

**MIT TRACK AND CROSS COUNTRY  
FRIENDS OF TRACK AND CROSS COUNTRY  
NEWSLETTER #55  
AUGUST 1996**

**NEW FORMAT**

This year's edition of the Newsletter will not include a meet by meet breakdown. With the number of alumni able to access our web site as well as those on the email list, it seems unnecessary to repeat this information. I had hoped to change the look of the Newsletter as well, but I did not have the opportunity as yet to learn Pagemaker. I hope that next year's version will look a lot better.

For those of you who have the ability to access the web site the addresses are as follows: <http://www.mit.edu:8001/activities/athletics/intercol/mens/mtfxc.html>, or <http://web.mit.edu/afs/athena.mit.edu/org/a/athletics/www/intercol/mens/mtfxc.html>. I promise to spice up the graphics within the next year. It is very difficult to find the time to maintain the weekly results as well as creating the graphics. I have purchased a scanner to make the situation a little easier in the future.

If any of you wish to get on the email list, please send your request to [hwTaylor@mit.edu](mailto:hwTaylor@mit.edu), or if you wish to save a step, you can send it directly to [jblake@mit.edu](mailto:jblake@mit.edu) in the Alumni Office. I try to send out the results from the weekend's meet each week. Occasionally, I may miss a week, but only because of a lack of time.

It is at this time that I again solicit the help of alumni and friends to contribute to the Newsletter. With the new format, my hope is that a few of you will write an article of your choice or do a "where are they now" type column. I will add this to the year's results as well as some statistics to make for what I hope will be a more informative publication.

**NEW COACH**

Please join me in welcoming Richard MacKenzie as Men's Assistant Track and Field Coach. Richard will oversee the jumps and possibly will play a part in the hurdles or throws. After 14 years as the Head Coach at Xaverian High School in Massachusetts, Richard wanted to get into collegiate coaching, and the position at MIT seems a great match. Bill Singhose '90 will still be coaching the Pole Vault while continuing to earn his Ph.D. in Mechanical Engineering.

Throwing Coach, John-Paul Clarke, will be moving on to another phase of his life after attaining his Ph.D. in Aero-Astro this September. John-Paul got married in June of this year. We wish him and his wife a happy life together. We thank JP for the 5 years he gave back to MIT Track and Field.

Coach Eric Callaghan, after 1 year with MIT, will be going back to Connecticut to begin his own graduate studies. Eric did a great job with the jumps, bringing many athletes to personal bests in a short period of time.

**100TH ANNIVERSARY OF TRACK ALUM WINNING OLYMPICS**

**07/18/96 MIT Hurdler Was Victor/Chronicler of 1896 Olympics**

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MIT hurdler was victor/chronicler  
of 1896 Olympics  
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For Immediate Release, July 18, 1996  
Contact: Kathleen Rowe  
Phone: 617-258-5400  
Email: <krowe@mit.edu>

CAMBRIDGE, Mass.-- "...At two sharp (we) appeared in running clothes in the Stadium itself, just as the Games were about to commence. The sight that met our eyes was one never to be forgotten. Row after row of people all dressed in holiday attire lined the seats of the Stadium, while at the end sat the King and Royal Family of Greece, the King of Serbia, two Grand Dukes of Russia, and hundreds of officers of different nationalities, all in the gayest of uniforms...Eighty-two thousand people were seated and thirty thousand more, for whom there was no room, were standing tier on tier on a hill that towered above one side of the seats," chronicled Thomas Pelham Curtis, MIT Class of 1894, victor of the 110-meter hurdles competition in the first modern Olympics one hundred years ago.

Curtis traveled to Greece with a last-minute American team from the Boston area and came away with first place in a race he reported as "nip and tuck from start to finish." The games were a revival of the ancient games last run in 393 A.D. and ended by the emperor Theodosius. Curtis recorded the 1896 games in a 1924 issue of Technology Review.

Curtis was born in California to a noted Boston family. He came to MIT from St. Paul, MN to study electrical engineering. He was very active in his MIT class--playing on the varsity football team and serving as the team's vice president, holding the position of chief marshal of the Class Day committee and competing with the track team. Curtis did not officially graduate with the class, though. In the 1893-94 yearbook, "The Technology Portfolio," he was listed as one of 28 students who were "intimately connected with the class of 1894 who did not try for degrees."

"Only six men had been left from the trial heats," according to Curtis, "including a Frenchman, an Englishman, a Greek and two Germans. The race was nip and tuck from start to finish, both the Englishman and myself clearing the tenth hurdle abreast. I beat him out in the stretch by a scant two feet." Curtis ran the hurdles that day in 17.6 seconds.

Curtis commented that the Olympic records from those first modern games were not particularly good because of the Stadium's soft track which had not been completed. "But there was a romance and a novelty connected with them that is hard to describe," he wrote.

The American athletes also were not completely prepared beforehand. Curtis' party--members of the Boston Athletic Club--decided to compete in the Olympics at the last minute, joining a team from Princeton, and set sail for Greece less than two weeks before the opening event.

To prepare the athletes for the competition, the steamship Fulda's rear deck was cleared from 3-4 PM each day and used for practicing the various events. The team took advantage of the ship's stop in Gibraltar for practice as well. "While the other passengers hired carriages, guides, etc., and spent their time in sight-seeing, we took our spiked shoes and other paraphernalia, and visited the racing park belonging to the English officers stationed there," according to Curtis.

The Boston team arrived in Athens the day before the games began, Sunday, April 5th. They were greeted enthusiastically and were marched through town to a City Hall banquet where "great surprise was shown at our hesitation in drinking great bumpers of white wine which were forced upon us."

On the first day of events, Curtis and his teammate T.E. Burke were entered in the program's first race, the 100-meter race, which had 24 competitors from all over Europe. Curtis and Burke each won their heats by narrow margins. Curtis also ran the preliminaries of the 400-meter race and 110-meter hurdles.

On Friday, the day on which all final races were to be run, the 100-meter race was scheduled immediately before the 110-meter hurdles. Curtis' trainer held him out of the 100-meter to focus his energy on the latter race. The trainer's caution seems to have paid off as Burke won the 100-meter by a foot and Curtis pulled off the 110-meter hurdles by twice that distance.

