

# MIT TRACK AND CROSS COUNTRY FRIENDS OF TRACK AND CROSS COUNTRY NEWSLETTER #54 JULY 1995

## CROSS COUNTRY

### Varsity Record

Won 8, Lost 0

### MIT

17  
15  
25  
23

### OPPONENT

Alumni 42  
RPI 43, WPI 67  
Tufts 54, Bates 71, Bentley 81  
Keene St. 36, UMass/Lowell 65

Lemoyne Invitational	3rd - 94 points
NEIAAA Championship	9th - 278 points
CAC Championship	1st - 19 points
NCAA Div III Qualifier	2nd - 79 points
NCAA Div III Championship	10th (tie) - 298 points

## 1995 CROSS COUNTRY SCHEDULE

SEPTEMBER 9	ALUMNI	FR. PARK	2:00*
SEPTEMBER 16	RPI,WPI	RPI	1:00
SEPTEMBER 23	BATES,BENTLEY,TUFTS	FR. PARK	1:00
SEPTEMBER 30	OFF		
OCTOBER 7	LEMOYNE INVITATIONAL	SYR., N.Y.	12:00
OCTOBER 13	NEIAAA CHAMPIONSHIP	FR. PARK	1:30
OCTOBER 21	KEENE STATE INVITATIONAL	KEENE, N.H.	1:00
OCTOBER 28		CAC	
CHAMPIONSHIP		WORC., MA.	1:00
NOVEMBER 4	ECAC CHAMPIONSHIP OR OFF		
	ROCH., N.Y.	1:00	
NOVEMBER 11	NE DIV 3 CHAMP./NCAA DIV 3 QUAL.	GORHAM, ME.	TBA
NOVEMBER 18	NCAA DIV 3 CHAMPIONSHIP	LACROSSE, WI.	TBA

**\* TIME IS SUBJECT TO CHANGE - CALL (617) 253-4918 FOR UPDATE**

### Cross Country Finishes Undefeated Season With Great Finish at NCAA's

The 1994 version of the MIT Cross Country Team had a simple goal: do not choke in the championships. After 1993's disappointing NCAA Qualifier, the desire to show what the team could have done remained strong throughout the year. Returning only two of last year's top seven meant that a lot of work had to be done in the summer. Team made the commitment to up their mileage from previous summers and to consistently follow a weight training program. Of course, it did not hurt that Ethan Crain '95, out last year with mono, would be returning.

As usual, the season began with the Alumni Meet. What was not so usual, was that the Varsity won. Not only that, but for the first time in a long time, a Varsity member won the individual race (Ethan Crain - 26:19). Terry McNatt '87 (4th) was the only Alum to

break up the Varsity's top 5. The Alumni could use a higher attendance in the future, they had to borrow the services of Bill Singhose in order to have 5 finishers.

MIT traveled to WPI for the annual Engineer's Cup on the following weekend. The Techmen brought the traveling trophy along, but had no intention of leaving it there. MIT displayed their strength by sweeping the first five positions, and that was with one of the top runners getting lost. MIT had no one finishing between 5th and 14th, which was not especially good news in the depth department.

Competing at Tufts usually conjures up many good stories. The only unusual story coming out of this race was the coaches in the lead vehicle nearly stopping the race in their overturned vehicle. Other than a little soreness on Coach Taylor's part, everything was okay. It was probably the Tufts' Coach trying to reverse, the by then, obvious outcome. MIT sent Crain and Darley '95 out front and had its core of 3-6 runners follow the pack foolish enough to try and go with Crain and Darley. The plan worked well as Tech went 1,2,6,7,9,11. Once again there was a :52 gap after the 6th man. It was becoming obvious that the team could not afford any injuries or illnesses.

The fourth consecutive week of competition brought the Tech Harriers to LeMoyne College in Syracuse for the LeMoyne Invitational. In the past, this meet has had great national caliber competition from the New York and New England Regions. This year was no exception. Going into the race, 5 of the teams were ranked in the top 20 for NCAA Division III. This was the first real competition for Ethan and Jesse, and proved that the team's delta was not as good as was previously demonstrated. Ethan ran with some of the best runners in the country (6 of the top 10 at NCAA Division III Championships), but could not quite pull it off, as he lost by 1 second. Jesse ran to a 5th place finish, but then MIT suffered with finishes of 18th (Dan Helgesen '97), 34th (Josh Feldman '97), 35th (Arnold Seto '96), and 37th (Karl Munkelwitz '95). This 2:26 delta was only good for a 3rd place behind RIT and eventual National Champion, Williams College.

After a week off from competition, the Engineers competed in the All Division New England Championship (NEIAAA). This meet has been moved up in the season, in order to allow better participation due to fewer conference championship conflicts. Last year, MIT had placed 6th, but a number of teams such as Providence, Yale, UConn, Harvard, etc. were not in attendance. This year, all were in attendance. MIT was led to a 9th place finish by Ethan Crain, who until he got sick on the course at mile 3 1/2, looked as though he could win it. As it was Ethan ran to a 7th place finish with a 24:40. Jesse was close behind in 17th at 25:08. This time the delta was 2:04 through 6 runners. This was indeed a great race for the Techmen as they were only 17 points behind UMass and 33 behind Providence.

The Constitution Athletic Conference Championship was next on the schedule and MIT was the host. MIT won this race for the fourth consecutive time, with a record score of 19 points. The Engineers lost their number 6 runner, Munkelwitz, for the season, due to a leg injury suffered during the week, so the search was on for a new 6th man. He was not found in this race as the 5th to 6th man delta was 1:11. MIT garnered Athlete of the Year, Ethan Crain; and Coach of the Year, Halston Taylor, for the conference.

Next on the agenda was a trek to Keene, N.H. to race Division II powers, Keene St. and UMass Lowell. Dan Helgesen had been sick all week and was not quite recovered, but finished 9th, leading MIT to what would have been a very close victory over Keene St., MIT's next finisher was 15th. Ethan pulled away after 2 miles and set a course record of 24:42 and was followed by Jesse in 25:09.

The week prior to the National Qualifiers, the team was looking anxious. In fact, the members who were on the team that choked the year before, were thinking this might happen again. Although it seemed a bit late in the season to be doing it, Coach Taylor used the Friends money and hired a sports psychologist to begin working with the team. It seemed to help as the Engineers ran their best race of the year. The only negative was Ethan again getting sick during the race and losing for only the second time to a Division

III athlete. Ethan was 3rd, Jesse 4th, and then a remarkable finish by Helgesen in 21st, Arnold in 25th, and Josh in 26th. MIT placed 2nd, 46 points behind Williams, but 85 ahead of 3rd place Brandeis, earning a trip to the NCAA Championships.

The last time MIT was represented at the NCAA Division III Cross Country National Championship as a team was in 1986. The only race the Techmen compete in that compares to the National Championship is the NEIAAA Championship. In fact, one can predict their place of finish at nationals by their finish at the NEIAAA's. This particular year was no exception.

The course at Lehigh University has a long uphill start. This, along with the fact that it was their first time at nationals, seemed to bother everyone except Ethan and Jesse. It showed at the start, as the rest of the team put themselves in the hole by starting the race in the back. Ethan and Jesse were with the lead group until Ethan once again got sick around mile 3. They still managed to finish 9th and 10th respectively, but looked as though they had plenty left at the finish. Josh managed to fight his way through the sea of runners to finish in 77th position. Dan and Arnold were not so fortunate. They ran out of gas trying to fight the bodies in front of them and finished 91st and 111th respectively. Having their best races of the season were Mark Feldmeier '97 and Tye Schlegelmilch '98. Mark finished within 2:30 of Ethan for the first time this season and Tye was close behind. MIT finished in a tie for 10th with Haverford College. Finishing second in New England did not feel so bad considering Williams College won the National Championship over defending National Champion, North Central College.

