html>. I promise to spice up the graphics within the next year. It is very difficult to find the time to maintain the weekly results as well as creating the graphics. I have purchased a scanner to make the situation a little easier in the future.

If any of you wish to get on the email list, please send your request to hwTaylor@mit.edu. I try to send out the results from the weekend's meet each week. A number of you have sent email to me letting me know how much you appreciate the articles. That means a lot to me and makes the effort worth while. So, please, if you enjoy what we are doing or even if you do not, let me know

COACH MACKENZIE TAKES ON MORE DUTIES

Beginning his second year, Coach Dick MacKenzie will add some events to his schedule of coaching the Jumps. Because of the crossover between jumpers and sprinters, he will take over both the hurdles and short sprints.

In addition, Coach Bill Singhose '90 has finished his PhD and will most likely be leaving MIT. Bill may stick around for a Post Doctorate, and if so may be able to continue to help out. In any case, Coach MacKenzie will be adding the Pole Vault to his repertoire.

To prepare himself for the additional duties, Coach MacKenzie just returned from a Level 2 Jumps School at LSU and will soon travel to Seattle for a Level 2 School in Sprints and Hurdles. After that he will again take in a Pole Vault Camp.

Coach Taylor will continue with all of the other running events, relays, and throwing events. Having more coaches would be nice, but at this time it is not in the budget. However, we have done okay and will continue to do so.

CENTURY CLUB

Thank you very much to all of you who contributed this year to the Friends of Track and Cross Country Fund. Special thanks go to those who were able to give \$100.00 or more. I know how difficult it is when you have many other financial priorities. This year, through your gifts we raised \$13,780.00. Even though this is less than in recent years it is the most ever by Alumni. Part of the reason for the significant drop in money raised is this year for the first time in three years we did not have the big "outside" gift of \$10,000.00 to \$15,000.00. In addition Coach Taylor was not able to run any concessions at the Bay State Game because of the timing of the pending birth of his and Kathy's second child.

Trips and items that were funded included taking a wonderful Spring Trip to San Diego, involving 23 athletes and coaches. We stayed right across the street from the campus. Daily, we practiced on their beautiful track and used their fitness center. On Saturday we competed in a major invitational that allowed many of our athletes to qualify for the New England Division III Championships and Leif Seed '99 to qualify for the NCAA Championship in the 3000 Meter Steeplechase. The purpose of the trip is twofold. One, we hope the guys on the team get to know each other a lot better by doing activities and spending time together. And two, we hope for good practice and competition. We accomplished both, indeed the team and coaches agree that it was the

briper ever. The team was able to visit the San Diego Zoo, Tiajuana, the Wildlife Park, go surfing and see some other academic settings. John Hradnansky '84 took us all out to dinner at a marvelous restaurant in La Jolla.

This year we felt we had one of the best Cross Country Teams ever at MIT and wanted to afford them the opportunity to compete against the best teams. We made a trip to Cortland, New York that was partially supported by the Friends. We also flew the top 7 to La Crosse, Wisconsin for another Invitational that permitted the team to see nearly everyone in the top 20 within a 3 week period. Of course, the second and third year letter awards are supported by the Friends fund, as well as any special awards.

In 1998, we hope to return to San Diego for our Spring Trip. However, because of the loss of funding we had in previous years, we are down to a balance of \$11,000.00. We will try to look at other ways of supporting the \$25,000.00 budget it takes to run the Friends Account each year.

In short, we could not do this without you. In our own times of budget deficit, we are able to maintain and even improve the quality of our program because of your generosity. Your gifts, as always are greatly appreciated and will be accepted as your charitable contribution to MIT for the 1997-98 fiscal year.

The order of \$100.00 donors listed below is by date received. Those with an asterisk after their name donated \$1,000.00 or more. We had a total of 142 gifts.

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CROSS COUNTRY

Varsity Record

Won 1, Lost 2

MIT

15

15

52

OPPONENT

Alumni 27

RPI 52, WPI 65

Tufts 28, Bates 49

Dartmouth Invitational	7th of 10 - 185 points
Cortland Invitational	7th of 25 - 226 points
Jim Drews Invitational	13th of 18 - 331 points
NEIAAA Championship	10th of 30 - 334 points

CAC Championship	1st of 7 - 30 points
NCAA Div. III Qualifier	7th of 38 - 188 points

1997 CROSS COUNTRY SCHEDULE

SEPTEMBER 6	ALUMNI	FR. PARK	12:00*
SEPTEMBER 13	ENGINEER'S CUP	WPI	1:00
SEPTEMBER 20	BATES, TUFTS	TUFTS	1:00
SEPTEMBER 27	CORTLAND ST. INV.	CORTLAND ST.	TBA
OCTOBER 4	NATIONAL CHAMP. PREVIEW	FR. PARK	12:30
OCTOBER 11	OFF		
OCTOBER 17	NEIAAA CHAMPIONSHIP	FR. PARK	11:30
OCTOBER 25		BOWDOIN	
INVITATIONAL		BOWDOIN	TBA
NOVEMBER 1	CAC CHAMPIONSHIP	WPI	1:00
NOVEMBER 8	OFF		
NOVEMBER 15	NE DIV. III CHAMP./ NCAA QUAL.	USM	12:00
NOVEMBER 22	NCAA DIV. 3 CHAMPIONSHIP	FR. PARK	12:00

*** TIME IS SUBJECT TO CHANGE - CALL (617) 253-4918 FOR UPDATE**

Cross Country Concludes Best Regular Season With Disappointing Finish

The 1995 version of MIT Cross Country had the hopes of being the best ever at MIT. Ranked as high as 5th in the NCAA Division III Poll for much of the season, things seemed to be going according to plan. However, after the All New England Championships; where MIT finished an impressive 7th, with National Champion Williams College the only Division II or III College to defeat MIT, the Techmen seemed to fall apart.