"As this was the race I had come especially to run, and as I had heard great tales of the prowess of my opponent and his many victories in England, I breathed much more freely and was able to look at the other final contests with much greater pleasure."

It is through Curtis's eyes that we now see the 1896 games. Curtis's camera, a gift from his parents, is the source of most of the photos of the that early Olympics, according to the Los Angeles Times.

When all the races were tallied the Americans did exceedingly well, taking first place in nine of the 12 competitions. The prizes were awarded from a platform in front of the King of Greece's box. Here, Curtis received an olive branch from the sacred grove of Olympus, a specially designed medal made from silver\*, and a "diploma" engraved in Greek with a description of his award.

Following his education at MIT, Curtis studied abroad for a year at the Polytechnicum in Dresden. Returning to Boston, he and a friend from MIT, F.W. Lord, who was the Captain of MIT's athletic team, went into business together as electrical contractors in the Lord Electric Company. Curtis was active in a number of community and sports organizations including the Tennis and Racquet Club, Boston Athletic Club, the Country Club, Oakley Country Club, Nahant Club and D.K.E. He served as captain in the Massachusetts National Guard and was a military aide to Massachusetts Governor Calvin Coolidge in World War I. Curtis married Frances K. Small in 1893 and had four children. He died in 1944.

\*Gold medals were not awarded to first place winners until later Olympics.

# # #

Other MIT Olympic medal winners:

Joseph L. Levis '26 silver medal in fencing in 1932  
Ralph L. Evans Jr., '48 silver medal in sailing in 1948

Other MIT Olympians:

A number of MIT alumni have competed. MIT's most recent Olympic athlete, Alexis Photoiades, '91, was a skier for the Isle of Cyprus in the 1988 and 1992 Olympics. Other MIT Olympians of note include hurdler Henry Steinbrenner '27, who competed in the 1928 Olympics. Henry is father of George Steinbrenner, principal owner of the NY Yankees. MIT's track, Steinbrenner Stadium, is named after this famous alumnus.

Editors Note: Thomas Curtis's account of the Olympics, chronicled in MIT's July 1924 Technology Review, is available through the MIT News Office (617) 253-2700.



Several members of America's first Olympic team. Standing: T.E. Burke, Thomas P. Curtis, '94, Ellery H. Clark. Seated: W.W. Hoyt, Sumner Paine, Trainer John Graham, John B. Paine, Arthur Blake.

### **CENTURY CLUB**

Thank you very much to all of you who contributed this year to the Friends of Track and Cross Country Fund. Special thanks go to those who were able to give \$100.00 or more. I know how difficult it is during these days of fiscal restraint. This year, through your gifts and our concessions we raised \$26,347.50.

Trips and items that were funded included taking a wonderful Spring Trip to Atlanta, involving 24 athletes and coaches. We received a good price at a Marriott Courtyard, not too far from where we were practicing and competing at Emory University. The purpose of the trip is twofold. One, we hope the guys on the team get to know each other a lot better by doing activities and spending time together. And two, we hope for good practice and competition. We accomplished both, even though it rained most of the week. The team got to visit Underground Atlanta, Grant Park and the Atlanta Zoo, and Stone Mountain. I was able to take five guys to the Olympic Track because they needed some athletes to test a new video system to help with protests. We were the first athletes to run on the track.

We were also able to purchase another computer and an increase in memory to help with the Lynx timing system and meet management program. We hope to be able to capture and crop the image on the first computer, then save it for evaluation on the second computer. I will bring in my computer to then network the meet management program with the other two computers. This will give us instant results on all track races without any delay. We can now get those results out immediately because we were also able to purchase a Toshiba Copier to cover all of the copying needs of the Track and Cross Country Programs. The Cross Country trip to Syracuse, New York for 22 guys was also

supported by the Friends. Of course, the second and third year letter awards are supported by the Friends fund, as well as any special awards.

In short, we could not do this without you. In our own times of budget deficit, we are able to maintain and even improve the quality of our program because of your generosity.

In 1997, we hope to return to San Diego for our Spring Trip. That was an exceptional trip 5 years ago and we have been invited back each year. We will probably try to combine it with a visit to Pomona Pitzer and Claremont Mudd Scripps Colleges.

We will also try to find the best competition for what looks to be a great Cross Country Team. This means going out of the area. In an early season meet we will go to Cortland, NY to face at least 3 of last year's top 10 in a 30 team invitational. Two weeks later we will take the top 7 to a meet at Lacrosse, Wisconsin, where 5 more of last year's top 10 teams will be competing.

Your gifts, as always are greatly appreciated and will be accepted as your charitable contribution to MIT for the 1996-97 fiscal year.

The order of \$100.00 donors listed below is by date received. Those with an asterisk after their name donated \$1,000.00 or more.

Mr. Gordon Holterman	Mr. and Mrs. Joseph Schell*	Mr. David Dobos
Mr. Gordon DeWitte	Mr. Stanley Johnson	Mr. Timothy McManus
Dr. Donald Morrison	Dr. Richard Sutton	Mr. Robert White
Mr. Albert Lau	Mr. Ronald Adolph	Mr. Thomas Washington
Dr. Katherine Taylor	Mr. Frank Rabe Jr.	Mr. Joseph Kowalski
Dr. James Flink	Dr. Frederick Bunke Jr.	Mr. Warren Lattof
Dr. Edward Hoffer	Mr. George Kimball	Exxon Education Foundation
Dr. Jeffrey Lukas	Mr. Joseph Presing	Dr. Stanley Reed
Fidelity Investments	Mr. Christopher Kurker	Mr. Glenn Hopkins
Mr. Kevin Scannell	Dr. Frank Richardson	Mr. John-Paul Clarke
Dr. John Dillon	Mr. Kirk Carlson	Mr. James Garcia
Mr. John Kaufmann	Dr. David Kieda	Mr. Brian Moore
Mr. Christopher Demarco	Mr. Leonard Parsons	Mr. Robert Wesson*
Mr. Michael Lyons	Mr. Paul Neves	Ms. Gowri Rao
Mr. Lawrence Berman	Dr. John Krolewski	Mr. Mark Schwartz
Dr. Sumner Brown	Dr. David Wilson	