The team earned Academic All-America Honors for the second straight year. Earning individual Academic All-America Awards were Jesse and Arnold. Ethan and Jesse won All-America Honors by placing in the top 25. At the awards banquet, Ethan won the 1994 MVP Award and was elected the 1995 Captain.

Next year, among the top 7, only Jesse will not be returning. With a good summer of training, combined with a potentially good recruiting class, MIT hopes to not only make nationals again, but improve on their 10th place finish. There is a possibility that the top 7 may make a trip to the site of the 1995 NCAA Championships in mid season. This of course depends on scheduling possibilities and adequate funds in "The Friends Account".

**INDOOR TRACK**

**VARSIITY**

Won 11, Lost 1

**JV**

Won 1, Lost 0

MIT 70 NAPS 52

**MIT**

69  
298.5  
321  
102  
160

**OPPONENT**

Alumni 53  
Springfield 149.5, UMass/Dartmouth 61, Fitchburg St. 31  
Colby 117, Westfield St. 91, Fitchburg St. 25  
Coast Guard 73  
**Williams 201.5**, Tufts 145, WPI 58.5, Bates 32

**VARSIITY SCORING & ROSTER**

Andy Ugarov*	'95 91.5	John Kim	'98 21	Jon Tong	'98 8
Ethan Crain*	'95 65.25	Fred Hernandez	'95 18.5	Chuck Van Buren	'98 6.25
John Wallberg	'96 58	Akin Aina	'95 18	James Lee	'98 6
Hung Hoang	'96 52.5	Mike DeMassa	'97 18	Eric Nicholson	'98 6
Jesse Darley	'95 37	Dan Helgesen	'97 18	Don Lee	'98 5
Edgar Ngwenya	'96 36.75	Lincoln Bonner	'97 16.5	Mark Eichler	'97 4
Matt Sandholm	'96 36.25	Frank Benham	'97 15.5	Antonio Morales-Pena	'95 4
Malik King	'95 36	Keith Bevans	'95 14	Marlon Osbourne	'98 4
Bo Light	'96 33	Richard Rosalez	'98 13.25	Alex Kuperman	'98 2.25
Jesus Muniz	'98 32 .5	Joel Ford	'98 12.25	Richard Magid	'98 2.25

Josh Feldman	'97 31	Ed Patron	'95 12.25	Scott Deskin	'96 2
Karl Munkelwitz	'95 31	Chris Schell	'96 11.5	Joe Figueroa	'96 1
Colin Page	'95 30	Mike Butville	'98 11	Jason Mondanaro	'96 1
Jason Melvin	'97 24	Wade Morehead	'98 11	Ricardo Ambrose	'98
Dennis Dougherty	'98 23	Tarik Saleh	'95 9.25	Todd Chamoy	'98
Arnold Seto	'96 22	Omar Saleh	'97 9	Juan Fuenmayor	'97
Marcelo Targino	'96 21.5	Eric Empey	'98 8	Shawn Kelly	'96

\* Captain

### CHAMPIONSHIPS

#### New England Division 3 (NE Div. 3) (3rd) 96 points

Ethan Crain	1500	3:55.65 (1st)
Ethan Crain	1000	2:29.95 (1st)
Andy Ugarov	Triple Jump	44-9 (1st)
Jesse Darley	5000	15:04.47 (2nd)
Matt Sandholm	55	6.53 (2nd)
John Wallberg	Weight Throw	55-01.1/2 (2nd)
Jason Melvin	Pole Vault	14-0 (3rd)
Andy Ugarov	High Jump	6-5 (3rd)
Feldman, Ford, Patron, Ngwenya	3200 Relay	8:10.68 (3rd)
Schell, Benham, Munkelwitz, Crain	DMR	10:39.06 (3rd)
Hung Hoang	Triple Jump	42-3 1/2 (4th)
John Wallberg	Shot Put	46-9 3/4 (4th)
Josh Feldman	3000	8:53.72 (5th)
Bo Light	Pentathlon	2935 (5th)
Colin Page	55HH	8.24 (5th)
Arnold Seto	5000	15:33.92 (5th)
Lincoln Bonner	Pentathlon	2669 (6th)
Muniz,Targino, Kim, Aina	1600 Relay	3:32.61 (6th)

#### New England Intercollegiate Amateur Athletic Association (NEIAAA) (20th) 6 points

Jesse Darley	5000	14:48.47 (4th)
Andy Ugarov	Triple Jump	45-7 (5th)

#### Intercollegiate Amateur Athletic Association of America (IC4A) (40th tie) 1 point

Ethan Crain	1000	2:27.14 (8th)
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#### National Collegiate Athletic Association Division III Championships (NCAA Div.3) (10th tie) 12 points

Ethan Crain	1500	3:54.41 (2nd )
John Wallberg	35 Lb. Wt.	55-03 1/2 (4th)

### BEST INDIVIDUAL PERFORMANCES

<u>Event</u>	<u>Name</u>	<u>Performance</u>	<u>Meet</u>
Weight Throw	John Wallberg	55-03 1/2	NCAA Div. 3
	Mike Butville	40-06 3/4	Williams, Tufts, WPI, Bates
Shot Put	John Wallberg	46-09 3/4	NE Div. 3
	Keith Bevans	43-00 1/2	Williams, Tufts, WPI, Bates
Long Jump	Andy Ugarov	20-06 1/4	Williams, Tufts, WPI, Bates
	Hung Hoang	20-03 3/4	Coast Guard
Triple Jump	Andy Ugarov	46-00 3/4	IC4A
	Hung Hoang	42-07 1/4	Williams, Tufts, WPI, Bates
Pole Vault	Jason Melvin	14-00	NE Div. 3
	Mike DeMassa	12-06	Williams, Tufts, WPI, Bates
High Jump	Andy Ugarov	6-08	Beaver Relays
	Dennis Dougherty	6-04	Coast Guard
55HH	Colin Page	8.10	NE Div. 3

	Lincoln Bonner	8.45	Naps
55	Matt Sandholm	6.53	NE Div. 3
	Malik King	6.74	Coast Guard
200	Matt Sandholm	23.25	Williams, Tufts, WPI, Bates
	Malik King	23.56	Coast Guard
400	Akin Aina	52.67	Williams, Tufts, WPI, Bates
	Edgar Ngwenya	53.33	Colby, Westfield St., Fitchburg St.
500	Edgar Ngwenya	1:08.13	Williams, Tufts, WPI, Bates
	Ed Patron	1:09.5	Springfield, Fitchburg St., UMass/Dart.
800	Edgar Ngwenya	1:57.04	NEIAAA
	Ethan Crain	1:57.77	Williams, Tufts, WPI, Bates
1000	Ethan Crain	2:27.14*	IC4A
	Karl Munkelwitz	2:38.98	Coast Guard
1500	Ethan Crain	3:54.41	NCAA Div. 3
	Josh Feldman	4:06.97	Williams, Tufts, WPI, Bates
Mile	Ethan Crain	4:16.51	Colby, Westfield St., Fitchburg St.
	Jesse Darley	4:25.68	Coast Guard
3000	Jesse Darley	8:52.91	Williams, Tufts, WPI, Bates
	Josh Feldman	8:53.72	NE Div. 3
5000	Jesse Darley	14:48.47*	NEIAAA
	Ethan Crain	15:01.05	Alumni
1600R	Kim, Targino, Muniz, Ngwenya	3:31.46	Williams, Tufts, WPI, Bates
3200R	Feldman, Ford, Patron, Ngwenya	8:10.68	NE Div. 3
DMR	Schell, Benham, Munkelwitz, Crain	10:39.06	NE Div. 3
Pentathlon	Bo Light	2935	NE Div. 3
	Lincoln Bonner	2669	NE Div. 3

\* Varsity Record

### 1995-96 INDOOR TRACK SCHEDULE

DECEMBER	06	NAPS	@MIT	4:00
DECEMBER	09	ALUMNI	@MIT	1:00
JANUARY	13	BEAVER RELAYS	@MIT	1:00
JANUARY	20	QUAD MEET	@TBA	1:00
JANUARY	27	QUAD MEET	@MIT	1:00
FEBRUARY	03	TBA	@HARVARD	TBA
FEBRUARY	10	QUAD MEET	@MIT	1:00
FEBRUARY	16&17	NE DIV III CHAMP.	@BRANDEIS	12:00
FEBRUARY	23&24	NEIAAA CHAMP.	@BU	TBA
MARCH	03&04	IC4A CHAMP.	@HARVARD	TBA
MARCH	10&11	NCAA DIV III CHAMP.	@SMITH	TBA

**TIMES AND LOCATIONS ARE SUBJECT TO CHANGE**

#### **Indoor Team Competes Over Their Head All Season**

The 1994-95 season began with modest goals. Although the roster had numerous star competitors, it was lacking in depth, particularly what would be needed for the eight places scored in the quad cup meets. The feeling was that there were three teams better than the Varsity, Coast Guard, Tufts, and Williams.