After cruising through an undefeated regular and invitational season, the harriers seemed ready to improve on their 1994 NCAA Division III 10th place finish. Generally speaking, the NEIAAA Championships (All New England's) is a good measure of how well a team or individual will place at nationals. Placing 7th, MIT was in looking great for the second half of the season.

Cruising through the regular season as mentioned in the previous paragraph was exactly what this team did not need. All-America Ethan Crain '95, still having his problem with nausea during the races, was afraid to push it and consequently forgot how to when the time came. The rest of the team was also content to just win instead of challenge each other for position.

After the NEIAAA Championships the harriers began to fade badly. Winning the Keene State Invitational by 3 points and the CAC Championship by 1 point had the entire team worried. Although some great performances were realized to pull these wins out, the team should have never been in the situation.

Making use of the Sports Psychologist all season and even taking him with us to the National Qualifier gave the team the confidence to run to their potential. However, confidence had nothing to do with it. The problem was not remembering, physically or mentally, how to run tough in big races. MIT finished a very disappointing 6th and did not qualify for the National Championships. Ethan did qualify by finishing 2nd individually.

Ethan was in great shape at the mile mark at Nationals, but when the leaders moved, Ethan looked as though he had no desire to respond. Hanging in about 40 place for the latter half of the race, Ethan kicked too little too late and finished 36th in 25:01.

Ethan finished 1st for MIT in every race and was awarded team MVP at the Awards Dinner. Ethan finished a remarkable track and cross country career at MIT, and will

plague the varsity for years to come in the alumni meets. Ethan was voted team MVP for the 2nd consecutive year, the first to achieve this honor since Barry Bayus '79. Dan Helgesen '97 was elected next season's captain.

1995 CROSS COUNTRY RANKING								
NAME	PLACE	RANK	DELTA	RANK	#OF MEETS	RANK	TOTAL	TEAM RANK
BERRY	5.80	6.00	1:03.67	6.00	6.00	2.00	14	6
BLOMQUIST	19.20	22.00	4:22.40	21.00	6.00	2.00	45	21
CAYETANO	18.00	20.00	3:30.67	16.00	3.00	5.00	41	20
CORONA	11.71	13.00	2:33.00	13.00	7.00	1.00	27	13
CRAIN	1.00	1.00	:00.00	1.00	7.00	1.00	3	1
DEBSKI	10.25	11.00	2:00.00	8.00	4.00	4.00	21	10
FELDMAN	4.28	5.00	:54.57	5.00	7.00	1.00	11	5
FORD	11.71	13.00	2:37.28	14.00	7.00	1.00	28	14
HELGESEN	2.80	3.00	:31.80	3.00	5.00	3.00	9	3
HUSAIN	9.14	8.00	2:02.86	10.00	7.00	1.00	19	8
HWU	16.71	18.00	3:45.43	19.00	7.00	1.00	38	18
KELLY	17.71	19.00	4:08.57	20.00	7.00	1.00	40	19
KELMAN	15.57	15.00	3:29.57	15.00	7.00	1.00	31	15
KERSHNER	23.00	28.00	6:30.33	28.00	4.00	4.00	60	28
PARKINS	3.86	4.00	:48.71	4.00	7.00	1.00	9	3
PIZANO	21.25	26.00	4:33.50	23.00	5.00	3.00	52	24
ROBERTSON	20.00	23.00	5:23.00	26.00	2.00	6.00	55	26
ROSALEZ	9.30	9.00	2:00.17	9.00	6.00	2.00	20	9
SALEH	10.00	10.00	2:14.57	12.00	7.00	1.00	23	11
SCHELL	10.60	12.00	2:11.40	11.00	5.00	3.00	26	12
SEED	7.14	7.00	1:36.57	7.00	7.00	1.00	15	7
SETO	2.57	2.00	:29.86	2.00	7.00	1.00	5	2
SURESH	16.00	16.00	3:34.60	17.00	5.00	3.00	36	16
THOMPSON	18.17	21.00	4:29.83	22.00	6.00	2.00	45	21
TONG	21.17	25.00	5:10.83	25.00	7.00	1.00	51	23
VAN BUREN	16.57	17.00	3:44.86	18.00	7.00	1.00	36	16
VENTURINI	20.67	24.00	4:41.67	24.00	3.00	5.00	53	25
WEATHERLY	21.83	27.00	5:45.67	27.00	7.00	1.00	55	26