## **CROSS COUNTRY**

### **Varsity Record**

Won 6, Lost 0

### **MIT**

18

15

22

### **OPPONENT**

Alumni 45

RPI 52, WPI 65

Tufts 44, Bates 87, Bentley 93

LeMoyne Invitational	1st - 15 points
NEIAAA Championship	7th - 236 points
Keene St. Invitational	1st - 49 points
CAC Championship	1st - 39 points
NCAA Div. III Qualifier	6th - 154 points

## **1996 CROSS COUNTRY SCHEDULE**

SEPTEMBER 7	ALUMNI	FR. PARK	1:00*
SEPTEMBER 14	DARTMOUTH INVITATIONAL	DARTMOUTH	
	11:00		
SEPTEMBER 21	BATES, TUFTS	BATES	3:00
SEPTEMBER 28	CORTLAND ST. INV.	CORTLAND ST.	TBA
OCTOBER 5	OFF		
OCTOBER 12	JIM DREW INVITATIONAL	LACROSSE, WI.	11:15
OCTOBER 18	NEIAAA CHAMPIONSHIP	FR. PARK	11:30
OCTOBER 26		CAC	
CHAMPIONSHIP		FR. PARK	2:00
NOVEMBER 2	ECAC CHAMPIONSHIP OR OFF		TBA
	TBA		
NOVEMBER 9	NE DIV. 3 CHAMP./NCAA DIV. 3 QUAL.	WESTFIELD ST.	
	TBA		
NOVEMBER 16	NCAA DIV. 3 CHAMPIONSHIP	AUGUSTANA.	TBA

**\* TIME IS SUBJECT TO CHANGE - CALL (617) 253-4918 FOR UPDATE**

### **Cross Country Concludes Best Regular Season With Disappointing Finish**

The 1995 version of MIT Cross Country had the hopes of being the best ever at MIT. Ranked as high as 5th in the NCAA Division III Poll for much of the season, things seemed to be going according to plan. However, after the All New England Championships; where MIT finished an impressive 7th, with National Champion Williams College the only Division II or III College to defeat MIT, the Techmen seemed to fall apart.

After cruising through an undefeated regular and invitational season, the harriers seemed ready to improve on their 1994 NCAA Division III 10th place finish. Generally speaking, the NEIAAA Championships (All New England's) is a good measure of how well a team or individual will place at nationals. Placing 7th, MIT was in looking great for the second half of the season.

Cruising through the regular season as mentioned in the previous paragraph was exactly what this team did not need. All-America Ethan Crain '95, still having his problem with nausea during the races, was afraid to push it and consequently forgot how to when the time came. The rest of the team was also content to just win instead of challenge each other for position.

After the NEIAAA Championships the harriers began to fade badly. Winning the Keene State Invitational by 3 points and the CAC Championship by 1 point had the entire team worried. Although some great performances were realized to pull these wins out, the team should have never been in the situation.

Making use of the Sports Psychologist all season and even taking him with us to the National Qualifier gave the team the confidence to run to their potential. However, confidence had nothing to do with it. The problem was not remembering, physically or mentally, how to run tough in big races. MIT finished a very disappointing 6th and did not qualify for the National Championships. Ethan did qualify by finishing 2nd individually.

Ethan was in great shape at the mile mark at Nationals, but when the leaders moved, Ethan looked as though he had no desire to respond. Hanging in about 40 place for the latter half of the race, Ethan kicked too little too late and finished 36th in 25:01.

Ethan finished 1st for MIT in every race and was awarded team MVP at the Awards Dinner. Ethan finished a remarkable track and cross country career at MIT, and will plague the varsity for years to come in the alumni meets. Ethan was voted team MVP for the 2nd consecutive year, the first to achieve this honor since Barry Bayus '79. Dan Helgesen '97 was elected next season's captain.

1995 CROSS COUNTRY RANKING								
NAME	PLACE	RANK	DELTA	RANK	#OF MEETS	RANK	TOTAL	TEAM RANK
BERRY	5.80	6.00	1:03.67	6.00	6.00	2.00	14	6
BLOMQUIST	19.20	22.00	4:22.40	21.00	6.00	2.00	45	21
CAYETANO	18.00	20.00	3:30.67	16.00	3.00	5.00	41	20
CORONA	11.71	13.00	2:33.00	13.00	7.00	1.00	27	13
CRAIN	1.00	1.00	:00.00	1.00	7.00	1.00	3	1
DEBSKI	10.25	11.00	2:00.00	8.00	4.00	4.00	21	10
FELDMAN	4.28	5.00	:54.57	5.00	7.00	1.00	11	5
FORD	11.71	13.00	2:37.28	14.00	7.00	1.00	28	14
HELGESEN	2.80	3.00	:31.80	3.00	5.00	3.00	9	3
HUSAIN	9.14	8.00	2:02.86	10.00	7.00	1.00	19	8
HWU	16.71	18.00	3:45.43	19.00	7.00	1.00	38	18
KELLY	17.71	19.00	4:08.57	20.00	7.00	1.00	40	19
KELMAN	15.57	15.00	3:29.57	15.00	7.00	1.00	31	15
KERSHNER	23.00	28.00	6:30.33	28.00	4.00	4.00	60	28
PARKINS	3.86	4.00	:48.71	4.00	7.00	1.00	9	3
PIZANO	21.25	26.00	4:33.50	23.00	5.00	3.00	52	24
ROBERTSON	20.00	23.00	5:23.00	26.00	2.00	6.00	55	26
ROSALEZ	9.30	9.00	2:00.17	9.00	6.00	2.00	20	9
SALEH	10.00	10.00	2:14.57	12.00	7.00	1.00	23	11
SCHELL	10.60	12.00	2:11.40	11.00	5.00	3.00	26	12
SEED	7.14	7.00	1:36.57	7.00	7.00	1.00	15	7
SETO	2.57	2.00	:29.86	2.00	7.00	1.00	5	2
SURESH	16.00	16.00	3:34.60	17.00	5.00	3.00	36	16
THOMPSON	18.17	21.00	4:29.83	22.00	6.00	2.00	45	21
TONG	21.17	25.00	5:10.83	25.00	7.00	1.00	51	23
VAN BUREN	16.57	17.00	3:44.86	18.00	7.00	1.00	36	16
VENTURINI	20.67	24.00	4:41.67	24.00	3.00	5.00	53	25
WEATHERLY	21.83	27.00	5:45.67	27.00	7.00	1.00	55	26