As usual, the meets before Christmas break are the JV meet with Naval Academy Prep and the Alumni. Everyone competed in both meets. NAPS did not have many individuals on their team, and it hurt them, as MIT won most of the 2nd places and all of the 3rd places to win the meet.

Bill Singhose '90 and Company showed up with victory on their minds, but in some cases the rest of their bodies were not willing. Bill won his usual four events, (long jump, triple jump, pole vault, and high hurdles) as well as placed second in the 800. John-Paul Clarke '91 won both throwing events and the Alumni 4x200 relay team ran to victory. Those were the only victories and there were not enough bodies on the side of the Alumni to score many 2nd's and 3rd's. Brian Moore '73 can still get the job done, as he placed 3rd behind All-American John Wallberg '96 in both the Weight and Shot Put. Tom Washington '92 was able to earn a 2nd place in the high jump with a leap of 6-2, behind Andy Ugarov '95. Two very willing, but not quite in shape alums, Ayisi Makatiani '90 and Mike Piepergerdes '93 tried to pull out victories, but their bodies rebelled. Makatiani placed 2nd in the 55 meters behind Matt Sandholm '96, and 3rd in the 200 meters behind Malik King '95 and Akin Aina '95. Also placing in the 55 meters for the Has Beens was Jay Chiang '94. Piepergerdes faded in the 1500 to 3rd place behind surprises, Josh Feldman '97 and Richard Rosalez '98. Elliott Mason, who was running for the Alumni, even though he has a season of eligibility in Outdoor Track, placed 2nd in the 400 behind Freshman John Kim. Terry McNatt '87 and Eugene Tung '88 placed 3rd and 4th behind All-Americans Ethan Crain and Jesse Darley in the 5000 meters. Brad Bolivar '94 competed in the talent laden Weight Throw, but did not place. All in all, it was a very competitive meet. The Varsity did not pull away until the last two events, (200 and 5000) when they outscored the Has Beens 16-2.

After four weeks off, the Techmen returned to practice and the low key, non-scoring Beaver Relays. The only impressive performances in the meet on behalf of MIT were Andy Ugarov jumping 6-8 to win the high jump, and Josh Feldman running 8:57 in the 3000 to place second.

The next two weeks were quad meets without much competition. The other teams did not have much depth. In fact, even though there were four teams involved in each meet, some events did not have eight competitors to fill out the scoring places. This is a sad testimony to what track and field has come to for many teams in New England. Since MIT had the limit of four entries in each event, the meets were no contest.

The third quad meet brought about 12 inches of snow. This kept Westfield State and Worcester State from making the trip to Cambridge, turning the meet into a dual meet with Coast Guard. In a quad meet, Coach Halston Taylor thought the Engineers would have a slight edge, but with less scoring places, the edge looked like it belonged to the Cadets. Apparently, Coast Guard thought the same thing and took the outcome of the meet for granted. It appeared the sessions with the Sports Psychologist were beginning to work, as MIT outscored Coast Guard 42-13 after the first five events and never looked back.

Still undefeated, MIT took on their two toughest competitors in Williams and Tufts. Everyone was up for this meet and it showed. Personal bests and national qualifying performances were taking place in many events. Williams had just too much quality and depth to be challenged. MIT however, did have enough to take down Tufts, and finish the regular season 11-1.

The New England Division III Championships were pretty much a battle for second place for the top teams, as Williams was too strong. This was one of the best meets for MIT in Coach Taylor's tenure at MIT. In only it's second year as a part of the scoring events in the NEDiv3's, the Pentathlon saw two last minute entries from MIT (Bo Light '96 and Lincoln Bonner '97) score 5th and 6th respectively. MIT scored in 14 of the 15 events they entered. MVP of the meet, Ethan Crain, led the way by beating Division I transfer, Creaghan Trainer, in both the 1500 meters and the 1000 meters, to win both events. This qualified Ethan for both the NCAA Championships and IC4A's. As predicted, the meet was a battle for second, but only for Coast Guard and MIT. Tufts did not have a very good day and finished in a distant 4th. Coast Guard had many scoring entries in all events other than the

distance events. They built up an early lead and stayed about 4 to 10 points ahead of the Beavers all day, despite national qualifying performances by John Wallberg in the Weight Throw and Matt Sandholm in the 55 meters. The difference was in the relays, as Coast Guard beat MIT in all three. Williams won their fourth consecutive Indoor Title with a record 164 points.

Ethan Crain was not recovered for the All New England's and did not compete. The only place winners were Jesse Darley, setting a Varsity Record in the 5000, placing 4th in 14:48.47; and Andy Ugarov in the Triple Jump (45-7), placing 5th. Jesse's performance qualified him for nationals. Other outstanding, but non-placing performances were turned in by Josh Feldman in the 5000 meters (15:08.84), Joel Ford '98 in the 800 meters (1:58.67), and Edgar Ngwenya '96 also in the 800 meters (1:57.04).

Ethan and Andy Ugarov were the only MIT Athletes making the trip to Princeton for the IC4A's. Ethan entered the 1000 in hopes of building some speed prior to nationals. It seemed all of the good milers had the same idea, as the 1000 was loaded with talent. Ethan ran great in the trials and made the finals with a Varsity Record of 2:27.52. In the finals, they took it out and Ethan was not able to stay with the leaders, but was able to hold on for the last scoring place (8th) in another Varsity Record of 2:27.14. Andy had not yet qualified for nationals and was determined to do so. On Andy's 3rd and last jump, he leapt to a personal best of 46-00 3/4, qualifying him provisionally for nationals.

Three individuals made the strict national qualifying standards, (top 11 in the country) Ethan in the 1500, Jesse in the 5000, and John Wallberg in the Weight Throw. Although Andy and Matt had qualified provisionally, they did not make the cut off. On Friday night, Ethan ran through the trials easily in 3:59.43. Jesse did not have the same good fortune as he did not quite place in the finals. John not only placed 4th, but threw his personal best with a throw of 55-3 1/2. John barely made the finals, but came through on his second throw in the finals to move up to 4th. In the 1500 finals, Ethan decided to try the same strategy that he used in winning the Outdoor National Championship, taking off with 1000 meters to go. It worked almost as well this time, but he lost some intensity with about 350 meters to go, and was passed by the eventual winner in both the 1500 and the 800, Karl Paranya from Haverford. Ethan tried to come back on him, but could not do it, placing 2nd in 3:54.41.

At the Awards Banquet, Ethan was elected Team MVP. Voting for captains was complicated by the redshirting next year of Matt Sandholm and John Wallberg, but the team picked two very capable members in Hung Hoang '96 and Edgar Ngwenya.