INDOOR TRACK

VARSITY

Won 13, Lost 2

JV

Won 1, Lost 0
MIT 89 NAPS 33

MIT

49
243
212.5
231
207.5

OPPONENT

Alumni 73
Coast Guard 150, WPI 97, UMass/Dart. 55, Colby 48
Springfield 176.5, Bowdoin 160, Colby 36
Tufts 243, Bowdoin 93, Fitchburg St. 10.5, Worcester St. 10.5
Williams 260.5, Bates 100, Norwich 22, Worcester St. 1

VARSITY SCORING & ROSTER

Ravi Sastry	'98 120.5	Morio Alexander	'96 16	David Ratliff	'99 6.5
Akin Aina	'95 63	Marlon Osbourne	'98 14.5	Sohail Husain	'98 5.75

Joel Ford	'98 54.5	Wade Morehead	'98 14	Rick Velez	'98 4
Dan Helgesen	'97 54	Patrick Dannen	'98 13	Chuck Van Buren	'98 3.75
Arnold Seto	'96 53	Jason Melvin	'97 13	Jason Dailey	'99 3
Hung Hoang*	'96 47	Chris Schell	'96 13	Shawn Kelly	'96 1
Neal Karchem	'99 44	Leif Seed	'99 13	Luis Pizano	'97 1
Lincoln Bonner	'97 39	Michael DeMassa	'97 11	Brent Yen	'99 1
Dafe Ogagan	'97 35	Sam Sidiqi	'99 11	Brian Banaszak	'97 .75
Josh Feldman	'97 34	Todd Chamoy	'98 10	Gus Blomquist	'99 .75
John "Bo" Light	'96 34	David McGill	'99 10	Terry Fong	'99
Edgar Ngwenya*	'96 33.75	Alex Kuperman	'98 9.25	David Kelman	'99
Mike Butville	'98 32	Omar Saleh	'97 8	Edward Langlois	'97
Keith Bevans	'95 29	Martin Suresh	'99 7.75	Andres Morin	'99
Jared Miller	'99 20	Alim Needham	'97 7	Richard Rosalez	'98
Andrew Jamieson	'99 19	George Torres	'99 7	Brian Wong	'99
Mike Parkins	'99 17	Reggie Paulding	'97 6.5		

* Captain

CHAMPIONSHIPS

New England Division 3 (NE Div. 3) (5th) 50 points

Dan Helgesen	1000	2:32.79 (1st)
Dafe Ogagan	Pole Vault	14-06 (2nd)
Joel Ford	1000	2:34.95 (3rd)
Arnold Seto	3000	8:46.66 (3rd)
Josh Feldman	5000	15:31.13 (4th)
Jason Melvin	Pole Vault	13-06 1/4 (4th)
Suresh, Aina, Ford, Helgesen	DMR	10:42.18 (4th)
Morio Alexander	Triple Jump	42-02 1/4 (5th)
Andrew Jamieson	Pole Vault	13-06 1/4 (5th)
Bo Light	Pentathlon	3004 (5th)
Hung Hoang	Triple Jump	42-2 1/4 (6th)
Dafe Ogagan	55HH	8.28

New England Intercollegiate Amateur Athletic Association (NEIAAA) (20th- tie) 6 points

Josh Feldman	5000	15:08.41 (5th)
Joel Ford	1000	2:30.27 (5th)
Dafe Ogagan	Pole Vault	14-09

BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Meet</u>
Weight Throw	Mike Butville	46-07 1/4	NE Div. 3
	Wade Morehead	41-08	Tufts, Bowdoin, Fitchburg St., Worc. St.
Shot Put	Keith Bevans	45-01	Williams, Bowdoin, Norwich, Worc. St.
	Patrick Dannen	40-06 3/4	Bowdoin, Springfield, Colby
Long Jump	Ravi Sastry	22-00 1/2	Williams, Bowdoin, Norwich, Worc. St.
	Hung Hoang	20-08	NE Div. 3
Triple Jump	Morio Alexander	43-08 3/4	Williams, Bowdoin, Norwich, Worc. St.
	Hung Hoang	42-05	Tufts, Bowdoin, Fitchburg St., Worc. St.
Pole Vault	Dafe Ogagan	14-09	NEIAAA
	Andrew Jamieson	13-06 1/4	NE Div. 3
	Jason Melvin	13-06 1/4	NE Div. 3
High Jump	Hung Hoang	6-00	Williams, Bowdoin, Norwich, Worc. St.
	Bo Light	6-00	Williams, Bowdoin, Norwich, Worc. St.
	Ravi Sastry	6-00	Williams, Bowdoin, Norwich, Worc. St.
55HH	Ravi Sastry	8.13	Bowdoin, Springfield, Colby
	Dafe Ogagan	8.23	Williams, Bowdoin, Norwich, Worc. St.