**INDOOR TRACK**

**VARSITY**

Won 13, Lost 2

**JV**

Won 1, Lost 0  
MIT 89 NAPS 33

**MIT**

49  
243  
212.5  
231  
207.5

**OPPONENT**

**Alumni 73**  
Coast Guard 150, WPI 97, UMass/Dart. 55, Colby 48  
Springfield 176.5, Bowdoin 160, Colby 36  
**Tufts 243**, Bowdoin 93, Fitchburg St. 10.5, Worcester St. 10.5  
**Williams 260.5**, Bates 100, Norwich 22, Worcester St. 1

**VARSITY SCORING & ROSTER**

Ravi Sastry	'98 120.5	Morio Alexander	'96 16	David Ratliff	'99 6.5
Akin Aina	'95 63	Marlon Osbourne	'98 14.5	Sohail Husain	'98 5.75
Joel Ford	'98 54.5	Wade Morehead	'98 14	Rick Velez	'98 4
Dan Helgesen	'97 54	Patrick Dannen	'98 13	Chuck Van Buren	'98 3.75
Arnold Seto	'96 53	Jason Melvin	'97 13	Jason Dailey	'99 3

Hung Hoang*	'96 47	Chris Schell	'96 13	Shawn Kelly	'96 1
Neal Karchem	'99 44	Leif Seed	'99 13	Luis Pizano	'97 1
Lincoln Bonner	'97 39	Michael DeMassa	'97 11	Brent Yen	'99 1
Dafe Ogagan	'97 35	Sam Sidiqi	'99 11	Brian Banaszak	'97 .75
Josh Feldman	'97 34	Todd Chamoy	'98 10	Gus Blomquist	'99 .75
John "Bo" Light	'96 34	David McGill	'99 10	Terry Fong	'99
Edgar Ngwenya*	'96 33.75	Alex Kuperman	'98 9.25	David Kelman	'99
Mike Butville	'98 32	Omar Saleh	'97 8	Edward Langlois	'97
Keith Bevans	'95 29	Martin Suresh	'99 7.75	Andres Morin	'99
Jared Miller	'99 20	Alim Needham	'97 7	Richard Rosalez	'98
Andrew Jamieson	'99 19	George Torres	'99 7	Brian Wong	'99
Mike Parkins	'99 17	Reggie Paulding	'97 6.5		

\* Captain

### CHAMPIONSHIPS

#### New England Division 3 (NE Div. 3) (5th) 50 points

Dan Helgesen	1000	2:32.79 (1st)
Dafe Ogagan	Pole Vault	14-06 (2nd)
Joel Ford	1000	2:34.95 (3rd)
Arnold Seto	3000	8:46.66 (3rd)
Josh Feldman	5000	15:31.13 (4th)
Jason Melvin	Pole Vault	13-06 1/4 (4th)
Suresh, Aina, Ford, Helgesen	DMR	10:42.18 (4th)
Morio Alexander	Triple Jump	42-02 1/4 (5th)
Andrew Jamieson	Pole Vault	13-06 1/4 (5th)
Bo Light	Pentathlon	3004 (5th)
Hung Hoang	Triple Jump	42-2 1/4 (6th)
Dafe Ogagan	55HH	8.28

#### New England Intercollegiate Amateur Athletic Association (NEIAAA) (20th- tie) 6 points

Josh Feldman	5000	15:08.41 (5th)
Joel Ford	1000	2:30.27 (5th)
Dafe Ogagan	Pole Vault	14-09

### BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Meet</u>
Weight Throw	Mike Butville	46-07 1/4	NE Div. 3
	Wade Morehead	41-08	Tufts, Bowdoin, Fitchburg St., Worc. St.
Shot Put	Keith Bevans	45-01	Williams, Bowdoin, Norwich, Worc. St.
	Patrick Dannen	40-06 3/4	Bowdoin, Springfield, Colby
Long Jump	Ravi Sastry	22-00 1/2	Williams, Bowdoin, Norwich, Worc. St.
	Hung Hoang	20-08	NE Div. 3
Triple Jump	Morio Alexander	43-08 3/4	Williams, Bowdoin, Norwich, Worc. St.
	Hung Hoang	42-05	Tufts, Bowdoin, Fitchburg St., Worc. St.
Pole Vault	Dafe Ogagan	14-09	NEIAAA
	Andrew Jamieson	13-06 1/4	NE Div. 3
	Jason Melvin	13-06 1/4	NE Div. 3
High Jump	Hung Hoang	6-00	Williams, Bowdoin, Norwich, Worc. St.
	Bo Light	6-00	Williams, Bowdoin, Norwich, Worc. St.
	Ravi Sastry	6-00	Williams, Bowdoin, Norwich, Worc. St.
55HH	Ravi Sastry	8.13	Bowdoin, Springfield, Colby
	Dafe Ogagan	8.23	Williams, Bowdoin, Norwich, Worc. St.
55	Dafe Ogagan	6.84	Alumni
	Akin Aina	6.85	Alumni
200	Akin Aina	23.84	Williams, Bowdoin, Norwich, Worc. St.



	Neal Karchem	24.27	Tufts, Bowdoin, Fitchburg St., Worc. St.
400	Neal Karchem	53.11	Williams, Bowdoin, Norwich, Worc. St.
	Edgar Ngwenya	53.88	Beaver Relays
500	Chris Schell	1:09.14	Williams, Bowdoin, Norwich, Worc. St.
	Edgar Ngwenya	1:09.28	Tufts, Bowdoin, Fitchburg St., Worc. St.
800	Dan Helgesen	1:59.19	Williams, Bowdoin, Norwich, Worc. St.
	Joel Ford	2:00.03	Tufts, Bowdoin, Fitchburg St., Worc. St.
1000	Joel Ford	2:30.27	NEIAAA
	Dan Helgesen	2:32.79	NE DIV. 3
1500	Dan Helgesen	4:03.84	Tufts, Bowdoin, Fitchburg St., Worc. St.
	Joel Ford	4:04.81	Tufts, Bowdoin, Fitchburg St., Worc. St.
Mile	Dan Helgesen	4:17.83	NEIAAA
	Joel Ford	4:33.96	Beaver Relays
3000	Arnold Seto	8:46.66	NE Div. 3
	Josh Feldman	8:53.85	Williams, Bowdoin, Norwich, Worc. St.
5000	Josh Feldman	15:08.41	NEIAAA
	Arnold Seto	15:14.16	Alumni
1600R	Osbourne, Ngwenya,	3:37.31	Williams, Bowdoin, Norwich, Worc. St.
	Kuperman, Ford		
3200R	Ngwenya, Schell,	8:05.02	Tufts, Bowdoin, Fitchburg St., Worc. St.
	Helgesen, Ford		
DMR	Suresh, Aina,	10:42.18	NE Div. 3
	Ford, Helgesen		
Pentathlon	Bo Light	3004	NE Div. 3