### ALL TIME SCORING LIST: INDOOR AND OUTDOOR COMBINED

Brian W. Moore '73	441	Albert K. Lau '72	229 1/4	Scott O. Peck '73	171 1/2
Bill Singhose '90	420 1/2	Gordon Holterman '87	227 1/2	Reid W. von Borstel '78	171 1/2
Andy Ugarov '95	400 1/2	Ben T. Wilson '70	222 1/4	Hung Hoang '96	171 1/6
Scott Deering '89	378	Joseph F. Presing '84	221 1/2	Dan Corcoran '94	170 3/4
Richard K. Okine '77	367 1/4	Martin A. Taylor '83	220 3/4	Robert J. Tronnier '73	170
W. Sumner Brown '66	359 3/4	Paul S. Neves '83	212	G. Sean Garrett '88	168 1/4
James M. Flink '64	340 1/2	Kevin Scannell '91	210	Stephen G. Sifferlen '79	166 1/2
Ethan Crain '95	328 1/4	Jeffrey C. Lukas '82	208 3/4	Rex C. Ross '66	165
Gary R. Wilkes '75	318 3/4	Albert L. Tervalon, Jr. '65	196 1/2	Paul McKenzie '90	163
Mark Dunzo '91	303 1/4	Ronald E. Smith '85	196 1/4	Daniel Lin '86	160 1/2
Terry A. Dorschner '65	287 3/4	Lawrence Schwoeri, Jr. '66	194	Stephen J. Sydorik '68	160 1/2
John Wallberg '96	272	Thomas A. Goddard '63	192 1/2	Rod Hinman '88	160 1/2
Patrice M. Parris '85	267	John-Paul Clarke '91	191	Garret Moose '91	159 1/4
William N. McLeod '69	260 3/4	Michael Piepergerdes '92	189 1/2	Jeffrey M. Baerman '76	159
David R. Wilson '73	254 1/4	Gordon J. DeWitte '67	184	Kenneth R. Morash '65	159
William D. Carrier III '65	243	John M. Taylor '84	179 3/4	Jesse Darley '95	157 1/2
Matthew Robinson '94	241	Frederick J. Bunke '78	175	Michael J. Ryan '76	156 1/2
James F. Turlo '81	236 3/4	Matt Sandholm '96	174 3/4	Jay Chiang '94	155 1/2
Lawrence J. Kelly, Jr. '70	231 1/4	Gregory M. Procopio '85	172	Ross Dreyer '86	155 1/2

David M. Richards '86	149 1/4	William F. Leimkuhler '73	85 3/4	Mike O'Leary '87	56
Kyle Robinson '89	148	Forrest A. Green '63	85 3/4	Benjamin F. Moore'82	55 3/4
Gergory L. Hunter '76	145	Henry F. Hall '70	85	Vanu Bose '87	55
Joe Peters '88	144 3/4	Jerry Pratt '94	83 1/4	Elliott Mason '94	54 1/2
Barry L. Bayus '79	144 1/2	Edward Freeman '86	83	John (Bo) Light '96	54
James Kirtley '94	142 3/4	James S. Banks '76	82 3/4	Paul E. Miller '81	53 1/4
Tom Washington '92	142 1/2	Robert B. Myers '72	82 1/4	Steve Cooke '91	53 1/4
Teddy Bosey '88	142	Nkereuwem I. Udofia '83	82 1/4	Akin Aina '95	52 1/2
James B. Williams '77	138	George L. Chiesa '74	82	Andrew M. Peddie '86	52 1/2
Lewis H. Bender '81	137 3/4	Michael R. Oliver '65	81	Elliot Hui '94	52
Jason J. Tong '79	136 1/2	Norman Toplosky '80	80 3/4	Edwin S. Rich, Jr. '72	52
Frank C. Richardson '77	136	Brian Callaghan '87	80 1/2	Michael A. Keehner '65	52
Robert L. Wesson '66	135	Eric G. Weaver '83	80 1/2	Kirk D. Wings '71	52
David B. Kieda '82	135	Mark E. Dudley '83	80 1/4	Josh Feldman '97	51
John E. Kaufmann '73	134 3/4	Craig R. Lewis '72	79	Richard S. McMillin '65	51
John Tewksbury '92	134 1/2	Robert M. Walmsley '84	78 3/4	Karim Roshd '88	50
Thomas B. Jones, Jr. '66	132	Eugene Tung '88	78 1/2	Turan Erdogan '87	49 3/4
Edward A. Arenberg '85	129 1/2	Gregory M. Wheeler '67	78 1/4	James C. MacMillan '65	49 3/4
Elliot A. Borden '73	128 1/4	Doug Cornwall '89	78 1/4	John J. Wargo '70	49 1/4
Boniface Makatiani '90	128 1/4	Donald E. Wesson '74	78	Peter Ronco '92	49
Walter E. Gibbons '74	123	Edward P. Ingenito '79	77	James J. Kotanchik '64	49
Paul G. Mahoney '81	118 3/4	Bruce A. Lautenschlager '70	75	Lyman S. Taylor '85	48 3/4
Colin Page '95	118 3/4	Ed Patron '95	75	John Rodkin '95	48 1/4
Max M. Klein '81	118 1/2	Kevin Knoedler '94	74 1/4	Bill Mallet '86	48
Glenn Hopkins '87	118 1/2	Larry D. Petro '70	74 1/4	Frederic W. Andree '70	48
Colin J. Kerwin '82	118	Christopher L. DeMarco '80	74	Christopher M. Kurker '84	47 1/2
Gary A. Lukis '64	115	Charles Parrott '87	74	Stanley M. Kozubek '69	47
John J. Hradnansky '85	114 3/4	Sean Walker '89	72	Sean Schubert '88	46
Robert G. Dunlap '67	114 1/2	John F. Pearson '74	72	Mark Curtiss '87	44
John E. DeRubeis '83	111 1/4	Karl Munkelwitz '95	71 1/2	David G. Grasso '75	44
Kevin M. Wade '79	111 1/4	William F. Eagleson '64	71	Alan O. Ramo '63	44
Bobb White '87	110 1/2	Kenneth L. Kovach '83	70	Frederic S. Berretta '79	43
Anton Briefer '88	109	Leonard A. Nasser '80	69 1/4	Joseph E. Levangie '67	43
Peter S. Maybeck '68	106	Eric Shank '90	69	John W. (Jack) Martin '80	42 3/4
Jerry L. Dassel '64	104 1/2	Arnold Seto '96	68	Dan Helgesen '97	42 1/2
Kim C. Sloat '64	104	William J. Bruno '85	67	Scott Rixner '94	42 1/4
Rob Flemming '93	104	Alfred Hernandez '95	67	William W. Heil '79	42
Frank A. Luedtke '81	104	Joel G. Rogers '65	66 1/2	Richard A. Brooks '70	42
James J. Dunlay '79	103 3/4	Thomsen J. Hansen '74	66 1/4	Rob Casadonte '94	42
Patrick B. Sullivan '71	103 1/4	William H. Kelly II '85	66	Dave Wright '89	41 1/2
David P. Osborne '67	101	K. O. Prakah-Asante '90	66	Morio Alexander '96	41
David P. McMullen '83	100 1/2	Alfred Carlson '74	64 1/2	Timothy J. McManus '80	41
Chris Masalsky '91	100	A. R. Von Waldburg, Jr. '67	64	Jason Melvin '97	41
Robert N. Karman '67	98 1/4	John C. Owens '70	63 1/2	Roger A. Hinrichs '63	41
Joseph J. Carangelo '81	98	James M. Sicilian '69	63	David Moyle '94	40 1/2
Marcelo Targino '96	97 3/4	Jonathan Claman '93	62 1/4	Patrick S. Hamilton '81	40
Jacob Kim '84	97	Innocent Y. Akoto '74	62	Michael P. Piazza '79	39 3/4
Lance L. Parker '84	95 1/2	Edgar Ngwenya '96	61 3/4	Dean Koutsoubis '82	38 1/2
Brad Geilfuss '94	92 1/4	Gregory L. Hunter '76	61 1/2	Edward A. Martin '85	38
William H. Remsen '64	92	Joseph R. Egan '77	61 1/2	Chris Schell '96	38
John J. Dillon '78	91 3/4	James R. Yankaskas '69	61	Mike Hammond '87	37 1/2
Kwaku D. Temeng '80	91 1/4	Michael P. Charette '74	60	Christopher R. Perley '77	37 1/2
Dan Rubenstein '92	91	Malik King '95	59 1/2	Carlos Duran '94	37 1/4
Joe Kowalski '90	89 1/2	George W. Kimball '72	59 1/4	Dean Moon '92	37
Sean Kelley '90	89	Bradley Bolivar '94	59	Andrew D. Krystal '82	36 1/2
Paul J. Kuzmenko '76	88 1/4	John B. Lundberg, Jr. '77	58	John B. Lundberg '77	36
David M. Ogrydziak '68	87 1/2	John F. Pearsokn '74	58	Gordon H. Beckhart '84	36
Joel M. Hemmelstein '71	86	Brian V. Michon '82	57	George L. Sarver '80	35