55	Dafe Ogagan	6.84	Alumni
	Akin Aina	6.85	Alumni
200	Akin Aina	23.84	Williams, Bowdoin, Norwich, Worc. St.
	Neal Karchem	24.27	Tufts, Bowdoin, Fitchburg St., Worc. St.
400	Neal Karchem	53.11	Williams, Bowdoin, Norwich, Worc. St.
	Edgar Ngwenya	53.88	Beaver Relays
500	Chris Schell	1:09.14	Williams, Bowdoin, Norwich, Worc. St.
	Edgar Ngwenya	1:09.28	Tufts, Bowdoin, Fitchburg St., Worc. St.
800	Dan Helgesen	1:59.19	Williams, Bowdoin, Norwich, Worc. St.
	Joel Ford	2:00.03	Tufts, Bowdoin, Fitchburg St., Worc. St.
1000	Joel Ford	2:30.27	NEIAAA
	Dan Helgesen	2:32.79	NE DIV. 3
1500	Dan Helgesen	4:03.84	Tufts, Bowdoin, Fitchburg St., Worc. St.
	Joel Ford	4:04.81	Tufts, Bowdoin, Fitchburg St., Worc. St.
Mile	Dan Helgesen	4:17.83	NEIAAA
	Joel Ford	4:33.96	Beaver Relays
3000	Arnold Seto	8:46.66	NE Div. 3
	Josh Feldman	8:53.85	Williams, Bowdoin, Norwich, Worc. St.
5000	Josh Feldman	15:08.41	NEIAAA
	Arnold Seto	15:14.16	Alumni
1600R	Osbourne, Ngwenya,	3:37.31	Williams, Bowdoin, Norwich, Worc. St.
	Kuperman, Ford		
3200R	Ngwenya, Schell,	8:05.02	Tufts, Bowdoin, Fitchburg St., Worc. St.
	Helgesen, Ford		
DMR	Suresh, Aina,	10:42.18	NE Div. 3
	Ford, Helgesen		
Pentathlon	Bo Light	3004	NE Div. 3

1996-97 INDOOR TRACK SCHEDULE

DECEMBER	11	NAPS	@MIT	4:00
DECEMBER	14	ALUMNI	@MIT	1:00
JANUARY	11	BEAVER RELAYS	@MIT	1:00
JANUARY	18	QUAD MEET	@WILLIAMS	1:00
JANUARY	25	QUAD MEET	@MIT	1:00
FEBRUARY	01	QUAD MEET	@BATES	TBA
FEBRUARY	08	QUAD CUP INV.	@MIT	TBA
FEBRUARY	14&15	NE DIV. III CHAMP.	@MIT	11:00
FEBRUARY	21&22	NEIAAA CHAMP.	@BU	TBA
MARCH	01&02	IC4A CHAMP.	@PRINCETON	TBA
MARCH	08&09	NCAA DIV. III CHAMP.	@UW OSHKOSH	TBA

TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

Indoor Team Accomplishes Successful Season While Rebuilding

The 1995-96 Indoor Track and Field Team when looked at on paper was certainly not one of the best teams in recent times. Having lost two All-America Winners in Ethan Crain '95 and Jesse Darley '95, as well as national qualifier Andy Ugarov '95, the team was in need of a leader. The two most natural leaders, All-America John Wallberg, and national qualifier Matt Sandholm, were taking the season off. All in all, that is a lot to rebound from.

Thanks to a couple of great captains, Hung Hoang '96 and Edgar Ngwenya '96 the 1996-97 version of track and field athletes slowly rounded itself into a very competitive

unit. After losing to a very capable Alumni Team 73-49, it looked as though the season would indeed be a long one.

Spending most of January without the services of the two best pole vaulters, Dafe Ogagan '97 and Jason Melvin '97, as well as leading triple jumper Morio Alexander '96, the normally easy meets became real battles. The last two quad meets included MIT's stiffest competition for the Quad Cup Championship. Tufts University was in the first one and Williams College in the next and final weekend prior to the New England Division III Championships.

For those of you on the 1982-83 Indoor Team, you would have felt as though you were reliving a nightmare. The news article can probably describe it best, remember that scoring in a quad cup meet is 9-7-6-5-4-3-2-1 in the non-relay events and 9-6-3-0 in the relays.

"...Having completed all of the field events, all eyes were on the track, where MIT's not-so-secret weapon Arnold Seto came back in his third event to lead the attack. Some 40 or 50 athletes from each school were on their feet cheering for the entire race, which lasted over 15 minutes. Pacing themselves well, Seto, Michael Parkins '99, and Josh Feldman (in his second event), shadowed the lead runner from Tufts for most of the race. The Tufts runner tried to lose the pack several times, but the MIT runners kept up. With only a few hundred meters to go, the race was still dead even, and everyone knew that it was going to be decided by who had the heart to push himself farther. Perhaps because of the pace or because of trying to lose the MIT runners, the Tufts runner couldn't muster up the energy to finish strong, and came in fourth. This means, of course, that MIT took the top three places. Seto finished in 15:29, Feldman was close behind him with a 15:33, and Parkins came in at 15:40, two seconds ahead of the Tufts runner.

Nobody forgot about MIT's fourth runner, Omar Saleh '97, who hung back for most of the race, in eighth or ninth place. About half way through the race, upon the insistence of the screaming fans, Omar picked up the pace, and went hunting for more points. Omar never ran out of gas, and kept gaining, and gaining, and gaining. Finally with the race almost over, he overtook two exhausted Tufts runners and finished two seconds ahead of them, in sixth place, with a very respectable 16:18.