### 1996-97 INDOOR TRACK SCHEDULE

DECEMBER	11	NAPS	@MIT	4:00
DECEMBER	14	ALUMNI	@MIT	1:00
JANUARY	11	BEAVER RELAYS	@MIT	1:00
JANUARY	18	QUAD MEET	@WILLIAMS	1:00
JANUARY	25	QUAD MEET	@MIT	1:00
FEBRUARY	01	QUAD MEET	@BATES	TBA
FEBRUARY	08	QUAD CUP INV.	@MIT	TBA
FEBRUARY	14&15	NE DIV. III CHAMP.	@MIT	11:00
FEBRUARY	21&22	NEIAAA CHAMP.	@BU	TBA
MARCH	01&02	IC4A CHAMP.	@PRINCETON	TBA
MARCH	08&09	NCAA DIV. III CHAMP.	@UW OSHKOSH	TBA

### TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

#### **Indoor Team Accomplishes Successful Season While Rebuilding**

The 1995-96 Indoor Track and Field Team when looked at on paper was certainly not one of the best teams in recent times. Having lost two All-America Winners in Ethan Crain '95 and Jesse Darley '95, as well as national qualifier Andy Ugarov '95, the team was in need of a leader. The two most natural leaders, All-America John Wallberg, and national qualifier Matt Sandholm, were taking the season off. All in all, that is a lot to rebound from.

Thanks to a couple of great captains, Hung Hoang '96 and Edgar Ngwenya '96 the 1996-97 version of track and field athletes slowly rounded itself into a very competitive unit. After losing to a very capable Alumni Team 73-49, it looked as though the season would indeed be a long one.

Spending most of January without the services of the two best pole vaulters, Dafe Ogagan '97 and Jason Melvin '97, as well as leading triple jumper Morio Alexander '96,

the normally easy meets became real battles. The last two quad meets included MIT's stiffest competition for the Quad Cup Championship. Tufts University was in the first one and Williams College in the next and final weekend prior to the New England Division III Championships.

For those of you on the 1982-83 Indoor Team, you would have felt as though you were reliving a nightmare. The news article can probably describe it best, remember that scoring in a quad cup meet is 9-7-6-5-4-3-2-1 in the non-relay events and 9-6-3-0 in the relays.

"...Having completed all of the field events, all eyes were on the track, where MIT's not-so-secret weapon Arnold Seto came back in his third event to lead the attack. Some 40 or 50 athletes from each school were on their feet cheering for the entire race, which lasted over 15 minutes. Pacing themselves well, Seto, Michael Parkins '99, and Josh Feldman (in his second event), shadowed the lead runner from Tufts for most of the race. The Tufts runner tried to lose the pack several times, but the MIT runners kept up. With only a few hundred meters to go, the race was still dead even, and everyone knew that it was going to be decided by who had the heart to push himself farther. Perhaps because of the pace or because of trying to lose the MIT runners, the Tufts runner couldn't muster up the energy to finish strong, and came in fourth. This means, of course, that MIT took the top three places. Seto finished in 15:29, Feldman was close behind him with a 15:33, and Parkins came in at 15:40, two seconds ahead of the Tufts runner.

Nobody forgot about MIT's fourth runner, Omar Saleh '97, who hung back for most of the race, in eighth or ninth place. About half way through the race, upon the insistence of the screaming fans, Omar picked up the pace, and went hunting for more points. Omar never ran out of gas, and kept gaining, and gaining, and gaining. Finally with the race almost over, he overtook two exhausted Tufts runners and finished two seconds ahead of them, in sixth place, with a very respectable 16:18.

Many MIT athletes placed in multiple events. The high scorer was Ravi Sastry '98, who, along with his second place finish in the long jump, took third in the high jump, won the 55 meter high hurdles, finished eighth in the 200, and fifth in the triple jump. Bo Light had a good day as well. He placed sixth in the high jump, fourth in the hurdles, and eighth in the triple jump. Hung Hoang added to his fourth in the long jump by finishing fifth in the high jump and third in the triple jump. Arnold Seto would need to be "carried off the track in a bucket of ice" according to Coach Halston Taylor. After his 1500 meter race he came back to finish fourth in the 800 meters, and came back again to win the 5000. According to Coach Taylor, it is courage and heart like Arnie's that breeds champion teams.

At this point in the meet, all individual events were over, and the two relays remained. MIT needed to place in the 1600 meter relay, and win the 3200 meter relay to win the meet, this was a distinct possibility. MIT had little hope of catching Tufts in the 1600 relay. After all, Tufts did take the top three spots in the 400 meter dash, and brought back these excellent runners for the relay. After finishing third in the 1600 relay, the score was such that whoever won the 3200 relay would win the meet. After the first two legs of the relay, Tufts held a slim lead, but MIT would not let that stick. MIT took over the lead with Dan Helgesen's third race of the day and best time of the season with a 1:59 split, but the race remained close. The anchor, Joel Ford, who had earlier finished second in the 800 meters, ran an even faster 800 this time around, but the Tufts runner out-kicked him in the last 50 meters and won by a fraction of a second.

MIT's 3200 relay team was later disqualified on a technicality, but this was a moot point. Tufts had that little extra that it needed to hold off MIT, and to win what Coach Taylor considers to be his track team's best meet in over a decade."

If Tech were to defeat Williams in the last meet, they would earn a tie for the Quad Cup Title with Williams and Tufts. However, the Ephs are still too strong. With six All America performers returning from the previous year and a couple of very good freshmen on Williams team the meet was never really that close.