Charles R. (Bob) Gentry '72	34	Carlton M. Reed '70	20	Kim G. Bierwert '72	12 1/2
Paul Ogagan '97	34	Nate Getrich '92	19 3/4	Rodney R. Robertson II '82	12 1/2
Bruce E. Ressler '67	34	James F. Leary '70	19 3/4	James E. Allen, Jr. '64	12
Michael Donohue '87	33 1/4	Ted Manning G	19 1/4	William B. Harper '64	12
George P. Novosielski '72	32 3/4	Emerson G. Yearwood '80	19	Peter G. Haag '74	12
Jesus Muniz '98	32 1/2	Paul Winsberg '73	19	Antonio Morales-Pena '95	12
John A. Wozniak '79	32	Dave Schultz '87	19	John R. Holding '70	11 3/4
Stephen C. Hyland '81	32	George A. Burrough '83	19	Leonard J. Parsons '64	11 3/4
Paul D. Edelman '78	31 1/2	Bob Joy '87	18 1/2	Joseph E. Simko '82	11 1/2
Dennis Dougherty '98	31	John W. Shaner '64	18 1/2	David A. Westenberg '79	11 1/4
Richard S. Goldhor '72	31	James L. Thompson '74	18 1/4	Mike Butville '98	11
Eric J. Darling '70	31	Thomas F. Hafer '70	18	Eric Empey '98	11
William D. Reinhardt'65	31	Bruce K. Chung '70	18	Wade Morehead '98	11
Raymond M. Mayer '72	31	Horatio G. Daub '70	18	James A. Reid '68	11
Ronald P. Adolph '81	30 3/4	Charles D. Sigwart '67	17	Eitan Sabo '97	11
Frank Benham '97	30 1/2	Lynn E. Davison '75	17	Micky Williams '94	11
Michael C. Lyons '85	30 1/2	Richard H. Solbrig '72	16	Darwin Fleischaker '78	11
George H. Braun '75	30 1/4	Thomas J. Callahan, Jr. '65	16	James J. Zilli '71	11
Kjell Karlsrud '68	30	Joel Ford '98	16	Paul J. Hoffman '80	11
Anand Dighe '89	29 1/2	Courtney J. McCracken '76	16	James B. Henderson '87	11
Stephen H. Schroeder '67	29	Rodhill Jack '91	16	Scott C. Baumler '74	10 3/4
Marc Light '88	28 3/4	Stephen W. Keith '77	15 3/4	Ronald A. Blount '75	10 1/4
Tarik Saleh '95	28 1/2	Mark N. Beder '85	15 3/4	Michael N. Parker '64	10
Stephen H. Adams '81	28	Patrick Cazeau '92	15 1/2	Gontran J. Kenwood '82	10
Bill Arnold '94	28	Joe Kaliszewski '90	15 1/2	Hugh B. Ekberg '88	10
Kelly Davis '92	28	Thomas Najarian '69	15 1/4	Kenneth K. Chen '86	10
Michael W. Simpson '64	28	Donn McMahan '88	15	Murphy Johnson '89	10
Jaxk H. Reeves '77	27 1/2	William F. Purves '65	15	Gregory K. Myers '73	10
Edward Cho '94	27	Brian L. Scott '87	15	Omar Saleh '97	10
William T. Stewart '69	27	Dave Afshartous '89	14 3/4	Alan G. Stoddard '85	9 1/2
James P. Glowienka '71	27	Jesse Hull '95	14 3/4	John L. Dressler '64	9 1/2
Harris G. Demetriou '64	26 1/2	Paul J. Puffe '75	14 3/4	Stephen A. Marshall '88	9 1/2
Lincoln Bonner '97	26 1/4	Alejandro Menchaca '85	14 1/2	Tim McConnell '86	9 1/4
Stephen J. Banks '62	26	Keith L. Killough '74	14 1/2	John J. Krolewski '77	9
Mike DeMassa '97	26	Craig H. Smith '85	14 1/4	Andrew W. Gengos '86	9
Terry McNatt '87	26	Donald B. Rosenfield '69	14	John W. Rible '66	9
Alexander M. Tschyrkow '73	26	Daniel J. Hoban '69	14	Frank V. DuMond '82	9
Robert M. Collins '82	25 3/4	Michael E. McClure '72	14	Ron Zimmerman '92	9
Scott Baird '87	25	Richard N. Sutton '62	14	Kevin E. St. Onge '85	8 1/4
Philip A. Veatch '79	25	Dean A. Schneider '69	13 1/2	Stanley D. Reed '74	8 1/4
Jim Garcia G	25	Barry J. Kornstein '84	13 1/2	Adam Powell '92	8 1/4
Eric J. Hoffman '72	24 1/4	Terry P. Blumer '73	13 1/2	Henry R. Asare '77	8
Nathaniel (Than) Bogan '93	24	Richard Rosalez '98	13 1/4	Brian Pendleton '94	8
Gregory L. Mayhew '78	24	Kimathi Hardy '97	13	Jon Tong '98	8
Christian Svendsgaard '78	24	Peter J. Osler '82	13	Robert Zak '85	8
Thomas L. Bailey '83	24	Robert H. Maskrery '63	13	Steven L. Silverstein '68	8
James Williams '91	24	Gary C. Ganzi '68	13	Duane M. Horton '81	8
Javit Drake '94	23 1/2	Frank T. (Ty) Rabe '72	13	Eric Olson '95	7 1/2
David P. Foley '79	23 1/2	Alexander J. Krynytzky '71	13	Shawn A. Sullivan '82	7 1/2
John Noland '95	23	Dennis W. Sivers '66	13	Thomas J. Kesler '79	7 1/4
Ian F. McCallum '84	23	Greg Torres '91	13	Andrew Romain '95	7 1/4
Richard A. Benfer '84	22 1/2	Roger O. Butler '65	13	Vonden M. Sleight '84	7
Kirk M. Beatty '85	22	Stephen P. Ofsthun '79	13	Frank E. Kenney '78	7
Keith Bevans '95	22	Peter Peckarsky '69	13	Michael W. Judy '87	7
John Kim '98	22	Keith Szolusha '97	13	Doug Smith '93	6 3/4
George W. Wheeler '67	21	Mario Yearwood '96	13	James J. Gorman '75	6 3/4
Bruce K. Daniels '71	20 3/4	Tim Alosi '90	13	David Brann '94	6 1/2
Walter W. Hill, Jr. '73	20 1/2	Samuel F. Guilbeau, Jr. '67	12 3/4	Jonathan L. Goldstick '80	6 1/4