Many MIT athletes placed in multiple events. The high scorer was Ravi Sastry '98, who, along with his second place finish in the long jump, took third in the high jump, won the 55 meter high hurdles, finished eighth in the 200, and fifth in the triple jump. Bo Light had a good day as well. He placed sixth in the high jump, fourth in the hurdles, and eighth in the triple jump. Hung Hoang added to his fourth in the long jump by finishing fifth in the high jump and third in the triple jump. Arnold Seto would need to be "carried off the track in a bucket of ice" according to Coach Halston Taylor. After his 1500 meter race he came back to finish fourth in the 800 meters, and came back again to win the 5000. According to Coach Taylor, it is courage and heart like Arnie's that breeds champion teams.

At this point in the meet, all individual events were over, and the two relays remained. MIT needed to place in the 1600 meter relay, and win the 3200 meter relay to win the meet, this was a distinct possibility. MIT had little hope of catching Tufts in the 1600 relay. After all, Tufts did take the top three spots in the 400 meter dash, and brought back these excellent runners for the relay. After finishing third in the 1600 relay, the score was such that whoever won the 3200 relay would win the meet. After the first two legs of the relay, Tufts held a slim lead, but MIT would not let that stick. MIT took over the lead with Dan Helgesen's third race of the day and best time of the season with a 1:59 split, but the race remained close. The anchor, Joel Ford, who had earlier finished second in the 800 meters, ran an even faster 800 this time around, but the Tufts runner out-kicked him in the last 50 meters and won by a fraction of a second.

MIT's 3200 relay team was later disqualified on a technicality, but this was a moot point. Tufts had that little extra that it needed to hold off MIT, and to win what Coach Taylor considers to be his track team's best meet in over a decade."

If Tech were to defeat Williams in the last meet, they would earn a tie for the Quad Cup Title with Williams and Tufts. However, the Ephs are still too strong. With six All America performers returning from the previous year and a couple of very good freshmen on Williams team the meet was never really that close.

Going into the NE Division III Championships, the Engineers were seeded 6th on paper. However, it appeared to be close enough among Bowdoin, Brandeis, and Coast Guard that MIT might be able to sneak in for a third place if things went well. Things did not go well as numerous poor performances by MIT kept it from taking advantage of opportunities presented by their competitors. Still, going into the relays, Tech was in third. However, fatigue and inexperience combined to keep Tech from scoring but 4 points in all of the relays. Both Brandeis and Bowdoin passed MIT in scoring to finish 3rd and 4th respectively.

At the Team Award's Dinner, Dan Helgesen '97 and John Wallberg G were elected captains for next season, while Ravi Sastry '98 was voted team MVP in his rookie season.

OUTDOOR TOP 10 PER EVENT

100 YARD DASH

Jim Flink	64	9.9
Dick Bell	34	10.0
R. Meny	44	10.0
W. Casey	46	10.0
Rex Ross	66	10.0
Larry Kelly	70	10.0
Richard Okine	77	10.0
C. Geisler	54	10.1
Elliot Borden	73	10.1
Gary Wilkes	75	10.1

100 METER DASH

Mark Dunzo	91	10.82
Ayisi Makatiani	90	10.84
Matt Sandholm	96	10.90
Bill Singhose	90	11.08
John Taylor	84	10.9
Franklin Moore	82	11.14
Dave Wright	89	11.18
Lyman Taylor	85	11.21
Ed Arenberg	85	11.28
Akin Aina	96	11.1

110 Meter / 120 Yard HH

Robert Tronnier	73	14.3
Richard Okine	77	14.5
Warren Lattof	55	14.6
Terry Dorschner	65	14.6
Sean Garrett	88	14.6 (M)
Al Tervalon	65	14.7
Kelly Davis	92	15.00 (M)
Joe Presing	84	15.07 (M)
Bill Singhose	90	15.07 (M)
Jim Turlo	80	15.0

200 Meter / 220 Yard Dash**

Jim Flink	64	21.4
Joel Hemmelstein	70	21.5
Matt Sandholm	96	21.65 (M)
A. Dell Isola	50	21.6
S. Klein	54	21.7
Ayisi Makatiani	90	21.91 (M)
Gary Wilkes	75	21.8
Mark Dunzo	91	21.97 (M)
Bill McLeod	69	21.9
Larry Schwoeri	66	22.0

400 Meter / 440 Yard Dash

Ayisi Makatiani	90	46.84 (M)
Mark Dunzo	91	47.44 (M)
Karim Roshd	88	48.31 (M)
Harold Ingraham	49	48.8
Bob Dunlap	67	48.9
Larry Kelly	70	49.0
Larry Schwoeri	66	49.2
Elliot Borden	73	49.7
Lance Parker	84	49.4 (M)
Joel Rogers	65	49.8

400 Meter / 440 Yard IH

Paul McKenzie	90	52.95 (M)
John Taylor	84	53.0 (M)
Ron Smith	85	53.39 (M)
Bill Singhose	90	53.52 (M)
Terry Dorschner	65	53.6
Teddy Bosey	88	54.24 (M)
Richard Okine	77	55.4
Robert Tronnier	73	55.5
Al Tervalon	65	55.7
Joe Presing	84	55.82