Going into the NE Division III Championships, the Engineers were seeded 6th on paper. However, it appeared to be close enough among Bowdoin, Brandeis, and Coast Guard that MIT might be able to sneak in for a third place if things went well. Things did not go well as numerous poor performances by MIT kept it from taking advantage of opportunities presented by their competitors. Still, going into the relays, Tech was in third. However, fatigue and inexperience combined to keep Tech from scoring but 4 points in all of the relays. Both Brandeis and Bowdoin passed MIT in scoring to finish 3rd and 4th respectively.

At the Team Award's Dinner, Dan Helgesen '97 and John Wallberg G were elected captains for next season, while Ravi Sastry '98 was voted team MVP in his rookie season.

## OUTDOOR TOP 10 PER EVENT

<b>100 YARD DASH</b>			A. Dell Isola	50	21.6
Jim Flink	64	9.9	S. Klein	54	21.7
Dick Bell	34	10.0	Ayisi Makatiani	90	21.91 (M)
R. Meny	44	10.0	Gary Wilkes	75	21.8
W. Casey	46	10.0	Mark Dunzo	91	21.97 (M)
Rex Ross	66	10.0	Bill McLeod	69	21.9
Larry Kelly	70	10.0	Larry Schwoeri	66	22.0
Richard Okine	77	10.0	<b>400 Meter / 440 Yard Dash</b>		
C. Geisler	54	10.1	Ayisi Makatiani	90	46.84 (M)
Elliot Borden	73	10.1	Mark Dunzo	91	47.44 (M)
Gary Wilkes	75	10.1	Karim Roshd	88	48.31 (M)
<b>100 METER DASH</b>			Harold Ingraham	49	48.8
Mark Dunzo	91	10.82	Bob Dunlap	67	48.9
Ayisi Makatiani	90	10.84	Larry Kelly	70	49.0
Matt Sandholm	96	10.90	Larry Schwoeri	66	49.2
Bill Singhose	90	11.08	Elliot Borden	73	49.7
John Taylor	84	10.9	Lance Parker	84	49.4 (M)
Franklin Moore	82	11.14	Joel Rogers	65	49.8
Dave Wright	89	11.18	<b>400 Meter / 440 Yard IH</b>		
Lyman Taylor	85	11.21	Paul McKenzie	90	52.95 (M)
Ed Arenberg	85	11.28	John Taylor	84	53.0 (M)
Akin Aina	96	11.1	Ron Smith	85	53.39 (M)
<b>110 Meter / 120 Yard HH</b>			Bill Singhose	90	53.52 (M)
Robert Tronnier	73	14.3	Terry Dorschner	65	53.6
Richard Okine	77	14.5	Teddy Bosey	88	54.24 (M)
Warren Lattof	55	14.6	Richard Okine	77	55.4
Terry Dorshner	65	14.6	Robert Tronnier	73	55.5
Sean Garrett	88	14.6 (M)	Al Tervalon	65	55.7
Al Tervalon	65	14.7	Joe Presing	84	55.82
Kelly Davis	92	15.00 (M)	<b>800 Meter / 880 Yard Run</b>		
Joe Presing	84	15.07 (M)	Paul Neves	83	1:49.22 (M)
Bill Singhose	90	15.07 (M)	Arthur Bryant	45	1:54.0
Jim Turlo	80	15.0	Jeff Lucas	82	1:53.6 (M)
<b>200 Meter / 220 Yard Dash**</b>			Mike Piepergerdes	93	1:54.24 (M)
Jim Flink	64	21.4	George Lennes	25	1:55.0
Joel Hemmelstein	70	21.5	Bob Karman	67	1:55.2
Matt Sandholm	96	21.65 (M)	Pat Sullivan	71	1:55.2
			Stan Kozubek	69	1:55.6

Gordon Holterman	87	1:55.20 (M)	Rex Ross	66	22-07
Ethan Crain	95	1:55.76 (M)	Scott Peck	73	22-02 3/4
<b>1500 Meter / Mile Run</b>			Albert Lau	72	22-02 1/4
Mike Piepergerdes	93	3:50.36	Don Morrison	62	22-02
Colin Kerwin	82	3:50.44	Nkere Udofia	83	22-02
Ben Wilson	70	4:09.6 (Y)	<b>Triple Jump</b>		
Ethan Crain	95	3:51.66	Kelly Davis	92	47-11
Gordon Holterman	87	3:52.0	Martin Taylor	83	46-11 1/2
Paul Neves	83	3:52.89	Doug Cornwall	89	46-09 3/4
Sumner Brown	66	4:14.1 (Y)	Kwaku Prakah-Asante	90	46-09 1/2
Len Nasser	80	4:15.9 (Y)	Andy Ugarov	95	46-07
Ken Kovach	83	3:57.41	Yaw Akato	74	46-01 1/4
Jeff Baerman	76	4:16.5 (Y)	John Tewksbury	92	45-10
<b>3000 Meter Steeplechase</b>			Bill Singhose	90	45-09 1/2
Ethan Crain	95	9:08.04	Jacob Kim	87	45-05 1/4
Ben Wilson	70	9:08.7	Bill McLeod	69	45-03
Gordon Holterman	86	9:12.6	<b>High Jump</b>		
Turan Erdogan	87	9:20.8	Jim Turlo	80	6-09 1/4
Leif Seed	96	9:25.68	Reid von Borstel	78	6-08
Mike Parkins	96	9:28.26	Glenn Hopkins	87	6-08
Rod Hinman	88	9:29.9	Andy Ugarov	95	6-08
Barry Bayus	79	9:32.4	Tom Washington	92	6-07
Gontran Kenwood	82	9:36.3	James Kirtley	94	6-06 1/2
Pat Hamilton	81	9:36.5	Walt Gibbons	73	6-05
<b>5000 Meter / 3 Mile Run</b>			Garret Moose	91	6-04 3/4
Frank Richardson	77	13:43.2 (Y)	Kirk Wings	71	6-04 1/2
Ben Wilson	70	13:50.5 (Y)	Hung Hoang	96	6-04
Colin Kerwin	82	14:23.96	Jason Tong	79	6-04
Anton Briefer	88	14:35.8	Andy Krystal	82	6-04
Barry Bayus	79	14:37.03	Martin Taylor	83	6-04
Bob Walmsley	84	14:48.8	Bill Singhose	90	6-04
John Kaufman	73	14:21.5 (Y)	<b>Pole Vault</b>		
Ethan Crain	95	14:56.07	Matt Robinson	94	16-04 1/2
Jesse Darley	95	14:57.2	Bill Singhose	90	15-07
James Williams	91	15:08.9	Dave Wilson	73	15-06
<b>10,000 Meters / 6 Mile Run</b>			Bobb White	87	15-01 1/2
Frank Richardson	77	29:50.8 (Y)	Steve Sydoriak	68	15-00
Barry Bayus	79	30:33.2	Dafe Ogagan	96	14-09
Sean Kelley	90	31:03.9	Jim Williams	77	14-00
Arnold Seto	96	31:09.38	Ed Ingenito	79	14-00
Jim Garcia	80	31:21.03	Ross Dreyer	86	14-00
Bill Bruno	85	31:22.7	Andrew Jamieson	96	13-09
Jesse Darley	95	31:34.17	<b>Shot Put</b>		
Al Carlson	74	30:36 (Y)	John Morefield	56	53-03 1/2
Terry McNatt	87	31:51.87	Brian Moore	73	51-06 1/4
Bill Mallet	86	31:57.45	Scott Deering	89	48-06
<b>Long Jump</b>			John-Paul Clarke	91	48-03
Stanley Johnson	36	24-02	Kim Sloat	64	47-11 3/4
Bill Singhose	90	23-05 1/2	John Wallberg	96	46-11 1/2
Kevin Scannell	92	23-00	Patrice Parris	85	46-02 1/2
Kwaku Temeng	80	22-09	Greg Hunter	76	45-10
J. Wiebe	27	22-08 1/4	Greg Procopio	85	45-09 1/2
Dave Carrier	65	22-07 1/4	Bill Remsen	62	45-05 1/2