Chuck Van Buren '98	6 1/4	Thomas C. Chang '86	4	Brian Teeple '91	2
Gerardo Corona '97	6	Richard S. Poulsen, Jr. '71	4	Jae Roh '93	2
James Lee '98	6	Roger D. Carpenter '88	4	Martin T. Black '79	2
Ken Michaud '88	6	Richard L. Hester '75	4	Charles R. (Chuck) Rein '62	2
Eric Nicholson '98	6	Albert L. Zobrist '64	4	Richards S. Sidel '65	2
Joseph W. Dickey '66	6	Thomas E. Speight '81	3 3/4	Ian K. Glasgow '84	2
Christopher P. Moreno '88	6	Paul J. Bradford '84	3 1/2	Lawrence Feiner '64	2
Jae H. Chong '84	6	Lambert N. (Bert) Daniel '76	3 1/2	Joe Figueroa '96	2
Hany Michail '93	6	Todd Tilley '90	3 1/4	Richard M. Kruger '76	2
Stephen H. McDougall '78	5 3/4	Timothy B. Jones '87	3 1/4	Kevin Thomas '94	2
Paul C. Roeder '72	5 3/4	Roger P. Scilotto, Jr. '82	3 1/4	David E. Sullivan '64	2
John K. Ryder '68	5 1/2	Steve Terry '91	3 1/4	Daniel J. Goode '80	2
Leland M. Jameson '84	5 1/2	Tom Musson '92	3 1/4	Sherrett Walker '93	2
Brian Quinn '91	5 1/4	Sam Peretz '89	3 1/4	Darius Sweet '81	1 3/4
Michael A. Knewtson '83	5 1/4	Kim D. Collins '66	3 1/4	David E. McDonough '76	1 3/4
Erik A. Altman '83	5 1/4	Henry K. Dewey '??	3 1/4	Mark L. Walker '82	1 1/2
Craig Andera '94	5	Asa Abelovich '86	3	David C. Todd '85	1 1/4
Raynard Hinds '93	5	Chuck Curtis '95	3	Michael A. Knewston '83	1 1/4
Nate Jackson '96	5	Norbert Goetzinger '95	3	Steven B. Hearon '81	1 1/4
Donald Lee '98	5	Gary L. Kratkiewicz '82	3	Richard A. Baird '75	1 1/4
Sameer Raheja '96	5	Erik G. Haugsnes '83	3	Keith J. White '86	1 1/4
Ken Patrick '89	5	Walter H. Sargent II	3	Robert H. Leong '83	1 1/4
Charles G. Eliot '79	5	James E. Butler '66	3	Thomas A. Rebold '86	1 1/4
Alan Cockern '95	5	Young Don Oh '89	3	Harley A. Grim '74	1 1/4
David L. Hauser, Jr. '85	5	Bing Wang '91	3	Michael Golding '97	1
Jeff Pearson '89	5	Bruce M. Mihura '88	3	Andrew Laures '95	1
Andrew Roskos '??	5	Robert J. Zalucki '82	3	Steve Leung '96	1
Norman Johnson '73	5	Russ Stevens '91	3	Jason Mondanaro '96	1
John Krolewski '77	5	Thomas Clark '79	3	Ryan Riddols '97	1
Larry L. Lowry '69	5	Joseph G. Petrovsky '84	3	David Winter '93	1
David A. Hauser, Jr. '85	5	Kirk D. Carlson '77	3	Robert Dimmig '83	1
John A. Cavolowsky '77	5	David G. Luchaco '70	3	David M. Walter '84	1
Jamie Scanlan '91	5	Mark Beder '85	2 3/4	Edward R. Fiala '66	1
Kent T. Attridge '69	5	Michael P. Whelan '80	2 3/4	William F. Glassmire, Jr. '65	1
Lembert N. (Bert) Daniel '76	5	David M. Zimmerman '74	2 1/2	Robert H. Ungar '85	1
Lyle J. Menzel '85	5	Jason Cornez '93	2 1/2	Jeremy Pitcock '94	1
Gary L. Ruf '75	4 3/4	Yeh-Kai Tung '93	2 1/2	John R. Perini '78	1
Jeffrey R. Kaste '78	4 3/4	Mike Hernandez '92	2 1/2	Michael W. Halle '88	1
James Casey '96	4 1/2	Michael W. Ryba '83	2 1/2	Kapui Yip '87	1
Charles K. (Rusty) Epps '66	4 1/2	Marc L. Alberts '82	2 1/4	Will Sauer '85	1
Randall B. (Brad) Smith '85	4 1/2	Alex Kuperman '98	2 1/4	Dave Timothy '88	1
Derick O. Dahlen '72	4 1/2	Richard Magid '98	2 1/4	Eric J. Ginsburg '86	1
Thomas J. Stohlman, Jr. '76	4 1/4	Lloyd H. Saunders '76	2 1/4	Brian Meier '95	1
Tad B. Artis '86	4	Jack W. Pai '86	2 1/4	Rudolph A. Bellinger '79	1
Mark Eichler '97	4	David A. Dyer '83	2 1/4	David F. Myers '81	1
Marlon Osbourne '98	4	Raj Suryadevara '94	2 1/4	Gerald F. Clancy '64	1
John L. Usher '69	4	Kenneth J. Harrow '64	2 1/4	Scot A. Lordi '88	1
James D. Shields '71	4	Peter G. Borden '73	2	Christopher J. Huson '81	1
John T. Frankman '80	4	Scott Deskin '96	2	Karl B. Levy '83	1
Joseph E. Campbell '68	4	Shawn Kelly '96	2	Lloyd L. Wilson '69	1
Michael J. Cronin '86	4	Steven H. Adams '81	2	Christopher J. Corcoran '84	1
Dean F. Hubbard '65	4	David Frohman '95	2	Steven J. Bielagus '73	1
Craig L. Bonnema '81	4	Ronald Phelan '95	2	Reggie Paulding '97	1
Robert D. Benveniste '68	4	Loren P. Schmid '80	2	Steve Peltzman '90	1
Young Oh '91	4	Robert E. Dare '83	2	Eric Scott '93	1
Dev Sinha '93	4	Amechi Nwachuku '95	2	Leonard D. Berman '75	1
Joseph A. Alfano '88	4	Roderick H. Durham '87	2	James T. Walton '76	1
Charles D. Sigwart '64	4	Matthew Denesuk '87	2	Richard R. Allen '80	1

Alim Needham '97	3/4	John D. Schmitz '69	1/2
Michael J. Miller '75	1/2		

## **OUTDOOR TRACK**

### **VARSITY**

Won 5, Lost 0

#### **MIT**

92  
102  
98

#### **OPPONENT**

RPI 76, WPI 31  
Tufts 90, Bentley 11  
Springfield 65

### **VARSITY SCORING & ROSTER**

John Wallberg	'96 40	Edger Ngwenya	'96 6 3/4	Joseph Figureroa	'96
Andy Ugarov*	'95 36	Keith Bevans	'95 6	Juan Carlos Fuenmayor	'97
Ethan Crain*	'95 35 3/4	Keith Szolusha	'97 6	Sohail Husain	'98
Matt Sandholm	'96 27 3/4	Tarik Saleh	'95 5	Sean Kelly	'96
Jesse Darley	'95 21	Arnold Seto	'96 5	Alex Kuperman	'98
Hung Hoang	'96 19	Joel Ford	'98 3 3/4	James Lee	'98
Colin Page*	'95 12 3/4	Eric Empey	'98 3	Elliott Mason	G
Akin Aina	'95 11 1/2	Josh Feldman	'97 3	James Montgomery	'98
Mike DeMassa	'97 8	Antonio Morales-Pena	'95 2	Wade Morehead	'98
Dennis Dougherty	'98 8	John Kim	'98 1	Sheldon Myrie	'95
Dan Helgesen	'97 8	Reggie Paulding	'97 1	Marlon Osbourne	'98
John (Bo) Light	'96 8	Todd Chamoy	'98	Richard Thompkins	'98
Alfred Hernandez	'95 7	Patrick Dannen	'98	Chuch Van Buren	'98
Lincoln Bonner	'97 6 3/4	Scott Deskin	'96	Mario Yearwood	'96