800 Meter / 880 Yard Run

Paul Neves	83	1:49.22 (M)
Arthur Bryant	45	1:54.0
Jeff Lucas	82	1:53.6 (M)
Mike Piepergerdes	93	1:54.24 (M)
George Lennes	25	1:55.0
Bob Karman	67	1:55.2
Pat Sullivan	71	1:55.2
Stan Kozubek	69	1:55.6
Gordon Holterman	87	1:55.20 (M)
Ethan Crain	95	1:55.76 (M)

1500 Meter / Mile Run

Mike Piepergerdes	93	3:50.36
Colin Kerwin	82	3:50.44
Ben Wilson	70	4:09.6 (Y)
Ethan Crain	95	3:51.66
Gordon Holterman	87	3:52.0
Paul Neves	83	3:52.89
Sumner Brown	66	4:14.1 (Y)
Len Nasser	80	4:15.9 (Y)
Ken Kovach	83	3:57.41
Jeff Baerman	76	4:16.5 (Y)

3000 Meter Steeplechase

Ethan Crain	95	9:08.04
Ben Wilson	70	9:08.7
Gordon Holterman	86	9:12.6
Turan Erdogan	87	9:20.8
Leif Seed	96	9:25.68
Mike Parkins	96	9:28.26
Rod Hinman	88	9:29.9
Barry Bayus	79	9:32.4
Gontran Kenwood	82	9:36.3
Pat Hamilton	81	9:36.5

5000 Meter / 3 Mile Run

Frank Richardson	77	13:43.2 (Y)
Ben Wilson	70	13:50.5 (Y)
Colin Kerwin	82	14:23.96
Anton Briefer	88	14:35.8
Barry Bayus	79	14:37.03
Bob Walmsley	84	14:48.8
John Kaufman	73	14:21.5 (Y)
Ethan Crain	95	14:56.07
Jesse Darley	95	14:57.2
James Williams	91	15:08.9

10,000 Meters / 6 Mile Run

Frank Richardson	77	29:50.8 (Y)
Barry Bayus	79	30:33.2
Sean Kelley	90	31:03.9
Arnold Seto	96	31:09.38
Jim Garcia	80	31:21.03
Bill Bruno	85	31:22.7
Jesse Darley	95	31:34.17
Al Carlson	74	30:36 (Y)

Terry McNatt	87	31:51.87
Bill Mallet	86	31:57.45

Long Jump

Stanley Johnson	36	24-02
Bill Singhose	90	23-05 1/2
Kevin Scannell	92	23-00
Kwaku Temeng	80	22-09
J. Wiebe	27	22-08 1/4
Dave Carrier	65	22-07 1/4
Rex Ross	66	22-07
Scott Peck	73	22-02 3/4
Albert Lau	72	22-02 1/4
Don Morrison	62	22-02
Nkere Udofia	83	22-02

Triple Jump

Kelly Davis	92	47-11
Martin Taylor	83	46-11 1/2
Doug Cornwall	89	46-09 3/4
Kwaku Prakah-Asante	90	46-09 1/2
Andy Ugarov	95	46-07
Yaw Akato	74	46-01 1/4
John Tewksbury	92	45-10
Bill Singhose	90	45-09 1/2
Jacob Kim	87	45-05 1/4
Bill McLeod	69	45-03

High Jump

Jim Turlo	80	6-09 1/4
Reid von Borstel	78	6-08
Glenn Hopkins	87	6-08
Andy Ugarov	95	6-08
Tom Washington	92	6-07
James Kirtley	94	6-06 1/2
Walt Gibbons	73	6-05
Garret Moose	91	6-04 3/4
Kirk Wings	71	6-04 1/2
Hung Hoang	96	6-04
Jason Tong	79	6-04
Andy Krystal	82	6-04
Martin Taylor	83	6-04
Bill Singhose	90	6-04

Pole Vault

Matt Robinson	94	16-04 1/2
Bill Singhose	90	15-07
Dave Wilson	73	15-06
Bobb White	87	15-01 1/2
Steve Sydoriak	68	15-00
Dafe Ogagan	96	14-09
Jim Williams	77	14-00
Ed Ingenito	79	14-00
Ross Dreyer	86	14-00
Andrew Jamieson	96	13-09

Shot Put

John Morefield	56	53-03 1/2
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Brian Moore	73	51-06 1/4
Scott Deering	89	48-06
John-Paul Clarke	91	48-03
Kim Sloat	64	47-11 3/4
John Wallberg	96	46-11 1/2
Patrice Parris	85	46-02 1/2
Greg Hunter	76	45-10
Greg Procopio	85	45-09 1/2
Bill Remsen	62	45-05 1/2

Discus

Brian Moore	73	161-09
Steve Sifferlen	79	157-04
Scott Deering	89	153-02
John Wallberg	96	152-05
Patrice Parris	85	151-06
John Morefield	56	149-09
Dave Grasso	75	146-07
Greg Mayhew	78	146-00
Eric Shank	90	145-08
Fred Andre	70	144-09