<b>Discus</b>			Dave Kieda	82	181-10
Brian Moore	73	161-09	Steve Sifferlen	79	181-00
Steve Sifferlen	79	157-04	John-Paul Clarke	91	179-02
Scott Deering	89	153-02	John Pearson	74	175-06
John Wallberg	96	152-05	Greg Procopio	85	171-01
Patrice Parris	85	151-06			
John Morefield	56	149-09	<b>Javelin**</b>		
Dave Grasso	75	146-07	Mike Charette	74	218-03
Greg Mayhew	78	146-00	Greg Hunter	76	197-08
Eric Shank	90	145-08	J. Robertson	32	193-04
Fred Andre	70	144-09	Chris Masalsky	91	189-09
			Gordon Beckhart	84	189-03
<b>Hammer</b>			Alex Tschytkow	74	189-01
John Wallberg	96	201-00	Rex Ross	66	186-01
Patrice Parris	85	200-01	Kim Bierwart	72	186-01
Brian Moore	73	196-00	Joe Levangie	67	182-02
Scott Deering	89	187-08	Bill Eagleson	63	181-08
Gordon DeWitte	67	184-02	**All Time Best Performances, regardless of; type of track or implement		

## OUTDOOR TRACK

### VARSITY

Won 7, Lost 1

### MIT

95  
69  
85  
83

### OPPONENT

RPI 60, WPI 49  
Bates 48, Colby 46, Bowdoin 44  
**Tufts** 92, Bates 26  
Springfield 80

## VARSITY SCORING & ROSTER

John Wallberg *	'96 52	Andrew Jamieson	'99 3	Terry Fong	'99
Hung Hoang *	'96 36	David McGill	'99 3	Roberto Gomez	'99
Neal Karchem	'99 30 3/4	Omar Saleh	'97 3	Sohail Husain	'98
Morio Alexander	'96 25	Keith Bevans	G 2	Shawn Kelly	'96
Leif Seed	'99 21 3/4	Wade Morehead	'98 2	David Kelman	'99
Joel Ford	'98 20	George Torres	'99 2	Edward Langlois	'97
Mike Parkins	'99 20	Dafe Ogagan	'97 1	Jeffrey Malcolm	'98
Arnold Seto	'96 20	Sam Sidiqi	'99 1	Jared Miller	'99
Lincoln Bonner	'97 19	Martin Suresh	'99 1	Andres Morin	'99
Akin Aina	G 18 3/4	Brian Banaszak	'97	Reggie Paulding	'97
Marlon Osbourne	'98 12 3/4	Gus Blomquist	'99	Luis Pizano	'97
Dan Helgesen	'97 11	Todd Chamoy	'98	David Ratliff	'99
Mike DeMassa	'97 10	Gerardo Corona	'97	Chuck Van Buren	'98
John "Bo" Light	'96 9	Jason Dailey	'99	Brian Wong	'99
Ravi Sastry	'98 5	Patrick Dannen	'98	Brent Yen	'99
Juan Fuenmayor-Soto	'97 3	Josh Feldman	'97		

\* Captain

## CHAMPIONSHIPS

### New England Division 3 (NE Div. 3) (2nd) 58 points

John Wallberg	Hammer	194-00 (1st)
Leif Seed	3000 Steeplechase	9:25.68 (2nd)
Hung Hoang	Triple Jump	43-07 3/4 (3rd)
Dafe Ogagan	Pole Vault	14-09 (3rd)
Mike Parkins	3000 Steeplechase	9:30.57 (3rd)
Arnold Seto	10K	31:09.38 (4th)
John Wallberg	Shot Put	45-10 (4th)
Aina, Osbourne, Seed, Karchem	1600 Relay	3:27.39 (4th)
Morio Alexander	Long Jump	21-06 3/4 (5th)
Dan Helgesen	800	1:56.78 (5th)
Neal Karchem	400	51.18 (5th)
Bonner, Karchem, Aina, Osbourne	400 Relay	43.79 (5th)
Bo Light	400 IH	57.51 (6th)
Ravi Sastry	110 HH	15.80 (6th)

### New England Intercollegiate Amateur Athletic Association (NEIAAA) (26th) 1 point

John Wallberg	Hammer	188-05 (6th)
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### National Collegiate Athletic Association Division III (NCAA Div. III) (26th-tie) 8 points