\* Captain

### **CHAMPIONSHIPS**

#### **New England Division 3 (NE Div. 3)** (3rd) 72 points

Ethan Crain	1500	3:55.41 (1st)
Matt Sandholm	100	10.90 (1st)
Andy Ugarov	Triple Jump	45-02 1/2 (1st)
John Wallberg	Hammer	185-09 (1st)
Ethan Crain	800	1:57.23 (3rd)
Josh Feldman	10,000	32:51.36 (3rd)
Matt Sandholm	200	22.40 (3rd)
Andy Ugarov	High Jump	6-7 (3rd)
Arnold Seto	10,000	32:58.70 (5th)
John Wallberg	Discus	147-04 (5th)
Edgar Ngwenya	800	1:58.49 (6th)
Keith Szolusha	Javelin	163-08 (6th)
John Wallberg	Shot Put	45-03 3/4 (6th)
Lincoln Bonner, Akin Aina, Colin Page, Matt Sandholm	400 Relay	44.04 (6th)

#### **New England Intercollegiate Amateur Athletic Association (NEIAAA)** (16th) 13 points

Ethan Crain	3000 Steeplechase	9:08.04 (2nd)
Andy Ugarov	Triple Jump	44-10 3/4 (5th)
John Wallberg	Hammer	189-03 (5th)
John Wallberg	Discus	146-08 (6th)

**National Collegiate Athletic Association Division III (NCAA Div. III)** (21st) 10 points

John Wallberg	Hammer	183-05 (3rd)
Ethan Crain	1500	3:59.48 (5th)

**BEST INDIVIDUAL PERFORMANCES**

<b><u>Event</u></b>	<b><u>Name</u></b>	<b><u>Performance</u></b>	<b><u>Meet</u></b>
Hammer	John Wallberg	193-00	Tufts, Bentley
	Antonio Morales	141-08	Springfield
Shot Put	John Wallberg	45-08 1/2	Tufts, Bentley
	Keith Bevans	42-08	Williams Relays
Discus	John Wallberg	151-07	Springfield
	Patrick Dannen	120-01	Springfield
Javelin	Keith Szolusha	169-07	Williams Relays
	Juan Fuenmayor	130-01	Springfield
Long Jump	Hung Hoang	21-04 1/2	Pomona, CMS
	Andy Ugarov	20-09	RPI, WPI
Triple Jump	Andy Ugarov	46-07	Tufts, Bentley
	Hung Hoang	41-10 3/4	Pomona, CMS
Pole Vault	Mike DeMassa	12-08	Springfield
	Alfred Hernandez	12-07	Tufts, Bentley
High Jump	Andy Ugarov	6-07	NE Div III
	Dennis Dougherty	6-03	Springfield
100	Matt Sandholm	10.90	NE Div III
	Akin Aina	11.65	Pomona, CMS
110HH	Colin Page	15.96	NE Div III
	Lincoln Bonner	16.31	RPI, WPI
200	Matt Sandholm	21.65*	Williams Relays
	Akin Aina	23.28	Springfield
400	Akin Aina	51.50	Tufts, Bentley
	Edgar Ngwenya	52.32	Springfield
400IH	Bo Light	58.87	Pomona, CMS
	Colin Page	60.50	Stanford Inv.
800	Ethan Crain	1:55.76	Springfield
	Edgar Ngenya	1:57.74	NE Div III
1500	Ethan Crain	3:51.66	Stanford Inv.
	Dan Helgesen	4:06.16	Springfield
3000SC	Ethan Crain	9:08.04*	NEIAAA
	Jesse Darley	9:46.0	Williams Relays
5000	Jesse Darley	14:57.2	Stanford Inv.
	Arnold Seto	15:29.12	Springfield
10,000	Josh Feldman	32:51.36	NE Div III
	Arnold Seto	32:58.70	NE Div III
400R	Bonner, Aina,	43.59	Springfield
	Page, Sandholm		
1600R	Mason, Ford,	3:27.07	Springfield
	Crain, Ngwenya		
Decathlon	Bo Light	4741 Points	NE Div III

\* Varsity Record

**Alumni and Friends Club News: Another Great Spring Trip**

The fiscal year is not over yet, and we are headed to a record breaking year. Thus far, between donations and concessions, over \$20,000.00 has been raised. With the Bay State Games still to come, along with a possible donation from Pepsi, the record may still be reached.

The Cross Country and Track Teams have benefited immensely from your generosity. Items that have been sponsored this year were the Cross Country trip to LeMoyne (as the Athletic Department only covers the top seven), the Spring Trip to California for twenty-four athletes and coaches, a computer and printer setup for running track meets, software for managing and scoring track meets, two more leg machines for the weight room, varsity letter awards for all three sports, and a sports psychologist for a full season. It is obvious, that without the level of contribution demonstrated by this group, MIT Track and Field, and Cross Country would not be as successful as we are now.

We have tried to upgrade our level of communication, and ability to get information out to you as quickly as possible. In May, an email list was started. Coach Taylor will send meet updates and other important news out on a weekly basis during the season. To get on this list, email John Blake in the alumni office at <jblake@mit.edu>.

In December, Coach Taylor started a home page for Track and Field/Cross Country on the World Wide Web. All schedules, statistics, meet results, and even pictures can be viewed if you have access to the internet and a browser such as Netscape or Mosaic. The URL for the home page is:

<<http://www.mit.edu:8001/activities/athletics/intercol/mens/mtfx.html>> The home page will be updated with scores by the Sunday after a Saturday competition. The meet results and possible article will follow shortly afterward. More pictures will be put on as they are received, but without a scanner and the software at hand, it takes a while. Enjoy, and do not hesitate to send in comments.

Next year, if possible, the Spring Trip will be taken to Atlanta, at Emory University. A lot depends on the situation with the Olympics. The year after that, the possibility of a trip to the University of Hawaii exists.

The Cross Country and Track Teams, along with the coaches, send a BIG thank you for your very generous support.

### **Century Club**

Special thanks are due those of you who gave \$100.00 or more to the Friends Fund. In these difficult economic times, your generosity is greatly appreciated. Below, are those who contributed \$100.00 or more during the fiscal year, July through June. The order listed is by date received. Those with an asterisk after their name donated \$1,000.00 or more.

Mr. Albert Lau  
Mr. Michael Ryan  
Mr. Donald Morrison  
Mr. Patrick Sullivan\*  
Mr. Stanley Johnson  
Mr. James Lyneis  
Mr. Kevin Scannell  
Mr. Michael Lyons  
Mr. Sumner Brown  
Mrs. Katherine Taylor  
Mr. Jeff Lukas  
Mr. Thomas Bohannon  
Mr. Robert Gillis

Mr. Chris Demarco  
Mr. Stanley Martin  
Mr. Lawrence Berman  
Mr. John Kaufmann  
Mr. Mark Schwartz  
Mr. Glenn Hopkins  
Mr. And Mrs. Joe Schell\*  
Mr. Arthur Von Waldburg  
Mr. Ayisi Makatiani  
Mr. William Nicholson  
Mr. John-Paul Clarke  
Mr. John Dillon  
Mr. Edward Hoffer

Mr. Peter Ronco  
Mr. James Flink  
Mr. Chris Kurker  
Mr. Robert Tronnier  
Mr. Joseph Presing  
Mr. David Wright  
Mr. Timothy McManus  
Potlatch Foundatio II  
Mr. Warren Lattoff\*

## **1996 OUTDOOR TRACK SCHEDULE**

APRIL 6	RPI & WPI	@WPI	1:00
APRIL 13	BATES, BOWDOIN, COLBY	@BOWDOIN	1:00
APRIL 20	TUFTS & BENTLEY	@TUFTS	1:00
APRIL 27	SPRINGFIELD	@SPRINGFIELD	1:00
MAY 4	N.E. DIV. III CHAMP.	@WILLIAMS	11:00
MAY 10,11	NEIAAA CHAMP.	@WILLIAMS	TBA
MAY 18,19	IC4A CHAMP	@GEORGE MASON	TBA
MAY 22-25	NCAA DIV. III CHAMP.	@N. CENTRAL	TBA

**TIMES AND LOCATIONS ARE SUBJECT TO CHANGE**

**Outdoor Season: Even Better Than Indoor**

The 1995 Outdoor Track Season began with the Spring Trip to California. The first stop was to Palo Alto for the Stanford Invitational. The competition was a little overwhelming for most of the team, but Ethan and John qualified for nationals right off the bat. Ethan set personal bests in both the 1500 (3:51.66) and the 800 (1:55.98). Everyone enjoyed the great weather and competing again after the layoff from Indoor Track.