Hammer

John Wallberg	96	201-00
Patrice Parris	85	200-01

Brian Moore	73	196-00
Scott Deering	89	187-08
Gordon DeWitte	67	184-02

Dave Kieda	82	181-10
Steve Sifferlen	79	181-00
John-Paul Clarke	91	179-02
John Pearson	74	175-06
Greg Procopio	85	171-01

Javelin**

Mike Charette	74	218-03
Greg Hunter	76	197-08
J. Robertson	32	193-04
Chris Masalsky	91	189-09
Gordon Beckhart	84	189-03
Alex Tschyckow	74	189-01
Rex Ross	66	186-01
Kim Bierwart	72	186-01
Joe Levangie	67	182-02
Bill Eagleson	63	181-08

**All Time Best Performances, regardless of; type of track or implement

OUTDOOR TRACK

VARSIITY

Won 7, Lost 1

MIT

95
69
85
83

OPPONENT

RPI 60, WPI 49
Bates 48, Colby 46, Bowdoin 44
Tufts 92, Bates 26
Springfield 80

VARSIITY SCORING & ROSTER

John Wallberg *	'96 52	Andrew Jamieson	'99 3	Terry Fong	'99
Hung Hoang *	'96 36	David McGill	'99 3	Roberto Gomez	'99
Neal Karchem	'99 30 3/4	Omar Saleh	'97 3	Sohail Husain	'98
Morio Alexander	'96 25	Keith Bevans	G 2	Shawn Kelly	'96
Leif Seed	'99 21 3/4	Wade Morehead	'98 2	David Kelman	'99
Joel Ford	'98 20	George Torres	'99 2	Edward Langlois	'97
Mike Parkins	'99 20	Dafe Ogagan	'97 1	Jeffrey Malcolm	'98
Arnold Seto	'96 20	Sam Sidiqi	'99 1	Jared Miller	'99
Lincoln Bonner	'97 19	Martin Suresh	'99 1	Andres Morin	'99
Akin Aina	G 18 3/4	Brian Banaszak	'97	Reggie Paulding	'97
Marlon Osbourne	'98 12 3/4	Gus Blomquist	'99	Luis Pizano	'97
Dan Helgesen	'97 11	Todd Chamoy	'98	David Ratliff	'99
Mike DeMassa	'97 10	Gerardo Corona	'97	Chuck Van Buren	'98
John "Bo" Light	'96 9	Jason Dailey	'99	Brian Wong	'99
Ravi Sastry	'98 5	Patrick Dannen	'98	Brent Yen	'99
Juan Fuenmayor-Soto	'97 3	Josh Feldman	'97		

* Captain

CHAMPIONSHIPS

<u>New England Division 3 (NE Div. 3)</u> (2nd) 58 points		
John Wallberg	Hammer	194-00 (1st)
Leif Seed	3000 Steeplechase	9:25.68 (2nd)
Hung Hoang	Triple Jump	43-07 3/4 (3rd)
Dafe Ogagan	Pole Vault	14-09 (3rd)
Mike Parkins	3000 Steeplechase	9:30.57 (3rd)
Arnold Seto	10K	31:09.38 (4th)
John Wallberg	Shot Put	45-10 (4th)
Aina, Osbourne, Seed, Karchem	1600 Relay	3:27.39 (4th)
Morio Alexander	Long Jump	21-06 3/4 (5th)
Dan Helgesen	800	1:56.78 (5th)
Neal Karchem	400	51.18 (5th)
Bonner, Karchem, Aina, Osbourne	400 Relay	43.79 (5th)
Bo Light	400 IH	57.51 (6th)
Ravi Sastry	110 HH	15.80 (6th)

<u>New England Intercollegiate Amateur Athletic Association (NEIAAA)</u> (26th) 1 point		
John Wallberg	Hammer	188-05 (6th)

<u>National Collegiate Athletic Association Division III (NCAA Div. III)</u> (26th-tie) 8 points		
John Wallberg	Hammer	192-02 (2nd)

BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Meet</u>
Hammer	John Wallberg	201-00**	St. John's Open
	Wade Morehead	135-01	RPI, WPI
Shot Put	John Wallberg	46-11 1/2	Springfield
	Keith Bevans	44-07 1/4	Springfield
Discus	John Wallberg	152-05	Bates, Bowdoin, Colby
	George Torres	130-09	Bates, Bowdoin, Colby
Javelin	Juan C. Fuenmayor	146-07	Bates, Bowdoin, Colby
	Andres Morin	133-07	Tufts
Long Jump	Morio Alexander	21-06 3/4	NE Div. III
	Ravi Sastry	21-04 1/4	Springfield
Triple Jump	Hung Hoang	44-00 3/4	Tufts
	Morio Alexander	43-02 1/2	Tufts
Pole Vault	Dafe Ogagan	14-09	NE Div. III
	Andrew Jamieson	13-09	NE Div. III
High Jump	Hung Hoang	6-04	Springfield
	Bo Light	5-10	Tufts
100	Akin Aina	11.1	Emory Inv.
	Dafe Ogagan	11.3	Emory Inv.
110HH	Ravi Sastry	15.80	NE Div. III
	Lincoln Bonner	15.81	Tufts
200	Neal Karchem	23.15	Springfield
	Akin Aina	23.17	Springfield
400	Neal Karchem	50.84	NE Div. III
	Marlon Osbourne	52.58	RPI, WPI
400IH	Bo Light	57.31	NE Div. III
	Ravi Sastry	57.93	Emory Inv.
800	Dan Helgesen	1:56.44	NE Div. III