John Wallberg	Hammer	192-02 (2nd)
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## BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Meet</u>
Hammer	John Wallberg	201-00**	St. John's Open
	Wade Morehead	135-01	RPI, WPI
Shot Put	John Wallberg	46-11 1/2	Springfield
	Keith Bevans	44-07 1/4	Springfield
Discus	John Wallberg	152-05	Bates, Bowdoin, Colby
	George Torres	130-09	Bates, Bowdoin, Colby
Javelin	Juan C. Fuenmayor	146-07	Bates, Bowdoin, Colby
	Andres Morin	133-07	Tufts
Long Jump	Morio Alexander	21-06 3/4	NE Div. III
	Ravi Sastry	21-04 1/4	Springfield
Triple Jump	Hung Hoang	44-00 3/4	Tufts
	Morio Alexander	43-02 1/2	Tufts
Pole Vault	Dafe Ogagan	14-09	NE Div. III
	Andrew Jamieson	13-09	NE Div. III
High Jump	Hung Hoang	6-04	Springfield
	Bo Light	5-10	Tufts
100	Akin Aina	11.1	Emory Inv.
	Dafe Ogagan	11.3	Emory Inv.
110HH	Ravi Sastry	15.80	NE Div. III
	Lincoln Bonner	15.81	Tufts
200	Neal Karchem	23.15	Springfield
	Akin Aina	23.17	Springfield
400	Neal Karchem	50.84	NE Div. III
	Marlon Osbourne	52.58	RPI, WPI
400IH	Bo Light	57.31	NE Div. III
	Ravi Sastry	57.93	Emory Inv.
800	Dan Helgesen	1:56.44	NE Div. III
	Joel Ford	2:00.07	Emory Inv.
1500	Dan Helgesen	4:05.36	Bates, Bowdoin, Colby
	Joel Ford	4:05.97	NE Div. III

3000SC	Leif Seed	9:25.68*	NE Div. III
	Mike Parkins	9:28.26	NEIAAA
5000	Arnold Seto	15:14.16	NEIAAA
	Mike Parkins	15:51.78	Tufts
10,000	Arnold Seto	31:09.38	NE Div. III
	Omar Saleh	34:07.12	NE Div. III
400R	Bonner, Karchem, Aina, Osbourne	43.79	NE Div. III
1600R	Aina, Osbourne, Seed, Karchem	3:27.39	NE Div. III

\*\* Varsity Record

\* Freshman Record

### 1997 OUTDOOR TRACK SCHEDULE

APRIL 5	RPI & WPI	@MIT	1:00
APRIL 12	BATES, BOWDOIN, COLBY	@COLBY	1:00
APRIL 19	TUFTS & BATES	@MIT	1:00
APRIL 26	SPRINGFIELD	@MIT	1:00
MAY 3	TUFTS' INVITE	@TUFTS	TBA
MAY 10	N.E. DIV. III CHAMP.	@TUFTS	10:15
MAY 16,17	NEIAAA CHAMP.	@TUFTS	TBA
MAY 21-24	NCAA DIV. III CHAMP.	@UW LACROSSE	TBA

### TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

#### Outdoor Season: Best Showing in Years

With John Wallberg back on the team, MIT had much higher hopes for the Outdoor Season. The anticipated maturing of the rookies, and the balance that John would give the team in the throwing events had most thinking that the team could go undefeated with a little luck.

During the Spring Trip to Atlanta that luck proved to be bad, not good. One would think that going south to a warmer climate would be good for the prevention of injuries. This is not necessarily the case. During that week we lost top point man Ravi Sastry '98, top all around athlete Dafe Ogagan '97, and middle distance man Dan Helgesen '97. This coupled with the loss of distance runner Josh Feldman '97 to a stress fracture put the Techmen in an uncompromising position entering their first meet back home.

With mirrors and a little luck we were able to stay undefeated going into the Tufts' meet. Dafe tried to return, but was unable to go. The only one of the injured who was able to compete was Helgesen and he did a great job, but it was not enough, as once again Tufts won the meet at the end.

The Springfield meet was the highlight of the regular season. The entire team had a career day. We had not defeated Springfield at their track in the last two tries. Both teams were extremely "psyched". Winning first place in every jumping event, Wallberg setting personal bests in both the Hammer and the Shot Put, Neal Karchem running the anchor leg he will never forget, and a host of people doing a little more than they thought they could allowed Tech to win the meet in a come-from-behind victory on the last straight in the last event.

The only thing that could top the Springfield meet was the New England Division III Championships at Williams. MIT had no one seeded to make the finals in any of the running events below the 1500, and in fact was seeded only 6th as a team. That did not deter the Engineers on this day as 14 all time personal bests were set along with a freshman record in the Steeplechase. MIT scored in every running event entered except for one, the 1500, on their way to a 2nd place finish with 58 points. This meet put the icing on what was a truly enjoyable year.

The remainder of the championships did not go particularly well. John Wallberg set a Varsity record in the Hammer Throw of 201-00 at a last chance meet and entered nationals seeded #1. However, John could only put together a series of 192' throws to take 2nd at the NCAA Championships. The other national qualifier, Arnold Seto '96 did not have a good day in his first national track experience. Arnie finished the 10K in 32:58, well off the pace of the leaders.

Once again the MIT Athlete of the Year went to a Track and Field Athlete. This year it was John Wallberg. At the Awards Dinner the winners were as follows:

MVP	John Wallberg '96
McKenzie	Hung Hoang '96
Most Improved	Marlon Osbourne '98
JV	Brent Yen
1997 Captains	Dan Helgesen '97
	Dafe Ogagan '97

**Please remember the Alumni Cross Country Meet at Franklin Park on September 7, and the Alumni Indoor Meet on December 14.**

**Alumni Executive Committee**

W. Sumner Brown '66  
Greg Hunter '76  
Brian Moore '73  
Patrick Sullivan '71  
Dave Wilson '73

**Track Staff**

Head Track Coach: Halston Taylor  
Asst. Coach: Eric Callaghan  
Asst. Coach: John-Paul Clarke '91  
Asst. Coach: Bill Singhose '90  
Captains:  
Cross Country: Ethan Crain '96  
Indoor Track: Hung Hoang '96  
Edgar Ngwenya '96  
Outdoor Track: Hung Hoang '96  
John Wallberg '96