Mid-week the Engineers made their way down to Claremont to train with and compete against Pomona Pitzer and Claremont Mudd Scripps Colleges. Once again, the weather was remarkable. This time the cobwebs were dusted off, and the team competed well. Numerous NE Div.3 qualifying performances were achieved, John increased his qualifying performance in the hammer, and the jumpers showed evidence of a low gravity area, as four of them long jumped more than 20', with Hung Hoang '96 leading the way at 21-4 1/2.

Returning to New England was a rude awakening. The first meet back was at RPI's new facility. The Engineer's Cup was to be the first meet ever on the track, and MIT wanted to break it in properly. The Techmen were greeted by 40 degree temperatures, strong winds, and occasional rain mixed with snow. Nice day! However, while the other teams were complaining about the weather, MIT was scoring points. Not a single complaint was heard from the Beavers as they continued to be the only team to ever win this meet.

Next, the Engineers made their way, for what may be the last time, to the Williams Relays. Sitting at an eight hour meet and traveling for another six hours is not the best way to enhance one's team performance. Regardless of the lousy weather conditions some great performance were turned in. Ethan and Jesse ran the 3000 Steeplechase for the second time ever and ran 9:19.0 and 9:46.0 respectively. This qualified Ethan for nationals in his second event. Also running great was Matt Sandholm in the 100 and 200. Matt won both, setting a Varsity Record in the 200 with a time of 21.65. This gave Matt the fastest time in the country for Division 3 at that time of the season.

MIT had not defeated Tufts outdoors in the two years they had been meeting them. Tufts had not lost an outdoor regular season meet in five years. This all came to an end on April 22nd at MIT. The meet was tied going into the 800, when MIT broke the Jumbos' back by sweeping the 800. Tufts only managed to win two events after that as Tech pulled away. John Wallberg scored 10 points in winning the Hammer and Shot Put. In the Hammer, John totally by-passed the 180's and threw 193-00. In the Shot, John pulled it out on his last throw with a 45-8 1/2 to beat a favored Tufts' thrower. Ethan won both the 1500 and 800, Matt won both the 100 and 200 and Andy won both the High Jump and Triple Jump. In winning the Triple Jump, Andy set a personal best, and missed national qualifying by 1 centimeter with a jump of 46-07. Jesse did not win two events, but nevertheless ran a great double in winning the Steeplechase and placing second in the 5000.

With a 4-0 record and an opportunity to have the first undefeated Outdoor Team since 1990, MIT was not taking any chances. Springfield always gives the Engineers a good meet, so even though the Chiefs had not had a great season, Coach Taylor prepared his troops for the worst. The Techmen responded with outstanding performances all day. Crain and Sandholm won their two events as usual, and Wallberg not only won three events, but threw the discus 151-07 for a huge personal best. MIT swept the Pole Vault and the Long Jump, and went 8-1 in the High Jump and 400. The meet was never close as MIT finished 5-0.

The New England Division III Championships were held at Tufts University. Again, it seemed the battle would be for second place, between MIT, Tufts, and Coast Guard. This turned out to be true. Williams was just too strong, as they set a record with 173 points. Tufts had a great meet and too many quarter milers, earning a well deserved 2nd place with 107 points. MIT successfully battled it out with Coast Guard for 3rd with 72 points to Coast Guard's 65. Key performers for MIT were Sandholm winning the 100 and getting 3rd in the 200, Crain winning the 1500 and placing 3rd in the 800, Ugarov winning the Triple Jump and earning a 3rd in the High Jump, and Wallberg winning the Hammer and placing 5th in the Discus, and 6th in the Shot Put. Gutsy performances, by a not quite recovered from injury, Josh Feldman; and a sick Arnold Seto, in the 10K, earned them 3rd and 5th respectively.

Only those who had either qualified for nationals or who had a chance to do so competed at the NEIAAA Championships. The only place winners were Ethan in the 3000 Steeplechase, Andy in the Triple Jump, and John in the Hammer. Ethan was trying to run a good enough time in the Steeplechase to convince himself and Coach Taylor that it would be worthwhile to try doubling at the NCAA Championships. The weather was not ideal and neither was Ethan. Although he ran a personal best of 9:08.04 and placed 2nd, it was too much work to risk the double at nationals. John had a pretty good throw of 189-03 in the Hammer, but could not quite put it all together. The pressure of trying to qualify for the National Championships in the last competition, got to Andy, as he could only manage a 44-10 3/4 in the Triple Jump.

Heading out to Minnesota for the NCAA Championships were Ethan Crain in the 1500, Matt Sandholm in the 200, and John Wallberg in the Hammer. Matt had to compete on the first day in the 200 Meter Trials. It was Matt's first time at the "Big Show" and it showed. He got out of the blocks okay, but soon tightened up, and lost a lot of ground in the final 100 meters. Matt has two more seasons of eligibility in Outdoor Track. Even though he plans on redshirting next year, due to a year in Europe, he intends on returning to the National Championships and doing much better.

On Thursday, John had not had very good warm-ups for the past couple of days prior to the qualifying round, and it showed. He fouled his first of three throws, but got in a safety throw of 180-04 to make it Saturday's trials. Ethan had an easy trial as expected, cruising home in 3:56.04.

Saturday's finals began with John in the Hammer. It was raining, cold, and very windy; conditions John was accustomed to. He threw a good safety throw, and then 183-05 on his second throw. John's third throw would have been a great one, but he leaned forward just a little, causing the ball to strike the ground. He still threw over 170'. In the finals it began raining harder and John could not put everything into it. He finished third behind two William's seniors, whom he has battled many times. John has another shot at the championship. Even though John plans on redshirting the Indoor season, his plans are to compete Outdoors.

Ethan's plans to take the race out and come through in 61 second quarters, had to be abandoned because of the weather. The decision to get out with the leaders, but run from behind was the plan. Apparently everyone else had the same idea. Ethan got stuck in front even slowing to a 68 quarter did not force anyone to take the lead. The wind was too much and when the other runners decided to go, Ethan could not respond. The best he could do was fifth. Even though he ran a 2:03 final half, he only produced a final time of 3:59.48.

At the Team Awards Dinner, Ethan added the MVP award to his Cross Country and Indoor MVP's. Andy Ugarov won the Paul McKenzie Award. Most Improved went to Bo Light, and the JV Award was won by Todd Chamoy '98. Captains for next year will be John Wallberg and Hung Hoang.

Institute Awards were won by Jesse Darley (Student-Athlete of the Year), and Ethan Crain (Athlete of the Year). Jesse has also been elected to the GTE AT Large Team, Academic All America First Team for his efforts in Cross Country and Track. Congratulations to all these fine individuals.

**Please remember the Alumni Cross Country Meet at Franklin Park on September 9, and the Alumni Indoor Meet on December 9.**

**Alumni Executive Committee**

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Brian Moore '73  
Patrick Sullivan '71  
Dave Wilson '73

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Asst. Coach: John-Paul Clarke '91  
Asst. Coach: Bill Singhose '90  
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Indoor Track: Ethan Crain '95  
                  Andy Ugarov '95  
Outdoor Track: Ethan Crain '95  
                  Colin Page '95  
                  Andy Ugarov '95