	Joel Ford	2:00.07	Emory Inv.
1500	Dan Helgesen	4:05.36	Bates, Bowdoin, Colby
	Joel Ford	4:05.97	NE Div. III
3000SC	Leif Seed	9:25.68*	NE Div. III
	Mike Parkins	9:28.26	NEIAAA
5000	Arnold Seto	15:14.16	NEIAAA
	Mike Parkins	15:51.78	Tufts
10,000	Arnold Seto	31:09.38	NE Div. III
	Omar Saleh	34:07.12	NE Div. III
400R	Bonner, Karchem,	43.79	NE Div. III
	Aina, Osbourne		
1600R	Aina, Osbourne,	3:27.39	NE Div. III
	Seed, Karchem		

** Varsity Record

* Freshman Record

1997 OUTDOOR TRACK SCHEDULE

APRIL 5	RPI & WPI	@MIT	1:00
APRIL 12	BATES, BOWDOIN, COLBY	@COLBY	1:00
APRIL 19	TUFTS & BATES	@MIT	1:00
APRIL 26	SPRINGFIELD	@MIT	1:00
MAY 3	TUFTS' INVITE	@TUFTS	TBA
MAY 10	N.E. DIV. III CHAMP.	@TUFTS	10:15
MAY 16,17	NEIAAA CHAMP.	@TUFTS	TBA
MAY 21-24	NCAA DIV. III CHAMP.	@UW LACROSSE	TBA

TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

Outdoor Season: Best Showing in Years

With John Wallberg back on the team, MIT had much higher hopes for the Outdoor Season. The anticipated maturing of the rookies, and the balance that John would give the team in the throwing events had most thinking that the team could go undefeated with a little luck.

During the Spring Trip to Atlanta that luck proved to be bad, not good. One would think that going south to a warmer climate would be good for the prevention of injuries. This is not necessarily the case. During that week we lost top point man Ravi Sastry '98, top all around athlete Dafe Ogagan '97, and middle distance man Dan Helgesen '97. This coupled with the loss of distance runner Josh Feldman '97 to a stress fracture put the Techmen in an uncompromising position entering their first meet back home.

With mirrors and a little luck we were able to stay undefeated going into the Tufts' meet. Dafe tried to return, but was unable to go. The only one of the injured who was able to compete was Helgesen and he did a great job, but it was not enough, as once again Tufts won the meet at the end.

The Springfield meet was the highlight of the regular season. The entire team had a career day. We had not defeated Springfield at their track in the last two tries. Both teams were extremely "psyched". Winning first place in every jumping event, Wallberg setting personal bests in both the Hammer and the Shot Put, Neal Karchem running the anchor leg he will never forget, and a host of people doing a little more than they thought they could allowed Tech to win the meet in a come-from-behind victory on the last straight in the last event.

The only thing that could top the Springfield meet was the New England Division III Championships at Williams. MIT had no one seeded to make the finals in any of the running events below the 1500, and in fact was seeded only 6th as a team. That did not

deter the Engineers on this day as 14 all time personal bests were set along with a freshman record in the Steeplechase. MIT scored in every running event entered except for one, the 1500, on their way to a 2nd place finish with 58 points. This meet put the icing on what was a truly enjoyable year.

The remainder of the championships did not go particularly well. John Wallberg set a Varsity record in the Hammer Throw of 201-00 at a last chance meet and entered nationals seeded #1. However, John could only put together a series of 192' throws to take 2nd at the NCAA Championships. The other national qualifier, Arnold Seto '96 did not have a good day in his first national track experience. Arnie finished the 10K in 32:58, well off the pace of the leaders.

Once again the MIT Athlete of the Year went to a Track and Field Athlete. This year it was John Wallberg. At the Awards Dinner the winners were as follows:

MVP	John Wallberg '96
McKenzie	Hung Hoang '96
Most Improved	Marlon Osbourne '98
JV	Brent Yen
1997 Captains	Dan Helgesen '97
	Dafe Ogagan '97

Please remember the Alumni Cross Country Meet at Franklin Park on September 7, and the Alumni Indoor Meet on December 14.

Alumni Executive Committee

W. Sumner Brown '66
Greg Hunter '76
Brian Moore '73
Patrick Sullivan '71
Dave Wilson '73

Track Staff

Head Track Coach: Halston Taylor
Asst. Coach: Eric Callaghan
Asst. Coach: John-Paul Clarke '91
Asst. Coach: Bill Singhose '90
Captains:
Cross Country: Ethan Crain '96
Indoor Track: Hung Hoang '96
Edgar Ngwenya '96
Outdoor Track: Hung Hoang '96
John Wallberg '96